

To the Chairperson and Members of the  
South East Area Committee

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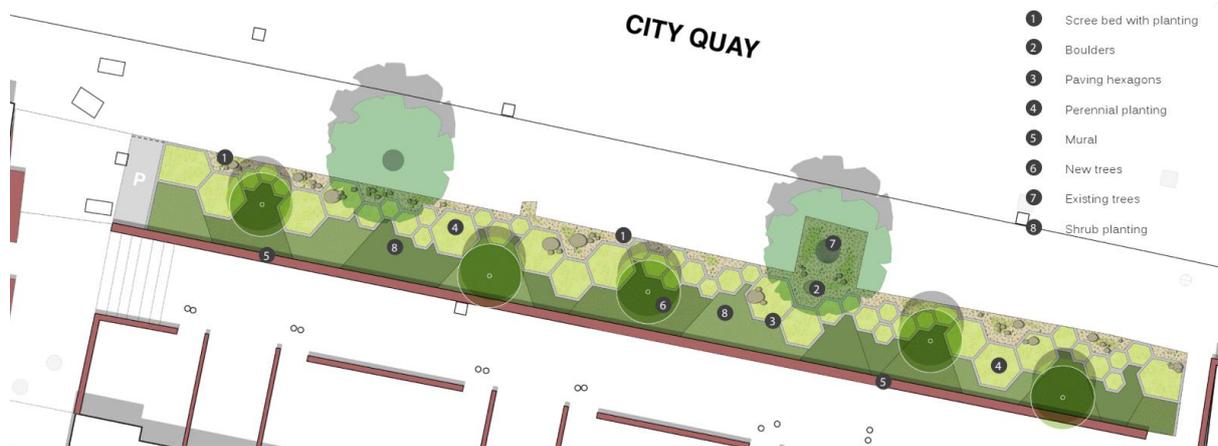
Report of the Director of Services, Central and South East Areas

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**City Quay**

We are planning a public realm improvement fronting onto City Quay where we have been working closely with local residents. This site is currently used as a car park with cars parking on the footpath and graffiti covering the wall behind.

We are planning to get these works completed over the next few months. Copy of the design is set out below.



City Quay residents have also selected the following mural which will go on the low red brick wall at the back of the planting scheme.



The Parks Division have engaged a landscape architect to draft a new design for Elizabeth O'Farrell Park located at the corner of City Quay and Lombard Street East. When those designs are ready there will be public consultation on the new proposals.

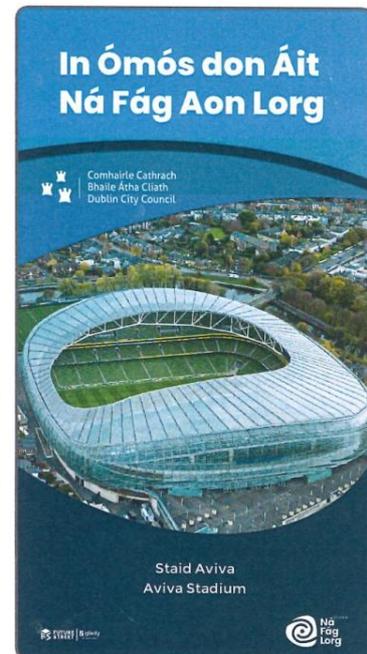
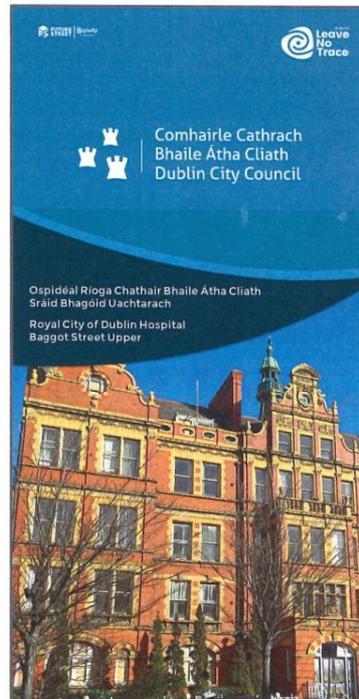
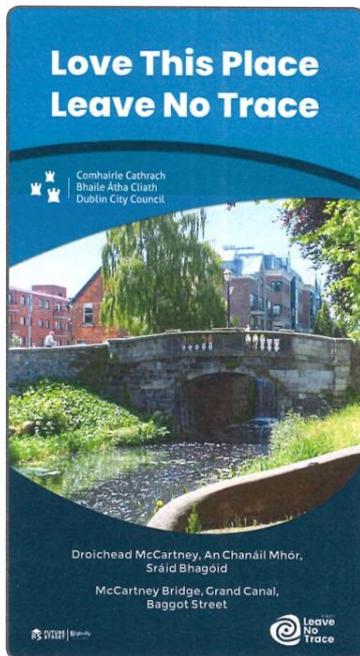


The Pulse Artistic Installation is currently being installed on the Campshires at City Quay. The lights have yet to be commissioned.

