

SOUTH CENTRAL AREA COMMITTEE

DUBLIN CITY SPORT & WELLBEING PARTNERSHIP REPORT

NOVEMBER 2022

.DCSWP STRIDE Strategy Update

New strategy to align with the City Development Plan & National Sports Policy
Final Draft to feature two separate but inter-related documents:

- Sports Infrastructure Strategy
- Sports Provision & Programming Strategy (including review of DCSWP)

Purpose

- A common vision for improving sport and recreation provision and participation across Dublin City
- The actions that must be taken to achieve this vision
- The role Dublin City Council and other organisations will play

Factors to be Considered

- A diverse & growing population
- Changing landscapes, lifestyles and societal behaviours
- Economic benefits & financial sustainability
- Environmental sustainability
- Health benefits of physical activity - particularly for specific populations
- Accessibility to sport and physical activity for all
- Expanding success measurement & indicators

Timeframe

- Tender for Consultant to be published on e-tenders by end of September
- Strategy team to be in place by Q1 2023
- Strategy completion date November 2023
- Expected budget of €125k

New Dublin City Sport & Wellbeing Partnership Officer Appointments

Swimming Ireland Co-funded Officer

Gearoid Fallon has recently been appointed as the new Co-funded Get Dublin City Swimming Officer (a partnership between DCC /DCSWP and Swim Ireland) Gearoid will be working across the Dublin City Council areas .

The primary reason for this appointment is to coordinate the implementation and delivery of an integrated swimming programme with a view to linking in with and developing interest amongst people from non- traditional swimming backgrounds

Swim Ireland currently implements programmes designed to increase participation in schools, communities and hard to reach cohorts - thereby providing sustainable and long-reaching pathways to swimming for everyone in our communities. While DCSWP Officers have always facilitated swimming programmes in communities, the appointment of Gearoid means there will be a more strategic focus on highlighting the benefits of swimming and delivering specific programmes. Management in DCSWP will also be working closely with Gearoid to establish a work programme and potential for new initiatives which can link in with Dublin City Council swimming facilities.

Athletics in the Community Co-Funded Officer

Following the resignation of Gerard O'Donnell, Conor Wilson, Athletics Ireland, will take up service as DCSWP's Co-funded Athletics Officer and will focus on communities, schools, groups and clubs in the South side of the city. Colette Quinn will continue to focus on target groups in North side communities. Athletics Officers will work together alongside DCSWP Sport Officers on citywide projects such as schools cross country and other wider initiatives.

Football in the Community Co-Funded Officer

Following the transfer of Clare Conlon, SCA FAI Development Office Glen Kelly will take up position as a Football Development Officer for the SCA in the Crumlin/Drimnagh area.

Active Cities Officer/Active Cities Update

As previously reported the Active Cities logo and brand identity has been developed and is now being represented in all DCC/DCSWP communication. The recruitment process for a dedicated Active Cities Officer has concluded and Carmel O'Callaghan has been appointed as the local lead for Dublin City. Carmel will work in collaboration with the National Active Cities Lead Officer and her newly appointed equivalents in DLR, SDCC & Fingal to deliver on key objectives. The work of the Active Cities Officers will be guided and directed by Mary

Corry, the National Lead for Active Cities. Active Cities is about all stakeholders, who directly and indirectly impact on physical activity, collectively driving change through collaboration, partnership, and planning. Aside from external stakeholders, there will also be an internal focus that will see a concerted effort to foster stronger relationships and more collaborative thinking between Departments and Sections in Dublin City Council whose remit touches upon sport and/or recreational physical activity. This may be in terms of facilities, infrastructure or programme provision.

The key themes and objectives of Active Cities very much align with those expected to emerge from the development of an overarching Sports Plan for Dublin City. The Plan is provisionally set to cover a five year period from 2023 - 2028 and is currently at tender stage as it will be consultant led. The concept is based on the World Health Organisation's Global Action Plan on Physical Activity (GAPPA) Framework, which focuses on increasing physical activity amongst those who are least active in society. Active Cities prioritises physical activity and sport for all and is underpinned by four key pillars - Active Systems, Active Environments, Active Societies, and Active People. €3.4million has been invested in the campaign which was officially launched on 6th November 2022 by Sport Ireland.

Facebook: <https://fb.watch/gEJtqW8lnW/>

Instagram: <https://www.instagram.com/p/CkqHoPZq5ji/?igshid=YmMyMTA2M2Y=>

Governance in Sport Code:

The Sport Ireland Governance Code for Sport is a code of practice for good governance of sport organisations in Ireland. It covers all National Governing Bodies and Local Sports Partnerships throughout the country. The Code is structured by 5 guiding principles, each of which has 3 sub-principles. Within these lie a total of 75 recommended practices that act as a checklist to ensure organisations have a comprehensive and robust system of governance in place. It covers areas such as strategy development, procedures & policies, financial operations, performance indicators, reporting, ethics, transparency, communications, health & safety and effective Board functionality.

