

To the Chairperson and Members of the  
South East Area Committee

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**Report of the Director of Services, Central and South East Areas**

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**City Quay**

A landscape architect is finalising the public realm improvement for the front of City Quay fronting the Liffey. It is hoped that this work will commence in late Q3. We are also liaising with an artist in relation to a proposed mural which will form the backdrop to the public realm improvement where cars currently cross the footpath to park.

**Bridge Project**

The area office continues to liaise with Swan Youth Services and St. Andrew's Resource Centre together with Gardaí in Store Street and Pearse Street with a view to reducing anti-social behaviour in the vicinity of the Quays which was a major problem last year. We are working on arranging diversionary activities for young people in the area.

**Cabbage Garden**

Awaiting update from Parks.

**Sandymount Green**

Traffic calming on Sandymount Green will continue every Friday, Saturday and Sunday until the end of September. There will be music on Saturdays and Sundays and Waste Management will provide enhanced cleaning in the area at weekends.

**Rosary Hall**

After receiving extra funding of €240,000, which was approved at the April City Council meeting (as well as €125,000 already allocated), it was decided to retender the entire proposed works. Meetings took place with both main community groups and consultant architects during the summer 2021 to outline and agree the proposed works which included mechanical & electrical works, fire safety works, remedial works and lift replacement.

The Area Manager also engaged in meetings with both community groups regarding governance of the facility and a management agreement was finalised in May 2022.

A supervisory committee comprising of two members of the football club and two members of the Harold's Cross Village Community Council (HXVCC) and the Area Manager will be established to optimise the use of the facility for the benefit of the community.

Tender documentation was completed and advertised and tenders were received back on February 14<sup>th</sup>. When these tenders were assessed by consultants it was apparent that construction inflation has led to a significant increase on the previously estimated cost.

A full Corporate Project Support Office (CPSO) appraisal form has been submitted in relation to the matter and it has been included in list of projects for capital funding

The disposal of the lease was agreed at the Area committee meeting in June and was brought to the July Council meeting and approved.

Final further work in relation to the agreed Protocol for Management of the Building was agreed late last year and the Lease signed

The works were tendered on 6<sup>th</sup> April and the last day for submission was the 8<sup>th</sup> May. The tenders have been assessed and preferred bidder selected.

All those who responded to tender will be contacted this week and the lowest tenderer will be issued with a letter of intent. The community groups have been informed of the progress.

### **Age Friendly Initiative Harold's Cross**

The Age Friendly Committee for Harold's Cross has been operational since early 2020. A draft report was submitted by the Harold's Cross Village Community Council (HCVCC) in conjunction with Rob Chester, Area Community Officer and it was agreed to progress a number of these proposals, funding permitting. In tandem with this it is proposed to hold a workshop to further engage with the residents and ensure particularly any elderly resident who was not consulted has an opportunity to contribute to the process and be included. It was agreed to defer the facilitation of a workshop to get the views of the wider community till autumn 2022.

A subgroup under the Housing SPC has been convened to look at the City Wide Age Friendly Strategy. Under this structure, submissions for funding may be advanced, including the Harold's Cross project.

It has been agreed by the elected members that further monies (€8,000) will be allocated to this age friendly initiative in the discretionary funding for 2022.

IT age friendly tablets have been distributed to residents and have been very well received. Cliff Run Media have supplied over 1,000 units to established age friendly projects across the country; the tablet comes with one year's free WIFI and are dignity proofed to make access as easy as possible.

It is anticipated that when the works are completed on Rosary Hall, it can play a pivotal role in age friendly activities going forward.

Eir have completed the work involved in getting an additional line into Harold's Cross Park to enable Virgin Media to set up the Wi-Fi hot spot for the area around the café.

A series of subgroup meeting have taken place in 2022 including February 11<sup>th</sup>, 28<sup>th</sup>, March 16<sup>th</sup> and April 8<sup>th</sup> to progress matters and it is hoped to schedule a programme of events to encourage people to participate in.

The first Ageing Well Café meeting took place on March 8<sup>th</sup> and was attended by about 40 residents with great support from HXVCC. There was a good cross section of our older persons.

A trip to Russborough House took place on April 11<sup>th</sup>.

An Ageing Well Café meeting took place on 17<sup>th</sup> May in McGowan's and a full Age Friendly Committee meeting took place on May 5<sup>th</sup>.

