

04/12/2023

To the Chair and Members of
The Central Area Committee

NORTH EAST INNER CITY PROGRAMME OFFICE REPORT

NEIC Greening Strategy Update Report to Central Area Committee December 2023

NEIC Greening Strategy 2023

- 5 year review of all projects, review maintenance and progress to date.
Ongoing
- Green walls
 - Commons Street (Similar to Portland Row)
Complete
 - Further Sites being investigated
- Community Project (Ballybough Pride of Place)
 - Meet with the community group to look at a series of small interventions
 - Meetings planned for Quarter 3 2023
- DCC Housing Collaboration
 - Meet with DCC housing and look at planting trees within their lands as part of the NEIC GS were appropriate. Similar to Liberty House and Ballybough house tree planting.
 - Meetings planned for Quarter 3 2023
- Sherrard Street -
- Russell Street -
- Portland Street North-
- Belvidere Avenue -
- Portland Square-
- Sherrard Street Lower -
- Sherrard Avenue -
- *Emmet Street request to add to project bundle. Quote sought.*
 - Design Teams Appointed
 - Surveys Complete
 - Preliminary Designs Complete
 - Public Consultations organised for September
- Buckingham Street Progress Feasibility Study
 - Complete
 - Circulation and discussions underway

- Store Street
 - Store Street Surveys Complete.
 - Due to over congestion of services greening interventions may not be possible. Further studies required.

- Summer Street Feasibility Study
 - Design Team Appointed
 - Surveys Complete
 - Preliminary Designs Complete
 - Public Consultations organised for Quarter 3 2023

- The NEIC Urban Tree Trail – (Progress/Education/Tourism)
 - Desktop studies currently in progress
 - Quotes sought for Graphic Design Services

- Royal Canal Phase Two - Exercise Mile
 - Out to Tender

- Royal Canal Green heritage quay wall reclamation and landscape features installation.
 - Complete

- Liberty Park Calisthenics and accessibility improvements
 - Out to Tender

NEIC Greening Strategy Larger Projects

- Customs House Quay – Landscape Refurbishment Works
 - Topographical and GPR Surveys complete
 - Feasibility Study complete
 - Interdepartmental circulation and discussions underway.

Gareth Toolan

Dublin City Council Parks Department





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NEIC Sport Recreation & Wellbeing Programme Report to Central Area Committee December 2023

Comunidade Schools Launch

The launch took place of the Comunidade (Community in Portuguese) Schools programme which sees every child in the NEIC benefit from a multicultural activity programme. This consists of Jiu Jitsu, Capoeira, Dancing, and Gymnastics. The aim of the programme is to introduce young students to some of the international activities which we have on offer in the area. The Lord Mayor Daithí De Roiste was on hand to launch the event in Central Model School where groups of children performed some of their new skills in front of a packed house.





Ozanam House multifunctional Sports Hall Line Markings

NEIC/DCC was happy to support Ozanam House with a multifunctional sports hall markings. With the new Handball Wall that we recently built in the hall, we added new colourful lines that was needed to play the game and from that we decided to make full use of the hall with five courts in total.

- 1 X modified basketball court
- 1 X modified GAA handball court
- 1 X multi-purpose / football court
- 2 X Playground style markings

Total 5 courts

Gross motor Skills; skills that develop using the large muscle of the body in a coordinated and controlled way.



Hall before the markings



Little Fitness Proposal - Pilot Programme Stay & Play

The programme aim is to bring Parents and children from Emergency Accommodation living within the NEIC area to Ozanam House, Mount joy square. Where the children can participate in movement exercises, allowing gross motor skills and fundamental movement to be worked on and developed. Supported by LF Facilitator, parents and Ozanam house childcare workers the children & parents will be empowered to support their children in every way through Physical movement, social and emotional support and also the use of language. Along with the Little Fitness session a stay and play will be provided to allow children and parents to be offered free play. Focus on 2-3 year olds children Sessions: Tuesday 9.30 - 11.00 am Start Date Tuesday 7th Nov and will run for 6 weeks.



