

**The Chairman and Members of
North West Area Committee.**

Meeting: 18th October 2022

Item No: 15

Dublin City Sports & Wellbeing Partnership Report.

The Dublin City Sport & Wellbeing Partnership Virtual Hub is now live and can be accessed by clicking on the link below:

<https://www.dcswphub.ie/>

Active Cities

The Active Cities logo and brand identity has been developed and is now being represented in all DCC/DCSWP communication. The recruitment process for a dedicated Active Cities Officer has concluded and Carmel O'Callaghan has been appointed as the local lead for Dublin City. Carmel will work in collaboration with the National Active Cities Lead Officer. Further information will be provided in upcoming reports.

DCSWP Swimming Ireland Co-funded Officer

Gearoid Fallon has recently been appointed as the new Co- funded Get Dublin City Swimming Officer (a partnership between DCC /DCSWP and Swim Ireland) Gearoid will be working across the Dublin City Council areas and updates on programmes for the North West area will be provided in upcoming reports.

DCSWP Athletics Officer

Following the resignation of Gerard O'Donnell, Conor Wilson, Athletics Ireland, will take up service as DCSWP's Co-funded Athletics Officer and will focus on communities, schools, groups and clubs in the South side of the city. Colette Quinn will continue to focus on target groups in North side communities (including the NWA).

Sport For Young People Club Small Grant Scheme

Following on from administering the Return To Physical Activity Grant, the Sport For Young People Small Grant Scheme was advertised on 29th June 2022 with clubs afforded three weeks to submit their application. 150 applications have been received and are currently being assessed and processed by DCSWP. The grant scheme is targeted at young people age 4-21 years and provides funding support for clubs in communities for the following:

- Purchase of equipment
- Administrative costs
- Training and coaching courses

Marathon Kids 2022

Marathon Kids 2021 is just one example of how programmes can keep going and thrive even in the most adverse of circumstance. In previous years the programme was targeted at 5th and 6th class level but in 2021 it was expanded to include children in 4th class, thereby

extending the reach and teaching more young people about the huge benefits of regular exercise in their lives.

In 2022 Marathon Kids commenced on 12th September and will conclude following the Halloween break in November. The following North West area schools are currently participating in the 2022 programme.

- Sacred Heart Boys NS
- St. Canice's GNS
- Gaelscoil Uí Earcain
- Mother of Divine Grace

Linking with National and International Events

Over the next few weeks DCSWP will be linking on with the following major events. Programmes and initiatives in the North West Area will run in tandem with national and international events across communities where possible and programmes will be promoted across all social media platforms.

Date	Initiative/Programme Name	Lead organisation
Sep - Nov 22	Marathon Kids (see information above)	Marathon Kids/ Local Authorities/Local Schools
11th- 17th Oct	Fit For All Week	CARA
8th November	Social Inclusion Week (DCC Inclusion & Integration Week)	DCC social inclusion Unit
10th October	World Mental Health Day	DCSWP
19th November	Men's International Health Day	
3rd December	International Day of Persons With Disabilities	
5th December	International Volunteer Day	
18th December	International Migrants Day	

Social media platforms and supports:

- Dublin City Sport & Wellbeing Partnership Virtual Hub: www.dcwspub.ie
- Email: sports@dublincity.ie
- Twitter: [@dccsportsrec](https://twitter.com/dccsportsrec)
- Facebook: [DublinCitySportandWellbeing](https://www.facebook.com/DublinCitySportandWellbeing)
- Instagram: [@dublincitysportandwellbeing](https://www.instagram.com/dublincitysportandwellbeing)

North West Area Programme Highlights

Please note these are highlights of ongoing programmes and initiatives in the NWA. Further information can be provided by contacting the DCSWP admin team or local sport and co-funded officers.

Name of core programme:	Get Dublin Walking
Description of programme activity:	Walking programme aimed at underactive adults
Age group:	Adults
Gender:	Mixed

Date/time and location:	Ongoing Every Thursday from 10.30am in Poppintree Park
Estimated Number of Programme Participants per session:	10

Name of core programme:	Couch To Parkrun
Description of programme activity:	Eight-week programme supporting underactive adults to build fitness levels and complete a 5k parkrun at conclusion of the programme. This programme also supports sustainable pathways to health and fitness.
Partners:	Athletic Ireland Co-Funded Officers
Age group:	Adults
Gender:	Mixed
Date/time and location:	Ongoing Every Wednesday from 11.30am in Johnstown Park, Finglas East
Estimated Number of Programme Participants per session:	15-20

Older Adults (Age 55 years +)

Name of core programme:	Senior Citizens Yoga Classes
Description of programme activity:	Yoga Programme to improve movement, flexibility and mobility
Age group:	Adults age 55+ years
Gender:	Mixed
Date/time and location:	Ongoing every Monday from 1pm in Poppintree Youth & Fitness Centre.
Estimated Number of Programme Participants per session:	10-15

Youth At Risk - 10-21 years

Aimed at providing viable opportunities for young people in the NWA to stay active and thereby mitigate anti-social behaviour. All programmes are delivered in partnership with local NWA groups and Youth Services.

Description of programme activity:	Lifeguarding Qualification Programme - swimming and lifeguarding classes
Age group:	15-17 years
Gender:	Mixed
Partners (if any):	Poppintree Youth & Fitness Centre and Trinity Comprehensive, Ballymun
Date/time and location:	Time and Date remains TBC. Location: Coolock Pool
Estimated Number of Programme Participants per session:	10-15

Description of programme activity:	Teen Basketball
Age group:	13-17 years

Gender:	Mixed
Partners (If Any):	Trinity Comprehensive, Ballymun
Date/time and location:	Ongoing every Sunday from 11am-1pm in Poppintree Sports & Fitness Centre
Estimated Number of Programme Participants per session:	40

Women in Sport

Description of programme activity:	Powerlifting Programme
Age group:	15-17 years
Gender:	Females 18+ years
Partners (If any):	
Date/time and location:	Ongoing. Every Thursday from 5pm in Poppintree Sports & Fitness Centre
Estimated Number of Programme Participants per session:	10-15

North West Co-Funded Programmes

Athletics/Boxing/Cricket/Rowing/Rugby/Swimming

DCSWP recently had its flagship annual event, Dublin Sportsfest and review and planning days in early October.

Updates on activities will be provided in the November report. In the coming months details will also be provided on the new DCSWP Virtual Hub.

Any specific queries can be sent to Dee O'Boyle at dee.oboyle@dublincity.ie

Co-Funded Officers continue to work closely with DCSWP Sport Officers on multi-sport initiatives, programmes aimed at all target groups in the area and one-off events. These include citywide sport ability and inclusive initiatives.

Training:

- Online Safeguarding Training to support compliance in local clubs and organisations Safeguarding 1, 2 & 3 continues to be delivered on an on-demand basis.
- Disability & Inclusion and Autism in Sport training programmes in partnership with CARA.
- Cycle Tutor Training (For DCSWP Officers)
- First Aid/PHECC (pre-hospital emergency care training for adults in the community).

CONTACT DETAILS:

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