The subgroup met on July 15<sup>th</sup> and a main meeting took place on the 20<sup>th</sup> September.

A trip was organised to the National Stud on Tuesday 27<sup>th</sup> September and was attended by a large group.

An event took place in McGowan's on 7<sup>th</sup> December and was very well attended

Further monies has been set aside in the Discretionary Fund this year for the HX Age Friendly Initiative.

A physical meeting took place on 5<sup>th</sup> April in the Pastoral Centre Harold's Cross and was well attended.

A meeting of the subgroup took place on 30<sup>th</sup> May and a main workshop took place on 8<sup>th</sup> June.

The Area Manager would like to thank Cllr. Feeney and Tony McDermott for their facilitation on the evening and the collation of the information from the participants that will be reviewed by the main age friendly group at the next meeting

### **Rutland Grove / Eamonn Ceannt Park**

A Crumlin Halloween Mini Festival took place in Eamonn Ceannt from 12pm to 4pm on Monday 31<sup>st</sup> October 2022 and received very good feedback from the community who attended.

A 'Friends of Eamonn Ceannt' meetings took place on 15<sup>th</sup> December in the Pavilion in Eamonn Ceannt Park and again on March 30<sup>th</sup>.

Active Travel have indicated that they do not intended to proceed with the Kimmage – Clogher Cycleway at present.

Les Moore at the meeting on 30<sup>th</sup> March indicated that Active Travel have the expertise and funding and it is not his intention to sanction any roadworks that were passed as part of the Part 8.

At this meeting the 'Friends of Eamonn Ceannt' Committee visited the area in question and the Area Manager, on request, has written to John Flanagan, Assistant Chief Executive of Environment & Transportation Department to see if they would decrease the size of the footpath to facilitate some dedicated parking.

In relation to the upgrade of the depot, Parks Department have informed local residents that due to the withdrawal of a subcontractor, that depot upgrade is delayed for two months.

A meeting between the Gardaí, three local resident groups and the Area Manager took place on Wednesday evening 31<sup>st</sup> May to highlight some of the local concerns regarding matters including anti-social behaviour, illegal parking, overflowing bins and damage to playground.

A friends of Eamonn Ceannt meeting is scheduled for Wednesday 28<sup>th</sup> June.

A new date of 31<sup>st</sup> July has been given for the commencement of upgrade works and a meeting has been sought with the local residents' association.

### **Grand Canal**

A meeting was held in January 2020 with Waterways Ireland representatives and Councillors to discuss ongoing management and maintenance of the canals in the city and to agree a new structure for interaction between Waterways Ireland and DCC. The latest meeting was held on 2<sup>nd</sup> February 2023. Next meeting due to be held on 26<sup>th</sup> July 2023 via Teams.

### **Portobello Harbour Square**

Ait Urbanism + Landscape were appointed as consultant for the project and two initial public consultation workshops were held on 1<sup>st</sup> and 8<sup>th</sup> June 2022 at St. Kevin's Community Centre. Concept designs were prepared by consultants based on the outcome of these workshops and these were put on public display at St. Kevin's Community Centre between 3pm and 8pm on Thursday 21<sup>st</sup> July 2022. Online consultation was open until 19<sup>th</sup> August 2022 and a large number of submissions were received. Preliminary Appraisal form has been lodged with the Capital Project Support Office (CPSO). Provision has been included in the Parks 2023/24/25 draft Capital Programme. Parks Department presented the latest design to Councillors on 18<sup>th</sup> May 2023. A further public consultation took place at St. Kevin's Community Centre on 31<sup>st</sup> May 2023 and subsequently online. It is hoped to commence Part 8 process in July 2023.

### **Rathgar Village Improvement Plan (VIP)**

Herzog Park, Rathgar – Final Phase

The final phase of the project includes the re-alignment of the front boundary of the park and the revised car park layout, as set out in the Part 8 permission. A preliminary site meeting was held with Road Construction engineers on 14<sup>th</sup> April 2022. Surveys of the area were carried out including a drone survey and GPR Survey to assist in the design process. Roads engineering resource is now in place and a meeting was held on site on 5<sup>th</sup> May 2023 with Roads Engineer, Parks Department and the area office. Once the detailed design process has been completed, costings will be compiled and a tender prepared for works to car park area in 2023. When these works are carried out, further landscaping inside the park will be required as part of the works to complete the project.

