

Date: 5th October 2023

**To: The chairperson and members of
North Central Area Committee**

Meeting: 16th October 2023

**DONAGHMEDE LEA & CLONTARF LEA - COMMUNITY DEVELOPMENT TEAM
UPDATE FOR THE
OCTOBER MEETING OF THE NORTH CENTRAL AREA COMMITTEE**

Making Memories Café

The Community & Social Development Section (CSDS) were delighted to support the launch of the “Making Memories Café” in Whitehall Colmcille’s GAA Club on 26th September. The aim of the Café is to provide a relaxed and informal space for people with memory loss and their carers’ to meet. The café will be held on the last Tuesday of every month from 11.00am to 1.00pm.

Older People’s Council (OPC)

An information day was also organised in conjunction with the current North Central Area Older People’s Council (OPC) for local people who may be interested in joining their local Council. This was held on Thursday 28th September in the Northside Civic Centre. There was a fantastic turn out of people on the day, with many expressing an interest to join the OPC.

Celebrating Positive Ageing Week - 1st to 7th of October

To celebrate Positive Ageing Week, the following activities were supported:

Tour of Drumcondra Graveyard & Church at All Hallow’s DCU Campus

Members from Foxfield/Kilbarrack Seniors Club participated in a tour and talk on the history of Drumcondra Church & Graveyard on Monday 2nd October. This tour was delivered by local expert, Brian Freeman and was followed by a tour of the historical church in the grounds of DCU’s All Hallow’s Campus. Tea/coffee and refreshments were catered for in the grounds of Child Vision. The event was a huge success.



Holy Trinity Seniors Citizens' – Line Dancing Session

Approximately 60 members from Holy Trinity Seniors Citizens took part in a “Line Dancing” session, followed by light refreshments in St. Monica’s Hall, Tonlegee Road on Tuesday 3rd October. The event was very successful and enjoyed by all who attended.



St. Brigid's Seniors Ladies Club

The CSDS engaged Deirdre Seaver, harpist and singer, to perform for over 50 members of St. Brigid’s Seniors Ladies Club in St. Brigid’s Resource Centre on Wednesday 4th October. The group were enchanted by Deirdre’s singing and the stunning accompaniment of her Irish harp. A thoroughly enjoyable event.



Aqua Aerobics in Clontarf Baths

A free aqua aerobics class was supported in Clontarf Baths on Wednesday 4th October to celebrate Positive Ageing Week.



Grange Woodbine Seniors Club

CSDS were also delighted to support Grange Woodbine's senior's day trip to Athlone Castle. Over 50 members from the Club travelled on the day. The highlight of the trip was the tour of the Castle which the group found both educational and entertaining.



Halloween Events.

Archetype Events Management have been engaged to run Halloween Events in the following locations:

Marino Crescent, Fr. Collins Park, Donaghmede Park, Roseglen Kilbarrack and Edenmore Park.

Sheila Duffy

Senior Community Officer