D1 Academy

The D1 academy is a collaboration with The FAI, NEIC and DCC for kids in the NEIC, to play social football without the pressures of been in a team or not been able to play at a leave or standard. Kids will develop in sports at defined stages though out there life's and may not be physical or mentally ready to play at the leave of their particular sport at this present moment. The D1 Academy is to support the kid's development and build their confidence in playing sport, make friends and learn new skills. The Academy has been a great success with 60 kids registered and 40 kids, girls and boys attending on a weekly bases.





Basketball / NEIC Trojans

The NEIC Trojans have four teams entered in the Dublin Leagues this year, following on from the success of two teams last year. All four teams have begun their journeys playing home and away games and lots of fun is being had most importantly. The academy is still going strong for those not quite ready to play on teams yet. We also have a strong schools programme which we are implementing throughout the schools in the NEIC. The club was kindly sponsored a new set of jerseys through company C22, from Mr. Windle who is a teacher in Larkin Community College.



Larkin Community College
Coláiste Pobail Lorcáin



Handball for Primary School

The NEIC has continued to re-establish the sport of Handball in the NEIC. This is now the second phase that O'Connell primary to take part in a six week programme to encourage, teach and develop the kids in the school to play Handball. The school is directly beside the National Handball Centre and the kids that go to the school live beside the National Handball Centre but most have never even been in the centre and some did not even know about it.



Handball for Secondary School

The NEIC has continued to re-establish the sport of Handball in the NEIC. O'Connell secondary school is taking part in a six week programme to encourage, teach and develop the kids in the school to play Handball. The school is directly beside the National Handball Centre and the kids that go to the school live beside the National Handball Centre but most have never even been in the centre and some did not even know about it.

This is kids and young adults from the area from the ages of 12 to 18 years of age and at a very fundable stage of their lives. With have experienced coaches and coaches from the area we made a big impact with them. The school has asked us to place Handball in all the PE class time table for entire school. We have collaborated with GAA Handball and we are going to facilitate Handball all the way up to Christmas for all the students.



Cycle right Programme

CYCLE RIGHT is the National Standard for Cycle Training and provides practical cycle safety and skills training to promote competent and confident cyclists. CYCLE RIGHT is an inclusive programme. The NEIC/DCC have collaborated with the Department of Transport, the Road Safety Authority and Cycling Ireland to facilitate the cycling right programme. NEIC/DCC have included the Cycle Safety training in St.Vincent's Girls National School, this is the second school and we will included all the primary schools in the NEIC to avail of the programme.



Men on the Move

This is a group of men from 47 to 75 years of age, who meet up in Ozanam house three days a week. They would come from a generation of where the thinking of expressing your emotions was not a thing a man should do. We have been work with this group for some time now and they have come on in leaps and bounds. The group have been opening up on our activities such as our walk and talks and now with their new Handball wall they can have fun, chat and open up about their daily life.



NEIC Walking Football

Every Friday from 12-1pm on the St Laurence O'Toole's Recreation Centre pitch, next to Sheriff YC, we have a game of walking football for over 50's. This program has grown from 6 participants to an average of 12 playing every week.

This has been hugely successful in many ways. We have locals as old as 77 years playing every week and have one participant who gets the train in from Skerries every week to play, he suffered a mild stroke last year and when we began his movement was slow and limited and his speech was very poor, after 3 months he is now moving freely around the pitch and his communication has come on leaps and bounds, proof of the value and health benefits of this program.



Woman on the Move

This programme was designed to interact with a group of women from the saol (SAOL is an integrated programme of education, rehabilitation, advocacy and childcare). The SAOL Project's on-going commitment to the women, children and community members of the North Inner City continues to develop, responding to the changing needs of the women who participate in their project. The woman on the move is helping woman in this particular Group to be more active. Some of the woman in this group would not leave there home or interact with other people apart from the time that they are in the Saol programme.