### **Ringsend Irishtown Local Environment Improvement Plan (LEIP)**

Library Square: (Mitchell & Associates) Meetings with internal stakeholders were held during September and October 2018. A meeting was held with local businesses to discuss parking / loading arrangements on 5<sup>th</sup> December 2018. A presentation was made to area councillors on 13<sup>th</sup> February 2019 and a preliminary draft design was brought to a public meeting for all stakeholders on Thursday 21<sup>st</sup> March 2019 in the Ringsend Irishtown Community Centre (RICC). Following a period of consultation up to 19<sup>th</sup> April 2019, submissions were received and were reviewed by the project team. A revised design was brought before the Public Realm Working Group on 22<sup>nd</sup> October 2019. A meeting of all internal stakeholders was held on 28<sup>th</sup> November 2019 and further required detail was identified by key departments. An invitation to tender for additional services to bring the project to Part 8 was issued to consultants and Mitchell & Associates were formally appointed on 17<sup>th</sup> November 2021. Preliminary meeting of design team took place on 15<sup>th</sup> December 2021 and detailed meetings with internal departments were held in January and February 2022. GPR Survey was carried out in January 2022.

A second round of meetings with internal departments was held during April/May 2022 and work was carried out on finalising the design. A meeting was held with local businesses to agree servicing arrangements for traders on Fitzwilliam Street in November 2022. A public information meeting to present the designs to the community was held in December 2022 in Ringsend Irishtown Community Centre which was well received. A Road Safety Audit has been carried out. Pre-Part 8 drawings were circulated to Technical Departments on 14<sup>th</sup> April 2023 and final issues are now being resolved. Councillors will be briefed before we commence the formal Part 8 process.

### **Choice Based Lettings / Allocations**

We are currently completing estate management checks on applicants for CBL's in Cashel Avenue and Rutland Avenue flats before these vacancies are allocated. We received in excess of 90 applications for the Cashel Road house and in excess of 40 applications for the Rutland Avenue flat. The next CBL's which will be advertised are likely to be in SC complexes at Lissadel Court, Maxwell Court, Clonmacnoise Grove and Stannaway Court.

### **CCTV Benbulbin Road**

Following on from the provision of Discretionary Funding for the installation of CCTV at Benbulbin Road, we have continued to try to progress the matter. Adhering to advice from DCC's Data Protection Office, a letter was sent to the Garda Commissioners Office on the 11th March 2021. This letter requested written authorisation from the Garda Commissioner for Dublin City Council to install CCTV at the location, which is a public area and not within the bounds of a Dublin City Council complex. The current DCC code of practice for installation of CCTV in public places requires such authorisation from the Garda Commissioner. The office of the Commissioner replied on the 11<sup>th</sup> May 2021 and submitted a number of documents, including An Garda Síochána's Code of Practice for Community Based CCTV Systems. The documents submitted are at variance with DCC's code of practice for CCTV in public places and do not seem to take into account that DCC are installing the CCTV rather than a Community based organisation. Discussions took place with local based senior Gardaí in order to try and reconcile the differing positions but following further advice from our Data Protection Office further clarity was required from An Garda Síochána. Further communication from An Garda Síochána outlining their position on this matter stated that their internal policy/procedures will only allow authorisation of this scheme if it is designated a Community CCTV Scheme. Designating this CCTV Project a Community Based CCTV Scheme would impose greater responsibility on the local community in relation to their role in consultation, installation, maintenance and management of the CCTV system. In addition, given the proposed location of the CCTV and the serious criminality which has taken place there, there is a significant potential for health and safety issues to arise for community representatives involved in such a project. It would also have the potential to increase costs for the project.

Following a meeting with our Data Protection section some clarity has been provided in relation to CCTV. Regarding CCTV in public places, they have confirmed that we are required to seek the authorisation of the Garda Commissioner through the Community Based CCTV Scheme process. Accordingly, the first step in installing CCTV at Benbulbin Road will be to form a project team, to include members of the local community, An Garda Síochána and Dublin City Council, technical experts etc. Given the required involvement of the local community, the issues of health and safety outlined above are still a concern. However, a meeting has been held with reps from the local community and a potential solution was put to them that would reduce any potential risk and satisfy the requirement for local community involvement. On that basis we will shortly proceed to form a project team. There is a detailed and lengthy process to undertake before an application is submitted and it is crucial that all steps in the process are closely followed in order to ensure the best chance of securing the authorisation of the Garda Commissioner. It should also be noted that the ultimate outcome in this matter may well be that CCTV is not justified at this location, at this time.