### **Baggot Street Upper**

We made a provision of € 20,000 in the 2023 Discretionary Fund towards public realm improvements in Baggot Street. Following discussions with the Reps. of the businesses on

Baggot Street Upper and the Pembroke Road Residents Association we have installed new planter boxes on either side of Baggot Street, all of the bollards, flower basket holders and utility boxes have been painted and the Big Belly Bins on the street have been wrapped with local images. Discussions will take place with Parks regarding further greening enhancements on Baggot Street and with City Architects regarding new public benches for the street.



### **Bridge Project**

The South East Area office continues to liaise with Swan Youth Services and St. Andrew's Resource Centre together with Gardaí in Store Street and Pearse Street with a view to reducing anti-social behaviour in the vicinity of the Quays which was a major problem last year. We are working on arranging diversionary activities for young people in the area.

### **Cabbage Garden**

Parks are currently appointing a contractor to start additional planting/flower beds within the garden.

### **Sandymount Green**

Traffic calming on Sandymount Green has been in place since early summer and will continue every Friday, Saturday and Sunday until the end of September. There is music on Saturdays and Sundays and Waste Management provide enhanced cleaning in the area at weekends.

### **Halloween Festival 2023**

In partnership with the local communities, the Community Team is currently involved in the organisation of Halloween Festivals in Brickfield Park and Eamon Ceannt Park to encourage young people to enjoy Halloween safely and to alleviate pressure on the community and policing bodies over that period.

### **Crumlin / Kimmage Summer Festival**

The summer festival in Eamonn Ceannt Park was the highlight of the summer programmes. A fun filled day of entertainment and attractions for the young and old. The velodrome was filled to capacity and we had great feedback on how enjoyable it was, all in all a great day for the community.

### **Community Grant Scheme 2023**

Over 120 applications were received from groups in the South East Area. Assessments of the grants was carried out by the Community Teams with the total available funding for the Community Grants coming to €63,000.

### **Lissadel Court**

We had a group of volunteers from Dublin City Volunteers who gave 3 hours of their time to do a clean-up in the court, Residents came out to assist and it was followed then by an afternoon of music for the residents in the sunshine. Dublin City Volunteers have promised us another day in September for more clean-ups and painting.

### **Music Afternoons**

Our summer music afternoons continue and are a huge success in particular in our sheltered housing complexes. We had our first one in Lissadel court and Stannaway Court, to date we have organised 20 music afternoons across the Kimmage/Rathmines area. These music sessions prove to be a huge success in our community especially for our older demographic.

### **Rathmines Dog Show**

The annual dog show will take place on September 30<sup>th</sup> in Belgrave Square, Rathmines from 12pm to 3pm and will be run by the Community Development Team.

### **Parkmore Drive Street fest.**

Annual street fest planned for 2<sup>nd</sup> September at 1pm, to include street entertainment, fire engine, magician, games and food.

### **Community Groups**

We are assisting a large number of groups, projects and initiatives to re-open after the summer break. Many initiatives are planning on full scale programmes of activities, these centres cater to our youth and older demographic,

### **Blarney Park Allotment**

The Allotment continues to deliver fresh food as well as social, mental and physical benefits to our plot holders.

The Kingfisher Project at Blarney Park Allotments continues to support the community with educational, environmental and a mental health projects in collaboration with the local schools, businesses and residents. The project has entered the final stages of the IBP Pride of Place Awards, celebrating and acknowledging the incredible work done by local communities. The group are invited to a gala dinner and award ceremony in Armagh on Friday the 10<sup>th</sup> of November,

### **Grand Canal**

A meeting was held in January 2020 with Waterways Ireland representatives and Councillors to discuss ongoing management and maintenance of the canals in the city and to agree a new structure for interaction between Waterways Ireland and DCC. The latest meeting was held on 26<sup>th</sup> July 2023. Next meeting is due to be held in late November 2023 via Teams.

### **Portobello Harbour Square**

Áit Urbanism + Landscape were appointed as consultant for the project and two initial public consultation workshops were held on 1<sup>st</sup> and 8<sup>th</sup> June 2022 at St. Kevin's Community Centre. Concept designs were prepared by consultants based on the outcome of these workshops and these were put on public display at St. Kevin's Community Centre between 3pm and 8pm on Thursday 21<sup>st</sup> July 2022. Online consultation was open until 19<sup>th</sup> August 2022 and a large number of submissions were received. Preliminary Appraisal form has been lodged with the Capital Project Support Office (CPSO). Provision has being included in the Parks 2023/24/25 draft Capital Programme. Parks Department presented the latest design to Councillors on 18<sup>th</sup>

May 2023. A further public consultation took place at St. Kevin's Community Centre on 31<sup>st</sup> May 2023 and subsequently online. Pre-Part 8 documents have been circulated but there are some issues to be addressed before commencing Part 8 process.

