

Date: 26th April 2023

**To: The chairperson and members of
North Central Area Committee**

Meeting: 15th May 2023

**DONAGHMEDE LEA & CLONTARF LEA - COMMUNITY DEVELOPMENT TEAM
UPDATE FOR THE
MAY MEETING OF THE NORTH CENTRAL AREA COMMITTEE**

Memory Movers Pilot

The first of a six-week memory, movement & mental health programme called the “Memory Movers” pilot programme, started on Friday 14th of April. This programme is a six-week programme for individuals experiencing memory difficulties or for families who are caring for someone who has memory difficulties. It is delivered by North Dublin Mental Health Services for Older Persons Team (MHSOP) and the Dublin City Sport and Wellbeing Partnership in conjunction with Dublin City Council. The programme is being delivered in St. Paul’s Youth Centre, Gracefield Road, Artane.

The main aim of the programme is to support mental health and well-being using cognitive stimulating exercises, physical health exercises and providing mental health information and exercises that can be used on a daily basis.

Places were limited and this programme is now full.

Community Support Fund

The Department of Rural and Community Development (DRCD), through the Dublin City Local Community Development Committee (LCDC) and Dublin City Council, is funding a **Community Support Fund (CSF)**.

A total of €576,625 is available under this fund. Of the €576,625, the DRCD has allocated €5,643 which is ring-fenced funding for operating costs in “Women’s Sheds” under the Dublin City CSF. The ring fenced funding for Women’s Sheds is current in nature i.e. fund should be used to help with operating/running costs such as electricity costs, refuse charges, heating charges, rental/lease costs, insurance bills.

Applications to this fund **closed** on Friday the 31st of March at 5.00pm.

The Community Development team promoted the fund to groups in the Clontarf & Donaghmede LEA’s. A number of groups received assistance in making applications.

Dublin Clean Up 2023.

This year's Dublin Clean Up took place on Saturday the 15th of April. The heavy rain didn't stop residents from the Clontarf & Donaghmede LEA's taking part in this year's event. Great work and commitment was put in by all to keep their areas looking beautiful. The Community Development team were out and about on the day supporting the groups.



Grange Woodbine Residents Association



Limewood Residents Association.

Easter Bonnet Competition.

The Community Development Team were asked to help judge this year's "Ayrfield Circle of Friends Easter Bonnet Competition" which was held on 6th of April. The entrants produced colourful and creative Easter bonnets and we were blown away with the skill and the hard work that went into creating them.



Sheila Duffy
Senior Community Officer