### **Former Fr. Lar Redmond Hall, Keeper Road, Drimnagh**

This community hall has been vacant for many years and Housing Development are proposing to redevelop the site for Housing. The site will be developed by Respond Housing and the proposal is to build Older Persons Units on the site. Information days took place in Dolphin's Barn Library on Wednesday 25<sup>th</sup> and Thursday 26<sup>th</sup> January. The main comments related to the proposed height of the developments and this was repeated at the presentation that was made to the Area Committee on 13<sup>th</sup> March. Following a redesign in response to points raised at the Area Committee Meeting and at the Community Consultation event Responds Architects have completed a further redesign. The main changes are as follows:

- A reduction of the overall building height from 7 to 6 storeys.
- Increase in height to the rear block from 4 to 5 storeys with the top floor set back.
- Reduction in car parking spaces provided from 5 to 3.
- Relocation of the communal room from third floor to upper ground floor, with dedicated entry from Keeper Road.

- Unit numbers have reduced from 22 to 20, due to the reduction in height, with unit areas remaining at approximately just over 50m<sup>2</sup>.

A planning application was lodged on 16<sup>th</sup> June with the last day for observations being 20<sup>th</sup> July.

### **Ravensdale Close / Clonmacnoise Grove**

Following a meeting on Thursday 26<sup>th</sup> January with Housing Development and FOLD AHB (approved housing body) to review feasibility studies for the redevelopment of Ravensdale Close and Clonmacnoise Grove senior citizens' complexes it was agreed that both projects were viable. The plans are currently being finalised and consultation with residents has commenced. So far there has been a very positive response from residents. Outline designs are still being worked on and when they have been completed a presentation will be made to the residents.

## **South East Inner City and Pembroke Community Development Update**

### **Cabbage Patch Park**

A weekly multi-sports programme will take place for young people in the park from 19<sup>th</sup> July to 16<sup>th</sup> August, organised by our Sports Officer and the YMCA.

Taking Liberties for Local Charities will have their annual Fun & Sports Day on Sunday, 23<sup>rd</sup> July from 12 - 5pm at the Cabbage Patch Park. Activities will include Sports, Magic Show, Balloon Modelling and local Dance Performances. This event also serves as a fundraiser for Our Lady's Hospice

### **Musical Garden Parties**

Many of our senior residents will be able to enjoy refreshments and take to the green and gravelled "dancefloors" of our sheltered housing schemes during July and August as we provide some live outdoor music. These events, organised in conjunction with the local Housing Liaison Officers, also serve to showcase the huge efforts of local residents who take such pride in their gardens and communal areas. See listings below for July dates.

### **South Docks Festival**

A whole range of events for all ages including a Community Parade, Fair in the Square, Talent Showcase, Dublin Port Tour and a 70s Night will take place between 17 - 21 July as part of the 36<sup>th</sup> South Docks Festival, which is being run by St. Andrew's Resource Centre on Pearse Street. See [www.standrews.ie](http://www.standrews.ie) for full listings.

### **Summer Projects**

These well organised summer projects have been running for a number of years with a host of fun and educational activities always on offer for local young people.

### **Ringsend & Irishtown Summer Project**

Over 200 young people have registered with Ringsend & Irishtown Community Centre for the two summer camps taking place in July and August. They'll run for 4 days a week and include trips to Ardgillan Castle, Kia Ora Farm, Tayto Park, Dublin Zoo, Clara Lara and Malahide Castle.

### **Talk About Youth Project Summer Project**

This project operates from St. Andrew's Resource Centre on Pearse Street and will this take place from 4 - 14 July. Over 150 young people will participate in activities including a Funky Planting workshop, a Nature Scavenger Hunt & Picnic, a Sports Day and Day Trips to Lilliput Adventure Centre, Bray, Sandycove and Dun Laoghaire.

### **YMCA Summer Project**

This project operates from the YMCA on Aungier Street and will be catering for over 100 young people primarily from the Dublin 8 area. This project will run for 8 weeks from 3<sup>rd</sup> July to 16<sup>th</sup> August with a number of activities on offer including alpaca trekking, water sports, rock climbing, laser tag, crazy golf and day trips to the likes of Belfast, Howth and Causey Farm.