### **Rathgar Village Improvement Plan (VIP)**

#### **Herzog Park, Rathgar – Final Phase**

The final phase of the project includes the re-alignment of the front boundary of the park and the revised car park layout, as set out in the Part 8 permission. A preliminary site meeting was held with Road Construction engineers on 14<sup>th</sup> April 2022. Surveys of the area were carried out including a drone survey and GPR Survey to assist in the design process. Roads engineering resource is now in place and a meeting was held on site on 5<sup>th</sup> May 2023 with Roads Engineer, Parks Dept and Area Office. Japanese Knotweed has been identified in the boundary which will have an impact on timeline and costs. A meeting took place on site on Aug 30<sup>th</sup> with Parks, Road Design Engineers, the Area Manager and a Japanese Knotweed Consultant to explore options and decide on the best course of action. The team are due to meet next week to finalise this element. Once the detailed design process has been completed, costings will be compiled towards the end of September. Timeline for works will be prepared in the coming weeks. When these works are carried out, further landscaping inside the park will be required as part of the works to complete the project

### **Ringsend Irishtown Local Environment Improvement Plan (LEIP)**

**Library Square:** (Mitchell & Associates) Meetings with internal stakeholders were held during September and October 2018. A meeting was held with local businesses to discuss parking / loading arrangements on 5<sup>th</sup> December 2018. A presentation was made to area councillors on 13<sup>th</sup> February 2019 and a preliminary draft design was brought to a public meeting for all stakeholders on Thursday 21<sup>st</sup> March 2019 in the Ringsend Irishtown Community Centre (RICC). Following a period of consultation up to 19<sup>th</sup> April 2019, submissions were received and were reviewed by the project team. A revised design was brought before the Public Realm Working Group on 22<sup>nd</sup> October 2019. A meeting of all internal stakeholders was held on 28<sup>th</sup> November 2019 and further required detail was identified by key departments. An invitation to tender for additional services to bring the project to Part 8 was issued to consultants and Mitchell & Associates were formally appointed on 17<sup>th</sup> November 2021. Preliminary meeting of design team took place on 15<sup>th</sup> December 2021 and detailed meetings with internal departments were held in January and February 2022. GPR Survey was carried out in January 2022.

A second round of meetings with internal departments was held during April/May 2022 and work was carried out on finalising the design. A meeting was held with local businesses to agree servicing arrangements for traders on Fitzwilliam Street in November 2022. A public information meeting to present the designs to the community was held in December 2022 in Ringsend Irishtown Community Centre which was well received. A Road Safety Audit has been carried out. Pre-Part 8 drawings were circulated to Technical Departments on 14<sup>th</sup> April 2023 and final issues have now been resolved. CPSO approval has now been given to proceed to planning stage and we propose to give notice of our intention to lodge the Part 8 during October 2023 at the October Area Committee meeting

### **Choice Based Lettings / Allocations**

The next CBL's which will be advertised are likely to be in SC complexes at Lissadel Court.

### **CCTV**

Following ongoing meetings with our Data Protection section some clarity has been provided in relation to CCTV. Regarding CCTV in public places, they have confirmed that we are required to seek the authorisation of the Garda Commissioner through the Community Based CCTV Scheme process. Accordingly, the first step in installing CCTV at Benbulbin Road will be to form a project team, to include members of the local community, An Garda Síochána

and Dublin City Council, technical experts etc. Given the required involvement of the local community, the issues of health and safety outlined above are still a concern. However, a meeting has been held with reps from the local community and a potential solution was put to them that would reduce any potential risk and satisfy the requirement for local community involvement. On that basis we will shortly proceed to form a project team. There is a detailed and lengthy process to undertake before an application is submitted and it is crucial that all steps in the process are closely followed in order to ensure the best chance of securing the authorisation of the Garda Commissioner. It should also be noted that the ultimate outcome in this matter may well be that CCTV is not justified at this location, at this time.

In relation to CCTV in other public places in the area, we will be carrying out a review of these systems to assess whether we should seek authorisation from the Garda Commissioner for these systems. It is possible that some of these systems will be decommissioned as there is no longer a justification for their retention. Discussions will be held with An Garda Síochána and a review of all recent Garda requests for CCTV will be used to decide whether applications for retention of systems should be made. The Councillors will be notified of all proposed changes prior to implementation. We have been advised that all systems can continue to operate while reviews are carried out.