The programme has developed into a weekly fitness activity, with a local athlete coming in to teach an array of fitness activity. The athlete that comes in is Ruth Barry who is a runner that competes though out Europe as well as Ireland.



ACRG Cycling Club

The newly formed Inner City Cycling club has progressed to setting up their very own cycling route and has taken ownership to their weekly cycles. They have progressed with their cycling skills in such a manner as that they can cycle in a group in such a safe, that everyone is kept safe and they could and can cycle anywhere in the country. The NEIC/DCC was happy to support the new inner city cycling club with their new cycling kit and this has taken it to another level as they now feel like an official cycling club.



Active Ageing with Eddie

From the amazing energy that has been created from the circuit classes, the amazing DCC staff in St Laurence O Toole Recreation Centre has started an Active Ageing fitness class with Eddie. This was something that we could see was needed in the area and with discussing this with the staff they were only happy to help. The staff are very much about helping out in any way with the community and do be very busy true out the day with the young and elderly in the centre. So to make time in there busy schedule is very much appreciated and we are going to support with some equipment when needed. Eddie has progressed the class is such a way the it is so popular they are going to add another class to their weekly schedule.



Run with Ruth Barry

The NEIC have establish a weekly run in the NEIC for all to take part, from the very beginning of your running journey to people running marathons. We were delighted to welcome a local athlete Ruth Barry on board to coach and encourage people in there running journey.

RUN WITH RUTH

Join Ruth & local runners in a friendly,
challenging lunchtime run

All Levels Welcome



Wednesdays 12.30p.m.

Meeting Point: Dublin City Council Central Area Office, 51 - 53 Sean McDermott St.



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H.O.P.E.
Hands On Peer
Education 

Boules at James Joyce Park

The newly developed park (James Joyce Park) has been an excellent addition to the area. It is very inviting and a real feeling of been in a safe environment. It has included a Boules court in the heart of the park, and we have taking full advantage of it. We have brought local groups that we are working with to become more active, from all ages. From this we ran a weekly programme for the elder and invited the Lourdes Day Care centre to take part. They have really taking to it, with some singing and dancing as they are playing having a great time with the inclusion of the staff, and are now playing boules on a weekly bases.



Just 4 Men Programme

The NEIC/DCC have collaborated with Swim Ireland and Sports Wellbeing Partnership to encourage more men into physical activity. This is a free introduction for all levels includes lessons and lane swimming. There will also be information on upcoming men's physical activity programmes.



SWIM IRELAND | An island of swimmers

JUST 4 MEN

Free introduction for All levels includes lessons and laned swimming

Information on upcoming Men's Physical Activity programmes on the Day

 SEAN MACDERMOTT STREET SWIMMING POOL

Beginning 29th November @ 1pm - 2pm

To get involved contact:
peter.odonnell@dublincity.ie / derek.ahern@dublincity.ie
christinerussell@swimireland.ie

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Dublin City Council

 Dublin City Sport & Wellbeing Partnership

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NEIC Community Handball

The National Handball Centre is now started to be utilise in the North East Inner City. We social handball been played on weekly basses and have establish the sport of Handball back into the NEIC, as well as to utilise the National Handball Centre.