### **Sandymount Pedestrianisation**

Traffic calming is in place on the east side of Sandymount Green, every weekend (Friday, Saturday and Sunday) until the end of September 2023. This was agreed by Councillors at the May South East Area Committee meeting. Premises have the opportunity to trade outdoors at weekends and this area will then be re-opened to traffic as per normal from Monday to Thursday.

The South East Area Office has arranged additional planters and musical entertainment at weekends. Waste Management will provide enhanced cleaning at weekends.

The area office has been engaging proactively with local businesses, residents, An Garda Síochána together with SAMRA and local Councillors and appreciates all the support received to date.

### **Pembroke & South East Inner City Community Event Listings – July 2023**

Please find below a list of events, activities and projects supported by the South East Area Community Development Pembroke & SEIC Team.

2 July at 2pm – ***Donnybrook Residents' Street Party*** at Green Area next to Pembroke Cottages.

3 July – Commencement of ***YMCA Summer Project***, Aungier Street Area.

4 July – Commencement of ***Talk About Youth Summer Project***, Pearse Street Area.

4 July at 2pm – ***Charlemont Court Musical Garden Party*** featuring Mikey Smyth at Charlemont Court, Charlemont Mall.

5 July at 2pm – ***A Walk on the Wild Side*** Nature Tour with Eanna Ní Lamhna at Merrion Square for the Talk About Youth Project.

5 July at 2pm – ***Woodstock Court Musical Garden Party*** featuring Pastimes at Woodstock Court, Woodstock Gardens, Ranelagh.

6 July at 2pm – ***Ranelagh Court Musical Singalong*** featuring Mikey Smyth at Ranelagh Court Sheltered Housing Scheme, Ranelagh.

7 July at 7.30pm – ***The Charming Soubrettes Sing Songs from the Silver Screen*** at Sandymount Community Centre.

8 July from 12 - 4pm – ***Cocaine Anonymous Fundraiser*** at Irishtown Stadium.

11 July at 2pm – ***Charlemont Court Musical Garden Party*** featuring Pastimes at Charlemont Court, Charlemont Mall.

12 July at 2pm – ***Beech Hill Court Musical Garden Party*** featuring Pastimes at Beech Hill Court, Donnybrook.

13 July at 2pm – **Verschoyle Court Musical Garden Party** featuring Angel & Frankie McDonald at Verschoyle Court, Verschoyle Place.

13 July at 2pm – **Jazz in the Garden** at Greenore Court featuring the Emily Conway Jazz Trio.

14 July from 12 - 2pm – **DJ Anna Dance Party** at St. Andrews Resource Centre as part of local summer project.

17 - 21 July – **South Docks Festival**, Dublin 2. Highlights include:

- 17 July – Festival Launch on St. Bridget's Boat (Invitation only)
- 19 July from 1 - 4pm – Carnival Family Fun Day at St. Andrew's Resource Centre
- 20 July from 6-8.30pm – Children's Talent Showcase at the Main Hall, St. Andrew's Resource Centre
- 21 July at 12.30pm – Community Parade with floats and costumes starting at St. Andrews Resource Centre
- 21 July from 1 - 4pm – Fair in the Square at Pearse Square Park

18 July at 10.30am – **Talk About Youth Project Trip to the Zoo**, departing from St. Andrew's Resource Centre.

18 July at 2pm – **Ranelagh Court Musical Singalong** featuring Pastimes at Ranelagh Court Sheltered Housing Scheme, Ranelagh.

19-26 July, 11 - 1pm – **Cabbage Patch Multi Sport Days**.

20 July at 2pm – **Beech Hill Court Musical Garden Party** featuring Angel at Beech Hill Court, Donnybrook.

22 July from 3 - 5pm – **Colombia Independence Day Celebration** at DTwo, Harcourt Street.

23 July at 12pm – **Taking Liberties for Local Charities** at the Cabbage Patch Park.

25 July at 2pm – **Charlemont Court Musical Garden Party** featuring The Pullovers at Charlemont Court, Charlemont Mall.

26 July at 2pm – **Verschoyle Court Musical Garden Party** featuring Mikey Smyth at Verschoyle Court, Verschoyle Place.

27 July at 2pm – **Woodstock Court Musical Garden Party** featuring The Pullovers at Woodstock Court, Woodstock Gardens, Ranelagh.