### **Former Fr. Lar Redmond Hall, Keeper Road, Drimnagh**

This community hall has been vacant for many years and Housing Development are proposing to redevelop the site for Housing. The site will be developed by Respond Housing and the proposal is to build Older Persons Units on the site. Information days took place in Dolphin's Barn Library on Wednesday 25<sup>th</sup> and Thursday 26<sup>th</sup> January. The main comments related to the proposed height of the developments and this was repeated at the presentation that was made to the Area Committee on 13<sup>th</sup> March. Following a redesign in response to points raised at the Area Committee Meeting and at the Community Consultation event Responds Architects have completed a further redesign. The main changes are as follows:

- A reduction of the overall building height from 7 to 6 storeys.
- Increase in height to the rear block from 4 to 5 storeys with the top floor set back.
- Reduction in car parking spaces provided from 5 to 3.
- Relocation of the communal room from third floor to upper ground floor, with dedicated entry from Keeper Road.
- Unit numbers have reduced from 22 to 20, due to the reduction in height, with unit areas remaining at approximately just over 50m<sup>2</sup>.

Planning applications were lodged on 16<sup>th</sup> June 2023 and 14<sup>th</sup> July 2023 but both were deemed invalid. A further Planning application was lodged on 25<sup>th</sup> August with the last day for observations being 28<sup>h</sup> September.

### **Ravensdale Close/Clonmacnoise Grove**

Following a meeting on Thursday 26<sup>th</sup> January with Housing Development and FOLD AHB to review feasibility studies for the redevelopment of Ravensdale Close and Clonmacnoise Grove Senior Citizens complexes it was agreed that both projects were viable. The plans are currently being finalised and consultation with residents has commenced. So far there has been a very positive response from residents. Outline designs are still being worked on and when they have been completed a presentation will be made to the residents.

### **Rosary Hall**

After receiving extra funding of €240k which was approved at the April City Council meeting (as well as €125k already allocated), it was decided to retender the entire proposed works. Meetings took place with both main community groups and consultant architects during the

summer 2021 to outline and agree the proposed works which included mechanical & electrical works, fire safety works, remedial works and lift replacement.

The Area Manager also engaged in meetings with both community groups regarding governance of the facility and a management agreement was finalised in May 2022.

A supervisory committee comprising of two members of the football club and two members of the Harold's Cross Village Community Council (HXVCC) and the Area Manager will be established to optimise the use of the facility for the benefit of the Community.

Tender documentation was completed and advertised and tenders were received back on February 14<sup>th</sup>. When these tenders were assessed by Consultants it was apparent that construction inflation has led to a significant increase on the previously estimated cost.

A full Corporate Project Support Office (CPSO) appraisal form has been submitted in relation to the matter and it has been included in list of projects for capital funding

The disposal of the lease was agreed at the Area committee meeting in June and was brought to the July Council meeting and approved.

Final further work in relation to the agreed Protocol for Management of the Building was agreed late last year and the Lease signed

The works were tendered on 6<sup>th</sup> April and the last day for submission was the 8<sup>th</sup> May. The tenders have been assessed and preferred bidder selected.

The lowest tenderer was issued with a letter of intent. The Community Groups have been informed of the progress

There were no challenges to the Tender during the standstill period and all relevant documentation is currently being checked. It is hoped to engage the Contractor formally in the coming weeks provided no discrepancies are found. A lead in period of 8 weeks is anticipated after the signing of the contract.

### **Age Friendly Initiative Harold's Cross**

The Age Friendly Committee for Harold's Cross has been operational since early 2020. A draft report was submitted by the Harold's Cross Village Community Council (HCVCC) in conjunction with Rob Chester, Area Community Officer and it was agreed to progress a number of these proposals, funding permitting.

A subgroup under the Housing SPC has been convened to look at the City Wide Age Friendly Strategy. Under this structure, submissions for funding may be advanced, including the Harold's Cross project.

It has been agreed by the elected members that further monies (€k) will be allocated to this age friendly initiative in the discretionary funding for 2023.

IT Age Friendly tablets have been distributed to residents and have been very well received. Cliff Run Media have supplied over 1,000 units to established age friendly projects across the country; the tablet comes with one year's free WIFI and are dignity proofed to make access as easy as possible.

It is anticipated that when the works are completed on Rosary that it can play a pivotal role in age friendly activities going forward.

During 2022 there were a number of trips organised including visits to Russborough House on April 11<sup>th</sup> the National Stud on 27<sup>th</sup> Sept,

There was also a Ageing Well Café meeting in McGowan's in May and a further Event took place in McGowan's on 7<sup>th</sup> December

Further monies has been set aside in the Discretionary Fund this year for the HX Age Friendly Initiative.

A physical meeting took place on 5<sup>th</sup> April in the Pastoral Centre HX and was well attended.

A meeting of the sub Group took place on 30<sup>th</sup> May and a main workshop took place on 8<sup>th</sup> June.

The Area Manager would like to thank Cllr Feeney and Tony McDermott for their facilitation on the evening and the collation of the information from the participants that will be reviewed by the main AF group at the next meeting on Sept 12<sup>th</sup>

### **Rutland Grove / Eamonn Ceannt Park**

A Crumlin Halloween Mini Festival took place in Eamonn Ceannt from 12pm to 4pm on Monday 31<sup>st</sup> October 2022 and received very good feedback from the community who attended.

