

Date: 28<sup>th</sup> February 2023

**To: The chairperson and members of  
North Central Area Committee**

Meeting: 20<sup>th</sup> March 2023

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**DONAGHMEDE LEA & CLONTARF LEA - COMMUNITY DEVELOPMENT TEAM  
UPDATE FOR THE  
MARCH MEETING OF THE NORTH CENTRAL AREA COMMITTEE**

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### **The Cupán Tae Memory Café**

The Community Development team met with representatives from “The Cupán Tae Memory Café” to explore how we can support them develop a Memory Movers Programme. The programme would be composed of three parts i.e. fun brain exercise, movement and mental health. A meeting with our colleagues from the Sports & Wellbeing section is scheduled for March to see how we can progress this initiative. The Café is held on the second Wednesday of every month between 2pm-4pm in Naomh Barróg Club House and is open to people living with dementia and memory difficulties together with their family and friends. The café includes time for chatting with other attendees and a short talk by a guest speaker.

### **New Environmental Project**

The Community Development team met with Parks personnel, Artane Coolock Family Resource Centre and members from a new environmental group in February to discuss the green open space facing the Family Resource Centre on McAuley Road, Artane. Parks gave permissions for the group to put in bedding plants at this location on the condition they are maintained by the group. The group were provided with environmental equipment to complete this work.



### **Illegal dumping at the Grange Park side of Kilbarrack Dart Station.**

The Community Development team linked local residents with the ELO for the North Central Area to explore how the illegal dumping at the Grange Park side of Kilbarrack Dart Station can be alleviated. The Community Development team submitted a list of requests arising from the meeting to Irish Rail which will be reported back to the group.

### **Age Friendly**

The Community Development team are assisting Mary Lynch from our Community & Social Development Age Friendly Unit with asset mapping of senior community groups and facilities in the Clontarf & Donaghmede LEA's. Mary is introducing the groups to DCC's Age Friendly Programme and will support projects where possible. Mary has met with the Fairview/Marino "Tuesday" Club & St. Brigid's Senior Group, Howth Road so far and hopes to visit more groups in the coming months.



### **Proposed Sensory Garden for Griffith Court**

We have been approached by Gheel Autism Services, Fairview to look at creating a community sensory garden in Griffith Court. Gheel Services were awarded a grant from the Minister of State, Anne Rabbitte for a Sensory Garden in Griffith Court. They hope to set up a "Sensory Garden Action Group" and will link with Parks personnel and representatives from Griffith Court Residents Association.

### **International Women's Day**

Cormac Moore, Historian-in-Residence for the NCA and Pat Murphy, Adventurer/Historian will deliver talks to groups in March to mark International Women's Day which is on 8<sup>th</sup> of March this year.

Sheila Duffy

**Senior Staff Officer, Community Development.**