28 July from 12 - 4pm – **Ringsend Community Crèche Family Day** at Ringsend & Irishtown Community Centre.

### **Kimmage - Rathmines Community Development Update**

#### **Crumlin festival**

The Community Development Team is forming a Crumlin Festival Committee who will plan and coordinate seasonal festivals in Eamonn Ceannt Park starting with the Crumlin Summer Festival. The committee's first meeting will be held in the Crumlin Area Office on Wednesday the 5<sup>th</sup> of July at 6:30. All are welcome.

### **Drimnagh Fest 2023**

Congratulation to the Drimnagh Festival Committee who organised a very successful three day Summer Festival with the support of the Community Development Team. The event took place from Friday 23<sup>th</sup> to Sunday 25<sup>th</sup> of June in Brickfield Park, Good Counsel GAA and Dromard Green. Events include outdoor cinema, music, games, sports and lots more. The festival finishes with Opera in the Park on Thursday the 29<sup>th</sup> of June at 7pm.

### **Community Grants 2023**

The City Council 2023 Community Grants Scheme will open in July. Under the scheme community and voluntary groups may apply for grants for activities which benefit the local community. The grants are online and community staff will be available to support groups make their application. Closing date is the 18<sup>th</sup> of August.

### **Plant Donations**

The final two plant giveaways will take place in Rathgar and Rathmines on:

Friday June 30<sup>th</sup> @ 12 noon, Christ Church Rathgar

Tuesday July 4<sup>th</sup> @ 12 noon, Swan Leisure Centre.

The City Council has supported resident associations and environmental groups with planters, hanging baskets and additional plants to enhance the local area.

### **Drimnagh Biodiversity Plan**

Tidy Drimnagh have completed the Drimnagh Biodiversity Plan and had their official launched last Saturday in Richmond Barracks. Guest speaker on the day was local ecologist Dr. Marian Coll.

### **Involve Autism Group**

Involve Autism is a group of parents of autistic children who came together to campaign for appropriate school placements for their children in the D6 / D6W and surrounding areas. They hold bi-monthly support meetings, social activities for children. The community team has provided funding and other supports towards a summer family fun day.

### **Public Domain**

Bags and equipment delivered: 27.

Collections of filled bags: 62.

City Neighbourhood Competition: judging complete.

Mattress recycling 22<sup>nd</sup> to 26<sup>th</sup> May: 170 collected.

Viking Ship (Baite): Benches replaced.

Weed Control: 1<sup>st</sup> treatment commenced 19<sup>th</sup> June in South East Area.

### **Graffiti Removal June 2023**

- 840m<sup>2</sup> removed.
- Traffic box art: Artists assigned to individual boxes and artwork starting to appear (15 boxes in total for SEA).
- Anti-sticker paint applied to final 17 poles in Temple Bar.

### **Abandoned Bicycles June 2023**

71 abandoned bikes removed.

245 removed year to date.

35 tagged for removal.

### **Joint Policing Committee**

Next meeting to be held 28<sup>th</sup> September.

## Dublin City Sport and Wellbeing Partnership Update

### **2023 – Linking in with National Events & Initiatives**

The primary goal of DCSWP is to provide opportunities for everyone to get involved in sport & physical activity regardless of age, gender or ability. In 2023 DCSWP continues to align the planning and delivery of programmes with national and international events. This strategic approach helps maximise promotion of the service, adds momentum to local programmes and initiatives and ultimately increases reach across communities in Dublin City. Please see below highlight programmes for July 2023.

### **HELL & BACK 2023**

Ireland's largest and toughest obstacle course challenge is back this year. DCSWP will have local youth services to support its youngest and most daring participants Training programmes are being provided across the city and South East Area during the summer for young people in the lead up to the 7km adventure challenge in Kilruddery, Wicklow in August.

