

01/04/2024

**To the Chair and Members of
The Central Area Committee**

NORTH EAST INNER CITY APRIL REPORT

St Patrick's Festival

March 2024 saw a collaboration between St Patrick's Festival, Dublin City Council and NEIC Programme Office. The NEIC Community were invited to participate in The National St Patrick's Day parade which was broadcasted Live not Just at Local or National but at an International Level. Participants spent months preparing for their performances and took Centre stage on three floats in the pageant on the Day. Thousands of spectators gathered from all across the world showing their support. The event shone a light of positivity over the community, showcasing the strength, resilience and talent in the North east inner city. Participants included Arkins Dance and Stage Academy, NEIC Trojans Basketball club, Dublin Docklands Boxing club, Swan Youth Service, Sheriff Youth Club, St Joseph's CBS Secondary school, Larkin Community College and O Connells secondary school.







NEIC Ride Leader Course

The NEIC have supported the upskilling of 12 new cycling coaches for the North East Inner City. The 12 New coaches comprises of two from east wall youth services, six from ACRG cycling club, two from DCC sports, and two DCC cycling officers. This give us scope to progress with the development and sustainability cycling programme in the NEIC.



Box Clever Recovery Programme

The NEIC are very excited to partner with the Recovery Academy, FightR, City of Dublin, and The HSE to provide a boxing based recovery course in the North East Inner city. The courses launches in April with a huge interest and demand for the course already being shown.



BOXINGCLEVER

30 week Education and Fitness programme for individuals in Recovery

Boxing Clever is a thirty-week integrated educational, substance use recovery and fitness programme that aims to support participants to develop more resilient identities, while encouraging educational achievement, physical wellness and reduction in harmful or risky behaviours. It offers a marginalised and socially excluded group, stable and drug free service users, the opportunity to reintegrate into mainstream society via the medium of a psycho-educational framework underpinned by the philosophy of peer mentoring.

The programme will run from March to December four days per week

Participants also have access to sports and training facilities for the duration of the programme.

How to apply

Referrals accepted from local drug and alcohol services E.G key workers, case managers and/or educational support officers, scan QR code for referral form

Entry requirements

Over 18s only
Stable in Recovery from substance use linked with local drug or alcohol service

Timetable

Tuesday 11.30-1pm	FightR Gym
Wednesday 2.15-4.30pm	CDETB
Thursday 2-4.30pm	CDETB
Friday 9-11 am	CDETB
Friday 11.30-1pm	FightR Gym

All enquiries

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Recovery
Academy
Ireland

FIGHTR



City
of
Dublin



NEIC Handball Programme

The NEIC continue to support The NEIC Handball programme which takes place on numerous days and times throughout the week in various North East Inner City Locations.

The list of programme times and locations are as follows;

Monday 10 am – 11 am St Vincent Girl, 11 am – 1 pm St. Joseph, 7pm – 8 pm NEIC Social Handball

Tuesday 3 pm – 5 pm Ozanam House

Wednesday 11 am – 1 pm St. Joseph, 3 pm – 4 pm Saint Laurence O Toole

Thursday 10 am – 12 pm O Connell Primary, 12 pm – 2 pm O Connell Secondary, 3 pm – 6 pm Saint Laurence O Toole

Friday 10 am – 11 am O Connell Secondary, 11 am – 12 pm Gardiner Street NS, 12 pm – 2 pm St Laurence O Toole NS, 1 pm – 2 pm Men's Group





North Wall Lions Rugby Club

The NEIC are proud to support Rugby Development Officer, Jack Nelson, who has started a pop up Rugby club in the North East Inner city. This takes place every Friday starting at 3 -4 pm for boys and girls from the age of 7 -12 years old. It has been well received by the young people in the area.



MINI RUGBY CLUB
After School Rugby Club

Free to join

- Every Friday starting 9th February 3-4pm
- Open to 7-12 year old (Boys & Girls)
- Venue St Laurence O'Toole Recreation Centre
- Programme will be provided in a fun, social environment

For Further information please contact
Jack Nelson- 0871950340
Stephen Maher- 0861994569



Comhairle Cathrach
Bhaile Átha Cliath
Dublin City Council



FROM
THE
GROUND
UP



O Connell School Transition Year

NEIC have recently engaged with O Connell School to support them with the sports section of their newly introduced Transition year programme. NEIC have utilised our connections with NGB to implement TY programmes for the students such as

- WI (Weightlifting)
- FAI (Football)
- IABA (Boxing)
- LR (Rugby)
- SI (Swimming)

SWIM IRELAND



NEIC Change 4 Life

The NEIC were proud to support Change for Life programme which came to an end on March 16th. This year's programme was the biggest ever with 28 different classes offered on a low, or no cost basis. It was also one of our best attended programmes reaching over 240 weekly users throughout the programme which ran for 7 weeks.



Docklands Boxing Tournament 2024

The NEIC was proud to partner with Docklands Boxing Cup for the third year in a row to put on their showcase event in Laurence O Toole Hall on Sheriff Street. Over 200 fighters were in attendance over the 2 days with all of the local north inner city clubs represented as well as clubs from Belfast, Midlands, Cork, and even Manchester. Local Olympic Hero Kellie Harrington was also in attendance on the day to present medals.



Yoga in the NEIC

The NEIC continue to support Yoga programmes though out the North East Inner City Area. There are Yoga classes currently established in many of the local schools (St. Marys, St. Joseph's, Rutland Street NC), resource centres (ACRG) and 6 Classes in the Change for Life programme (Killarney court, Hardwick Street, Saint Laurence o tool community centre, East Wall community centre). The feedback has been successful.



Team Contact Details		
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