A 'Friends of Eamonn Ceannt' meetings took place on 15<sup>th</sup> December in the Pavilion in Eamonn Ceannt Park.and again on March 30<sup>th</sup>

Active Travel have indicated that they do not intended to proceed with the Kimmage – Clogher cycleway way at present.

Les Moore at the meeting on 30<sup>th</sup> March indicated that Active Travel have the expertise and funding and it is not his intention to sanction any roadworks that were passed as part of the Part 8.

At this meeting the 'Friends of Eamonn Ceannt' Committee visited the Area in question and the Area Manager on request has written to John Flanagan ACE of E & T Department to see if they would decrease the size of the footpath to facilitate some dedicated parking.

A further 'Friends of Eamonn Ceannt' meeting took place Wed 28<sup>th</sup> June

A meeting between the Gardaí, three local resident Groups and the Area Manager took place on Wednesday evening 31<sup>st</sup> May to highlight some of the local concerns regarding matters including anti-social behaviour, illegal parking, overflowing bins and damage to playground..

The commencement of upgrade works to the Depot begun on July 31<sup>st</sup> and a meeting took place with the local Resident's Association on August 3<sup>rd</sup> in the Pavilion in Eamonn Ceannt Park,

A very successful Summer Festival took place in Eamonn Ceannt Park on Aug 13<sup>th</sup>

The Event was very well attended with many Entertainment options

### **Pembroke & South East Inner City August 2023**

Bags and equipment delivered: 45

Collections filled bags in South East - 55 collections of filled bags.

City Neighbourhood awards evening scheduled for 13<sup>th</sup> September in City Hall.

Weed Control: 2<sup>nd</sup> Spray of "New Way Spray" Spray programme ongoing.

Manual Weed removal commenced 19<sup>th</sup> August using Waste Management personnel & contractors.

Molly Malone statue restored following 2 acts of vandalism.

Holles Street Hospital Mural submissions under assessment.

Crampton Court Resurfacing "Love the lanes" 3<sup>rd</sup> September

Baggot St Upper Planters installed & Poles, Bins, Bollards painted

### **Graffiti Removal June 2023**

- 437 Sq. Metres Removed
- Portland Stone at Meeting House Square resealed
- Traffic Box Art: Dublin Canvas 15 Boxes nearing completion.

### **Abandoned Bicycles August 2023**

32 Abandoned Bikes Removed (August)

325 removed Year to date.

20 Tagged for removal currently

### **Joint Policing Committee**

Next Meeting to be held 28<sup>th</sup> September

### **Dublin City Sport & Wellbeing Partnership Report**

#### **2023 – Linking in with National Events & Initiatives**

The primary goal of DCSWP is to provide opportunities for everyone to get involved in sport & physical activity regardless of age, gender or ability. In 2023 DCSWP continues to align the planning and delivery of programmes with national and international events. This strategic approach helps maximise promotion of the service, adds momentum to local programmes and initiatives and ultimately increases reach across communities in Dublin City.

Please see below highlight programmes for September / October 2023.

#### **Marathon Kids 2023**

Marathon Kids is a National eight week initiative aimed at primary school students at 4<sup>th</sup>, 5<sup>th</sup> and 6<sup>th</sup> class level. DCSWP Sport Officers and Athletics Ireland continue to engage with local schools around registration/participation process for the September start.

#### **Liffey Odyssey 2023**

The 2023 Liffey Odyssey will take place on Sunday 17<sup>th</sup> September. The citywide event has been promoted across all DCSWP's social media platforms.

#### **Dublin City Sportsfest 2023/European Week of Sport 2023**

2023 marks the sixth year of DCSWP's citywide flagship event, Dublin Sportsfest. The overall aim of Sportsfest is to bring together the people, clubs, sports and spaces in a week-long celebration of sport and physical activity in the city. The event is planned to coincide with European Week of Sport from 23<sup>rd</sup> – 30<sup>th</sup> September.

In the lead up to Dublin Sportsfest, DCSWP invited clubs across the sporting spectrum to join the celebration by hosting sporting events and activities in communities across the city. Sportsfest will offer clubs the opportunity to showcase their facility, promote their sport and potentially increase membership. As part of the Dublin Sportsfest promotional campaign DCSWP is offering prizes to clubs for the best social media campaign and best initiative.

In the South East area officers have engaged with schools, youth services and community groups. Various sport and physical activities have been organised across the week.

## Active Cities

### BeActive Night

Dublin City Council, in conjunction with Sport Ireland, is hosting a free soccer event on Saturday, 23rd of September, from 4pm to 7pm in the grounds of Ballymun Utd, St Margarets Road, Ballymun as part of the #BeActive initiative which seeks to demonstrate the various ways exercise can be incorporated into everyday life.