### **FUNTROPOLIS**

Dublin City Council's Funtropolis will return to Merrion Square Park on Saturday and Sunday, July 8th & 9th, from 12 pm-6 pm and Mountjoy Square Park on Saturday and Sunday, August 19th & 20th, from 12 pm-6 pm. Learn something new in the Science Zone, or take some time to get Zen in the DCC Sports and Wellbeing Zone, complete with various sports demos DCSWP are delighted to be involved in this free Family Fun day in the heart of the City for more information see link; [Funtropolis - Dublin.ie](https://www.funtropolis-dublin.ie)

All DCSWP highlight programmes will continue to be supported by social media channels and the DCSWP Virtual Hub. See below:

Dublin City Sport & Wellbeing Partnership Virtual Hub: [www.dcwsphub.ie](http://www.dcwsphub.ie)

Email: [sports@dublincity.ie](mailto:sports@dublincity.ie)

Twitter: [Dublin City Sport & Wellbeing Partnership \(@dccsportsrec\)](https://twitter.com/dccsportsrec) / Twitter

Facebook: [Dublin City Sport & Wellbeing Partnership](https://www.facebook.com/DublinCitySportWellbeingPartnership) | Facebook

Instagram: [@dublincitysportandwellbeing](https://www.instagram.com/dublincitysportandwellbeing)

### **South East Area July Highlights**

#### **Youth Fit – Young People at Risk Age 10 - 24 Years**

<b>Name of programme</b>	<b>Youth Fit Swimming</b>
Description of programme activity	Mount Argus Sports Summer Camp Clogher road
Partners	Mount Argus Summer group
Age group	10 - 16 years
Gender	Mixed
Date / time and location	4 - 18 <sup>th</sup> July Mount Argus

<b>Name of programme</b>	<b>Youth Fit Swimming</b>
Description of programme activity	Swimming Programme
Partners	South East Area Youth Services and DCSWP's Get Dublin Swimming Co-funded officer
Age group	10 – 17 years
Gender	Mixed
Date / time and location	Ongoing in Markievicz Swimming Pool every Tuesday from 4pm

<b>Name of programme</b>	<b>Cabbage patch Sports</b>
Description of programme activity	Young people from the area participate - 3 sports.
Age group	13 – 17 years
Gender	Mixed
Date / time and location	Held in Cabbage patch – 11 - 1pm

<b>Name of programme</b>	<b>Sports Day - St. Andrews</b>
Description of programme activity	Sports Day multiple Sporting activities
Age group	10 – 17 years
Gender	Mixed
Date / time and location	Held in Ringsend park – 11 - 2pm 13 <sup>th</sup> July- Young people from St Andrews youth service.

### **Forever Fit – Older Adults age 55+ years**

<b>Name of core programme</b>	<b>Forever Fit – St. Andrew's/Pearse Street</b>
Description of programme activity	Older Adults multi-sport programme
Partners	St. Andrew's and Pearse St. Recreation Centre
Age group	Age 60+ years
Gender	Mixed
Date / time and location	Charles Centre, Sandymount every Wednesday from 2.30pm

<b>Name of core programme:</b>	<b>Forever Fit – Lorcan O'Toole, Crumlin</b>
Description of programme activity	Chair Fit
Partners	Lorcan O'Toole Centre Crumlin / Kimmage
Age group	Age 55+ years
Gender	Mixed
Date / time and location	Lorcan O'Toole Centre every Wednesday from 11am.

<b>Name of Programme</b>	<b>Forever Fit Harold's Cross</b>
Description of programme activity	Chair Fit classes aimed improving mobility and balance for Older Adults
Age group	Age 55 + years
Gender	Mixed
Date / time and location	Harold's Cross Parish Centre every Monday from 11am

<b>Name of core programme</b>	<b>Forever Fit Terenure</b>
Description of programme activity:	Older Adult Dance & Fitness programme aimed at improving mobility and improving fitness levels.
Age group	Age 55+ years (Mixed)
Gender	Mixed
Date / time and location	Evergreen Centre, Terenure every Tuesday at 11am

## Thrive – Adults with mental health difficulties

<b>Name of programme</b>	<b>Mindfulness Programme</b>
Description of programme activity	Yoga programme aimed at adults with mental health difficulties.
Partners	Clonskeagh Day Care Centre
Age group	18 + years
Gender	Mixed
Date / Time and Location	Clonskeagh Day Care Centre every Thursday at 12.30pm

<b>Name of programme</b>	<b>Mindfulness &amp; Exercise Mental Health Programme</b>
Description of programme activity	Yoga programme aimed at adults with mental health difficulties.
Partners	Pearse St. Rehab Centre
Age group	18 + years
Gender	Mixed
Date / Time and Location	Pearse St. Rehab Centre every Monday from 2pm.