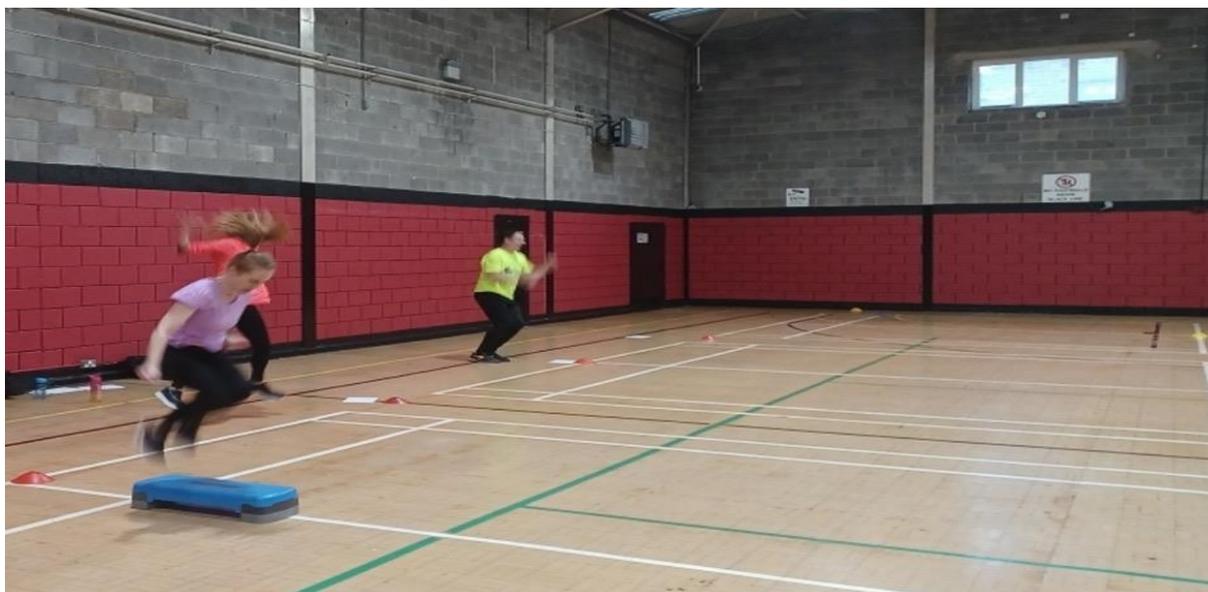
NEIC Weightlifting Club

From the success of the weightlifting programme in the summer change for life, the Monday intro to weightlifting has very popular. From been a one hour weekly class to now the gym is open from 5pm to 7:30pm with the class still continuing. There is a real appetite to establish a weightlifting club in the NEIC.



Circuit

The Circuit class is a continued fitness class from our successful change for life programme. It's established in St Laurence O Toole Recreation Centre at lunch time and it generates great energy in the local area from week to week. With the help and support from the NEIC/DCC staff continuously coming to the class has encourage the people who live local to the area to come to the class.



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**NEIC Community Arts
Report to Central Area Committee
December 2023**

The NEIC Community Arts Programme has continued to deliver a range of initiatives this November to support the meaningful development of the Arts across the many different communities of the NEIC.

1. Development of NEIC Community Arts Strategic Plan:

The Community Arts Programme had continued to develop its strategic plan for 2024 - 2027 this Autumn. It is hoped to launch the strategic plan in the first quarter of 2024.

2. Drama with the Active Retirement Association in Ozanam House



Our Drama Programme for older people has been working through October and November this year. Participants have decided to work towards a Christmas show, A Christmas Carol that they will present to local School Children and families in Ozanam House on December 4th.



3. Early Years Partnership Programme

<https://vimeo.com/849505200/1b808c1d3d?share=copy>The Early Years Residency in partnership with the Hugh Lane has continued with Ozanam House this November. Parents, Children and Early Childhood Educators, participated in workshops, both in their Early Years Setting and in the Hugh Lane Gallery.



The Early Years Partnership Programme also continued with

- A three month Early Years Music Residency with St. Louises pre-school in partnership with the **NCH**.





- A storytelling programme of work with St. Brigids pre-school in partnership with **Fighting Words**.
- First steps - A storytelling CPD programme delivered to two local pre-schools in partnership with **The Gate Theatre**.



5. Visual Arts Residency in St. Laurences O'Tooles CBS:



This residency with the 5th and 6th Class boys of St. Laurences with the artist Susie Murphy has continued this November and will culminate in an exhibition as part of the Friday 24 November in the Hibernia Conference Centre at Dublin Castle as part of the 40th British – Irish Summit.

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