'Super Soccer Saturday' aims to celebrate and promote the benefits of soccer for all ages and abilities including a demonstration of Freestyle football by Free Style Football expert, Sam Madden. This will culminate in an attempt to make the Guinness book of records in the number of people participating in a freestyle football event.

### BoxUp

As part of the Active Cities Dublin initiative the Sports Partnership have purchased two **Boxup** storage stations to be used for storing sports equipment in outdoor parks.

These unique stations are designed to store a variety of sports and exercise equipment that can be accessed by the public free of charge for up to 3 hours. The user just downloads the Boxup app on their phone which then enables them to choose the sporting equipment they would like to borrow. The locker is then opened and the equipment made available to them. The App, which is registered to the user using a document of identification, will also provide user data and feedback.

The Boxups will provide more opportunities for people of all abilities to get active and will encourage increased use of parks sporting facilities and open spaces units will be placed in Mt Bernard Park, Cabra and Sundrive Park, Kimmage. Official Launch Date remains TBC. The Boxu pilot programme was rolled out in Eamon Ceannt Park in August.

All DCSWP highlight programmes continue to be supported by social media channels and the DCSWP Virtual Hub. See below:

- Dublin City Sport & Wellbeing Partnership Virtual Hub: [www.dcwspub.ie](http://www.dcwspub.ie)
- Email: [sports@dublincity.ie](mailto:sports@dublincity.ie)
- Twitter: Dublin City Sport & Wellbeing Partnership (@dccsportsrec) / Twitter
- Facebook: [Dublin City Sport & Wellbeing Partnership | Facebook](#)  
Instagram: [@dublincitysportandwellbeing](#)

## South East Area September/October Highlights

### Youth Fit – Young People at Risk Age 10-24 Years

Name of programme:	Youth Fit Swimming
Description of programme activity :	Swimming Programme
Partners:	South East Area Youth Services and DCSWP's Get Dublin Swimming Co-funded officer
Age group:	10-17years
Gender:	Mixed
Date/time and location:	Ongoing in Markievicz Swimming Pool every Tuesday from 4pm

<b>Name of programme:</b>	<b>Youth Fit</b>
Description of programme activity :	Drop-in multi-sport programmes
Partners:	Clay Youth Project
Age group:	13-19 years
Gender:	Mixed
Date/time and location:	Ongoing. Clogher Rd. Centre
<b>Name of programme:</b>	<b>Youth Fit/Get all Girls Active – Learn To Skate</b>
Description of programme activity :	Beginners programme aimed at young females
Age group:	13-17years
Gender:	Mixed
Date/time and location:	Bushy Park Skate Park. Details TBC
<b>Name of programme:</b>	<b>Youth Fit/Get all Girls Active – Research Programme</b>
Description of programme activity :	Teenage girls activity programme. Delivered in partnership with Trinity College. Researching what factors influence teenage girls to participate in physical activity
Age group:	13 years +
Date/time and location:	Rathmines. Full details TBC
<b>Name of programme:</b>	<b>Youth Fit/Get all Girls Active – Motor Sport Programme</b>
Description of programme activity :	Teenage girls STEM Learning programme. School project aimed at encouraging more females to participate in motor sports
Age group:	13 years +
Date/time and location:	Terenure. Full details TBC
<b>Name of programme:</b>	<b>Youth Fit – Early Childhood Programme</b>
Description of programme activity :	Early childhood sports programme in partnership with local crèche groups.
Age group:	U 12 years. Mixed
Date/time and location:	Commencing October. Local creches in D2 and D4 area
<b>Name of programme:</b>	<b>Youth Fit– Adventure Programme</b>
Description of programme activity :	Four week adventure programme aimed at youths at risk. Delivered in partnership with D4 Youth Services
Age group:	10-21 years. Mixed
Date/time and location:	Commencing October.

#### **Forever Fit – Older Adults age 55+ years**

<b>Name of core programme:</b>	<b>Forever Fit – St. Andrew's/Pearse Street</b>
Description of programme activity:	Older Adults multi-sport programme
Partners:	St. Andrew's and Pearse St. Recreation Centre
Age group:	Age 60+ Years
Gender:	Mixed
Date/time and location:	Sandymount Centre, D4 and St. Andrew's Resource Centre, D2 every Tuesday. Commencing September.

<b>Name of core programme:</b>	<b>Forever Fit – Lorcan O’Toole, Crumlin</b>
Description of programme activity:	Chair Fit
Partners:	Lorcan O’Toole centre Crumlin/Kimmage
Age group:	Age 55+ years
Gender:	Mixed
Date/time and location:	Lorcan O’Toole centre every Wednesday from 11am.
<b>Name of Programme:</b>	<b>Forever Fit Harold’s Cross</b>
Description of programme activity:	Chair Yoga aimed at improving flexibility, strength and balance for Older Adults
Age group:	Age 55 + years
Gender:	Mixed
Date/time and location:	Harold’s Cross Parish Centre every Monday from 11am
<b>Name of core programme:</b>	<b>Forever Fit Terenure</b>
Description of programme activity:	Older Adult Dance & Fitness programme aimed at improving mobility and improving fitness levels.
Age group:	Age 55+ Years (Mixed)
Gender:	Mixed
Date/time and location:	Evergreen Centre, Terenure every Tuesday at 11am. Rathmines and Harold’s Cross programme details TBC.
<b>Name of core programme:</b>	<b>Forever Fit</b>
Description of programme activity:	Older Adult Men’s Fitness Programme
Age group:	Age 55+ Years
Date/time and location:	Ongoing. Terenure. Rathmines, Harold’s Cross programme details TBC.