## Health Improvement in the Community

<b>Name of programme</b>	<b>D6 Holistic Health</b>
Description of programme activity	Holistic Mental Health & Exercise programme for people experiencing mental health difficulties (referral only)
Partners	HSE Occupational Therapists
Age group	Adults
Gender	Mixed
Date / time and location	Swan Leisure Centre every Thursday from 12 noon.

<b>Name of programme</b>	<b>D4 Tai Chi</b>
Description of programme activity	Older Adult programme aimed at adults aged 55+ years experiencing mental health difficulties.
Partners	HSE Occupational Therapists
Age group	Adults
Gender	Mixed
Date / time and location	Ongoing. In Irishtown & Ringsend Centre every Wednesday from 10.30am

<b>Name of programme</b>	<b>Men On The Move Terenure</b>
Description of programme activity	Nutrition & Mental Health Workshops aimed at men age 55+ years
Partners	HSE Occupational Therapists
Date / time and location	Ongoing in St. Joseph's Parish Hall, Terenure every Tuesday from 7pm and the Evergreen Centre, Terenure every Thursday from 7pm

## **DCSWP South East Area Co-Funded Programmes**

### **Athletics in the Community**

Couch to 3 / 5k and walking programmes continue in the South East area in partnership with Co-funded Athletics Officers. Officers continue to engage with schools in the Daily Mile and Marathon Kids programmes.

### **Boxing in the Community**

The Startbox Aviva tours are ongoing for July. Boxing Development officers will provide both tours and boxing training sessions to the visiting schools from all areas of Dublin City.

### **Cricket in the Community**

- July Schoolyard sessions will take place in Star of the Sea, St Joseph's Terenure, Scoil Catriona NS and City Quay NS.
- The DCSWP Cricket Development Officer continues to deliver and support citywide inclusive programmes and engage with local schools (St. Matthews NS, Star of the Sea) in softball cricket sessions every Thursday from 11am.
- U 15 Team Training sessions continues every Friday from 3.30pm in Merrion Cricket Club (mixed).

### **Football in the Community**

The Football Officer in the South East Area continues to deliver the following programmes;

- PDP1 UEFA Refugee Course every Wednesday and Saturday in Irishtown stadium (16+ years, mixed)
- PDP 1 Introductory Coaching Course every Wednesday and Saturday in Irishtown stadium (16 + years, mixed)
- PDP 1 Introductory Coaching Course every Thursday in CBS, Westland Row aimed at Transition year students (mixed)
- School sessions will take place in St. Christopher's National school every Friday and St. Matthew's NS every Tuesday over the next period.
- The Youth Mentoring project is aimed at teenagers age 15-18 years (mixed) and is a partnership project between DCC / DCSWP / Google and local South East area clubs / groups. The programme will be delivered on an ongoing basis in 2023.
- The Kick Start to Recovery Football programme supports people age 16+ years in the local area who are recovering from addiction. The programme is delivered every Wednesday in Irishtown on an ongoing basis.

### **Rowing in the Community**

Rowing sessions for St Michael's House clients in partnership with The Rowing Centre Islandbridge will take place in July 6<sup>th</sup>.

### **Rugby in the Community**

Tag rugby in-school sessions continue in the following South East area primary and secondary schools:

- Sandford Park (Mixed)
- Scoil Chaitriona (Mixed)
- The Teresians (Female)
- St. Conleth's (Mixed)
- St. Matthew's NS (Mixed)
- Star of the Sea (Male)
- Rugby Development programme continues in Marion College every
- Coaching programmes aimed at Club Development

## Swimming in the Community

DCC / DCSWP appointed a Co-funded Swimming Ireland Development Officer in 2022 to increase opportunities for everyone in our communities to get involved with swimming and enjoy the benefits of water based physical activities. Work around maximising the use of indoor and open water facilities continues along with plans to increase lifeguarding training.

### Training for 2023

- Safeguarding 1,2 & 3
- Health & Safety (administrative & DCC Sports & Fitness Centres)
- First Aid Training
- PHECC Training
- Disability & Inclusion in Sport training programmes delivered in partnership with CARA.

### Contact Details:

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### Karl Mitchell

Director of Services, Central and South East

Dated: 5<sup>th</sup> July 2023