DCSWP continues on the journey towards adopting the Code and DCSWP hopes to be in a position to publically declare compliance in the next 6-12 months.

DCSWP Virtual Hub

The Dublin City Sport & Wellbeing Partnership Virtual Hub is now live and can be accessed by clicking on the link below:

<https://www.dcswpclub.ie/>

DCSWP programmes and events aim to provide opportunities for everyone, regardless of age, gender, ability or background to partake in sport and physical activity. The Virtual Hub was imagined and designed to further support DCSWP's strategic goals and will be an invaluable resource for communities, clubs, groups and schools in Dublin city in tandem with the ongoing physical delivery of programmes and initiatives. The Hub also provides information on major new initiatives such as the DCC Active Cities Project.

Kellie Harrington & Ellen Keane continue as official Sports Ambassadors for DCC.

Online/Social Media Supports:

- Twitter: [@dccsportsrec](https://twitter.com/dccsportsrec)
- Facebook: [DublinCitySportandWellbeing](https://www.facebook.com/DublinCitySportandWellbeing)
- Instagram: [@dublincitysportandwellbeing](https://www.instagram.com/dublincitysportandwellbeing)
- Dublin City Sport & Wellbeing Partnership Virtual Hub: www.dcswpclub.ie (see above)
- DCC Corporate Website: Dublin City Council: www.dublincity.ie/residential/sports-and-leisure/dublin-city-sport-wellbeing-partnership

Marathon Kids 2022

The Marathon Kids programme commenced in 2019 when Dublin City Sport & Wellbeing Partnership teamed up with Athletics Ireland, South Dublin County LSP & Fingal County Council LSP to deliver an eight week programme in schools across the Dublin region.

. Marathon Kids 2021 is just one example of how programmes can keep going and thrive even in the most adverse of circumstance. In previous years the programme was targeted at

5th and 6th class level but in 2021 it was expanded to include children in 4th class, thereby extending the reach and teaching more young people about the huge benefits of regular exercise in their lives.

In 2022 Marathon Kids will commenced on 12th September and conclude following the Halloween break in November. The date of the finale where all schools come together to complete their final mile is TBC but is planned for early December. Location also remains TBC.

Linking in with National and International events

DCSWP endeavours to link in with major national and international sport, health and physical activity events in order to maximise promotion of the service and expand participant reach. Programmes and initiatives will run in tandem with national and international events across communities and will be promoted across all social media platforms.

Date	Initiative/Programme Name
December 2022 (week 1 Date TBC)	Marathon Kids Finale (see above)
19th November	Men's International Health Day
3rd December	International Day of Persons With Disabilities
5th December	International Volunteer Day
18th December	International Migrants Day

Sport For Young People Club Small Grant Scheme

Following on from administering the Return To Physical Activity Grant, the Sport For Young People Small Grant Scheme was advertised on 29th June 2022 with clubs afforded three weeks to submit their application. 150 applications were received and clubs with successful applications have now been notified (including clubs from the SCA). The grant scheme is targeted at young people age 4-21 years and provides funding support for clubs in communities for the following,

- Purchase of equipment
- Administrative costs
- Training and coaching courses

Social media platforms and supports:

- Dublin City Sport & Wellbeing Partnership Virtual Hub: www.dcwspub.ie
- Email: sports@dublincity.ie
- Twitter: [@dccsportsrec](https://twitter.com/dccsportsrec)
- Facebook: [DublinCitySportandWellbeing](https://www.facebook.com/DublinCitySportandWellbeing)

➤ Instagram: [@dublincitysportandwellbeing](https://www.instagram.com/dublincitysportandwellbeing)

SCA Highlight Events November 2022

Youths at Risk - age 10-24 years

Aimed at providing viable opportunities for young people in the SCA to stay active and in doing so mitigate anti-social behaviour. All programmes are delivered in partnership with local groups and Youth Services.