### Thrive – Adults with mental health difficulties

<b>Name of programme:</b>	<b>Soccer Festival 2023</b>
Description of programme activity:	Soccer Festival aimed at adults in addiction services.
Partners:	The Spellman Centre, Irishtown/Ringsend
Age group:	18 +years
Gender:	Mixed
Date/Time and Location:	Irishtown Stadium. Saturday 16 <sup>th</sup> September
<b>Name of programme:</b>	<b>Hell &amp; Back 2023</b>
Description of programme activity:	Four week strength and conditioning programme aimed at men in addiction services. Delivered in the lead up to the Hell & Back 8k adult challenge.
Partners:	Local Addiction Services
Age group:	18 +years
Gender:	Male
Date/Time and Location:	Ringsend. Commencing 2 <sup>nd</sup> September
<b>Name of programme:</b>	<b>Women’s Wellness - Cabbage Patch programme</b>
Description of programme activity :	Four week yoga programme aimed at women in the D2 area
Age group:	13-17 years

Gender:	Mixed
Date/time and location:	Every Wednesday in Cabbage Patch Flat Complex, D2

### Health Improvement in the Community

<b>Name of programme:</b>	<b>D6 Holistic Health</b>
Description of programme activity :	Holistic Mental Health & Exercise programme for people experiencing mental health difficulties (referral only)
Partners:	HSE Occupational Therapists
Age group:	Adults
Gender:	Mixed
Date/time and location:	Swan Leisure Centre every Thursday from 12 noon.
<b>Name of programme:</b>	<b>D4 Tai Chi</b>
Description of programme activity :	Older Adult programme aimed at adults aged 55+ years experiencing mental health difficulties.
Partners:	HSE Occupational Therapists
Age group:	Adults
Gender:	Mixed
Date/time and location:	Ongoing. Irishtown & Ringsend Centre every Wednesday from 10.30am

### Sport Inclusion & Integration – Individuals With Physical, Intellectual and Sensory Disabilities

The following programmes are delivered on a citywide basis and include partners and participants from the South East Area:

<b>Name of programme:</b>	<b>Shelbourne Football For All Programme</b>
Description of programme activity :	Programme aimed at service users from multiple services age 16+ years years experiencing mental health difficulties.
<b>Name of programme:</b>	<b>Ukrainian Crisis Centre Programme</b>
Description of programme activity :	Multi-sport initiative aimed at all ages. Existing programmes such as the Track Partnership in Sundrive Park to continue
<b>Name of programme:</b>	<b>Child Vision Ireland Tai Chi Programme</b>
Description of programme activity :	Six-Eight week programme aimed at children. Delivered in partnership with Childvision, Drumcondra
<b>Name of programme:</b>	<b>Learn 2 Cycle/Cycle With Confidence Programme</b>
Description of programme activity:	Targeted at persons with physical and cognitive needs. Citywide programme. Locations TBC.
<b>Name of programme:</b>	<b>Sim For Schools/Formula Female</b>
Description of programme activity:	Motorsports programme designed to integrate stem learnings with school curriculum. Targeted at teenage girls. Programme to focus on progressing to completion level and final event.

## **DCSWP South East Area Co-Funded Programmes:**

### **Athletics in the Community**

Couch to 3/5k and walking programmes continue in the South East area in partnership with Co-funded Athletics Officers. Officers continue to engage with schools in the Daily Mile and school track and field programmes. Registration for the Marathon Kids programmes is open for all primary schools in the area.

### **Boxing in the Community**

The Startbox programme will recommence in South East area schools in September in partnership with the DCSWP Boxing Development Officer.

### **Cricket in the Community**

- The YMCA Aungier St and local Cricket Club, D4 four week programme will be delivered in the area in September/October. The intercultural/integration initiative is a partnership programme between local youth services and will include service users from Afghanistan.
- The DCSWP Cricket Development Officer continues to deliver and support citywide inclusive programmes and engage with local schools (St. Matthews NS, Star of the Sea) in softball cricket sessions every Tuesday from 11am.
- U 11 Team Training sessions continues every Friday from 3.30pm in Merrion Cricket Club (mixed).

### **Football in the Community**

The Football Officer in the South East Area continues to deliver the following programmes;

- Football For All aimed at children with physical, intellectual and sensory disabilities every Friday from 6pm in Cambridge FC, D4.
- Introductory programmes for children via Sprog Soccer programme and Girls Academy programme every Friday from 4pm in Irishtown Stadium.
- PDP 1, 2 coaching courses 7v7 and 9v9 coaching courses are currently in the planning stages in the area.
- School introductory sessions, including Show Racism The Red Card sessions to be delivered to schools in D2 and D4 area.
- Halloween 2023 football camps including an intercultural soccer camp will be delivered during the mid-term break from Monday to Friday 10am – 1pm.
- The football school blitz had been planned to coincide with Dublin Sportfest. The event will offer taster sessions to those attending.
- Other highlights in September/Early October include the Football Disney programme aimed at young people age 4-7 years in Irishtown Stadium and the Kickfit Women's Football programme also held in Irishtown Stadium.

### **Rowing in the Community**

The Get Going Get Rowing indoor rowing schools programme will recommence in mid-September in schools across Dublin City, including secondary schools from the South East area.

### **Rugby in the Community**

- Rugby in-school sessions will commence following the return to school in September. The Aldi Play Rugby Sessions will commence in South East area primary and secondary schools from Friday 1<sup>st</sup> September.
- Club Blitzes are in the planning stages for late September.

### Swimming in the Community

DCC/DCSWP appointed a Co-funded Swimming Ireland Development Officer in 2022 to increase opportunities for everyone in our communities to get involved with swimming and enjoy the benefits of water based physical activities

A new DCSWP Swimming Development Officer was appointed over the summer 2023 period. Details of programmes and initiatives will be included in the next area report.

### Training for 2023

- Safeguarding 1,2 & 3
- Health & Safety (administrative & DCC Sports & Fitness Centres)
- First Aid Training
- PHECC Training
- Disability & Inclusion in Sport training programmes delivered in partnership with CARA.

### **CONTACT DETAILS:**

Name	Role	Contact Information
Aideen O'Connor	Programmes & Services Manager, DCSWP	<a href="mailto:aideen.oconnor@dubsslincity.ie">aideen.oconnor@dubsslincity.ie</a>
Colin Sharkey	Office Manager, DCSWP	<a href="mailto:Colin.sharkey@dublinciy.ie">Colin.sharkey@dublinciy.ie</a>
Robert Abbey/Darren Taaffe	DCSWP Citywide Sport Officers	<a href="mailto:Robert.abbey@dublincity.ie">Robert.abbey@dublincity.ie</a> / <a href="mailto:darren.taaffe@dublincity.ie">darren.taaffe@dublincity.ie</a>
Michelle Malone	Sport Officer, DCSWP	<a href="mailto:Michelle.malone@dublincity.ie">Michelle.malone@dublincity.ie</a>
William Morris	Sport Officer, DCSWP	<a href="mailto:William.morris@dublincity.ie">William.morris@dublincity.ie</a>
Marie Louise Reilly	Sport Officer, DCSWP	<a href="mailto:Marylouise.reilly@dublincity.ie">Marylouise.reilly@dublincity.ie</a>
David Phelan	HSE Health Promotion & Improvement Officer	<a href="mailto:david.phelan@dublincity.ie">david.phelan@dublincity.ie</a>
Colette Quinn	Development Officer, Athletics	<a href="mailto:colettequinn@athleticsireland.ie">colettequinn@athleticsireland.ie</a>
Jonathan Tormey	Development Officer, FAI	<a href="mailto:Jonathan.tormey@fai.ie">Jonathan.tormey@fai.ie</a>
Chris McElligott	FAI Development Officer (disability)	<a href="mailto:chris.mcelligott@fai.ie">chris.mcelligott@fai.ie</a>

Ken Knaggs	Rugby Development Officer	<a href="mailto:Ken.knaggs@leinsterrugby.ie">Ken.knaggs@leinsterrugby.ie</a>
Fintan McAllister	Development Officer, Cricket	<a href="mailto:Fintan.mcallister@cricketleinster.ie">Fintan.mcallister@cricketleinster.ie</a>
Michael Carruth	Development Officer, Boxing	<a href="mailto:Michael_carruth@ymail.com">Michael_carruth@ymail.com</a>
Aoife Byrne	Development Officer, Rowing	<a href="mailto:Aoife.byrne@getgoinggetrowing.ie">Aoife.byrne@getgoinggetrowing.ie</a>
Christine Russell	Development Officer, Swimming	<a href="mailto:christinerussell@swimireland.ie">christinerussell@swimireland.ie</a>
Gareth Herbert	Sport officer, DCSWP (Inclusion & Integration Programmes Contact)	Gareth.herbert@dublincity.ie
Carmel O'Callaghan	Active Cities Officer	Carmel.ocallaghan@dublincity.ie

**Karl Mitchell**

**Director of Services, Central and South East**

**Dated: 6<sup>th</sup> September 2023**