Name of core programme:	Junior Park Run
Description of programme activity e.g.:	Cherry Orchard Park Junior Park Run Support programme
Partners (If any):	Familiabase (Youth Services)
Age group:	Under 16s
Gender:	Mixed
Date/time and location:	Ongoing every Sunday from 9:30am
Estimated Number of Programme Participants per session:	50

Name of core programme:	Youth At Risk/ Youth Fit High Board Diving
Description of programme activity:	High Board Diving Programme
Partners (If any):	Ballyfermot Youth Services/COYI (Chapelizod/Cherry Orchard Youth Services)
Age group:	10-17 years
Gender:	Mixed
Date/time and location:	Various
Programme Start Date:	October and November 2022. Details TBC

Name of core programme:	Youth At Risk Gaisce
Description of programme activity e.g.: Tag Rugby, Chair Aerobics etc.	GAISCE President Awards Programme – Kylemore CTC. Young people have signed up to the bronze Gaisce award challenge Local DCSWP Sport Officer will conduct

	monthly check ins with the group and offer any necessary support.
Partners (If any):	Kylemore CTC
Age group:	15 to 22 Years
Gender:	Mixed
Date/time and location:	Ongoing in various locations
Estimated Number of Programme Participants <u>per session</u>:	6

Name of core programme:	Youth Fit
Description of programme activity e.g.: Tag Rugby, Chair Aerobics etc.	Youth Box fit
Partners (If any):	FGU
Age group:	6 to 12yrs
Gender:	Mixed
Date/time and location:	Ongoing. Tuesday and Thursdays at 4pm in the F2 centre

Name of core programme:	Youth Fit/Box Fit
Description of programme activity e.g.: Tag Rugby, Chair Aerobics etc.	Youth Box fit
Partners (If any):	FGU
Age group:	6 to 12yrs
Gender:	Mixed
Date/time and location:	Ongoing. Tuesday and Thursdays at 4pm in the F2 centre

Name of core programme:	Youth Fit Learn To Swim
Description of programme activity e.g.: Tag Rugby, Chair Aerobics etc.	Learn to swim
Partners (If any):	FGU and dolphins barn
Age group:	U12
Gender:	Male
Date/time and location:	Ongoing. Thursdays from 4 to 5 in Markievicz pool

Women in Sport

Name of core programme:	Female Diving Programme
Description of programme activity:	Delivered in partnership with Sailing Ireland and Ballyfermot Youth Services
Partners (If any):	See above
Age group:	16+ years
Gender:	Female
Date/Time and location:	Ongoing

Sport Inclusion & Integration

Name of core programme:	Sports Ability – Young People With Autism
Description of programme activity:	Delivered in partnership with Sailing Ireland and Ballyfermot Youth Services
Partners (If any):	Warrenmount Primary School, D8
Age group:	6-8 years
Gender:	Mixed
Date/Time and location:	Ongoing. Thursdays 12 – 2pm

Older Adults – Age 55+ years

Name of core programme:	Forever Fit
Description of programme activity:	Older Adult Bowling programme
Partners (If any):	N/A
Age group:	55+ years
Gender:	Mixed
Date/time and location:	Ongoing. St. Catherine's Sports & Fitness Centre, Thursdays from 2-4pm.

South Central Area Co-Funded Programmes

Health Promotion in the Community

➤ Men on the Move

- The Men on the Move health and wellbeing programme takes place every Wednesday from 10am in the Rialto F2 Centre and Lionsville Hostel, Chapelizod every Wednesday from 11am. The programme is delivered in partnership with the HSE and is targeted at adult males. The initiative provides exercise classes as well as nutrition and mental health workshops.
- The Fatima Fit Chair Aerobic Programme continues over the next period in the F2 Centre, Rialto every Thursday from 12 noon aimed at older adults age 55+ years. The programme is delivered in partnership with the HSE and Fatima Groups United.

- The Fatima Holistic Health pilates programme aimed at underactive adults in the area continues every Wednesday from 10.30am in the F2 Centre, Rialto over the next period.

DCSW South Central Area Co-Funded Programmes

Athletics, Boxing, Cricket, Football and Rowing Officers continue to engage with schools clubs, community groups and programmes in the SCA related to the Youth At Risk core DCSWP programme and our inclusive and integration initiatives, older adults etc eg: FAI grassroots programmes, school engagement and club support, Cricket Schoolyard programmes, indoor Get Going Get Rowing, rugby school engagement and inter-school blitzes at primary and secondary level (mixed) and delivery of the IABA Startbox Bronze, Silver and Gold school programmes.

A full report will follow on co-funded activities in December or any queries on programmes can be sent directly to dee.oboyle@dublincity.ie

Training Update (Ongoing)

- Safeguarding Training continues for Inchicore AFC, Belgrave AFC and Cherry Orchard Boxing Club
- Cycle Leader Tutor Training continues for DCSWP Sport Officers
- Disability & Inclusion and Autism in Sport training programmes continue to be delivered in partnership with CARA.

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