

SOUTH CENTRAL AREA COMMITTEE

DUBLIN CITY SPORT & WELLBEING PARTNERSHIP REPORT

OCTOBER 2022

.As previously reported the Dublin City Sport & Wellbeing Partnership Virtual Hub is now live and can be accessed by clicking on the link below:

<https://www.dcswhub.ie/>

Active Cities

As previously reported the Active Cities logo and brand identity has been developed and is now being represented in all DCC/DCSWP communication. The recruitment process for a dedicated Active Cities Officer has concluded and Carmel O'Callaghan has been appointed as the local lead for Dublin City. Carmel will work in collaboration with the National Active Cities Lead Officer. Further information will be provided in upcoming reports.

DCSWP Swimming Ireland Co-funded Officer

Gearoid Fallon has recently been appointed as the new Co- funded Get Dublin City Swimming Officer (a partnership between DCC /DCSWP and Swim Ireland) Gearoid will be working across the Dublin City Council areas and updates on programmes for the South Central area will be provided in upcoming reports.

DCSWP Athletics Officer

Following the resignation of Gerard O'Donnell, Conor Wilson, Athletics Ireland, will take up service as DCSWP's Co-funded Athletics Officer and will focus on communities, schools, groups and clubs in the south side of the city. Colette Quinn will continue to focus on target groups in North side communities.

Sport For Young People Club Small Grant Scheme

Following on from administering the Return To Physical Activity Grant, the Sport For Young People Small Grant Scheme was advertised on 29th June 2022 with clubs afforded three weeks to submit their application. 150 applications have been received and are currently being assessed and processed by DCSWP. The grant scheme is targeted at young people age 4-21 years and provides funding support for clubs in communities for the following,

- Purchase of equipment
- Administrative costs
- Training and coaching courses

Marathon Kids 2022

The Marathon Kids programme commenced in 2019 when Dublin City Sport & Wellbeing Partnership teamed up with Athletics Ireland, South Dublin County LSP & Fingal County Council LSP to deliver an eight week programme in schools across the Dublin region including schools from the Central area.

In its inaugural year Marathon Kids participants came together after eight weeks of hard work and determination to cross the finish line in Morton Stadium and celebrate completing their final mile in style. While Covid-19 posed a serious challenge for the planning and executing of such major initiatives in November 2021 over 3,200 primary school students from the Dublin City area went out into parks, school-yards and pitches to see the challenge through. Marathon Kids 2021 is just one example of how programmes can keep going and thrive even in the most adverse of circumstance. In previous years the programme was targeted at 5th and 6th class level but in 2021 it was expanded to include children in 4th class, thereby extending the reach and teaching more young people about the huge benefits of regular exercise in their lives.

In 2022 Marathon Kids will commence on 12th September and conclude following the Halloween break in November.

Schools participating include those from the South Central area.

Social media platforms and supports:

- Dublin City Sport & Wellbeing Partnership Virtual Hub: www.dcwspub.ie
- Email: sports@dublincity.ie
- Twitter: [@dccsportsrec](https://twitter.com/dccsportsrec)
- Facebook: [DublinCitySportandWellbeing](https://www.facebook.com/DublinCitySportandWellbeing)
- Instagram: [@dublincitysportandwellbeing](https://www.instagram.com/dublincitysportandwellbeing)

SCA Highlight Events October 2022

Youths at Risk - age 10-24 years - Aimed at providing viable opportunities for young people in the SCA to stay active and in doing so mitigate anti-social behaviour. All programmes are delivered in partnership with local groups and Youth Services.

Name of core programme:	Halloween Youth Programmes 2022
Description of programme activity:	The Cherry Orchard and Ballyfermot Halloween Festival 2022
Partners (If any):	Familibase/Local DCC Area Office
Age group:	7 - 18 years
Gender:	Mixed

Date/time and location:	Various
Estimated Number of Programme Participants	300
Programme Start Date:	From 31 st October. Full week of activities

Name of core programme:	Junior Park Run
Description of programme activity e.g.:	Cherry Orchard Park Junior Park Run Support programme
Partners (If any):	Familiabase (Youth Services)
Age group:	Under 16s
Gender:	Mixed
Date/time and location:	Ongoing every Sunday from 9:30am
Estimated Number of Programme Participants per session:	50

Name of core programme:	Youth At Risk/ Youth Fit High Board Diving
Description of programme activity:	High Board Diving Programme
Partners (If any):	Ballyfermot Youth Services/COYI (Chapelizod/Cherry Orchard Youth Services)
Age group:	10-17 years
Gender:	Mixed
Date/time and location:	Various
Programme Start Date:	October November 2022. Details TBC

Name of core programme:	Youth At Risk Gaisce
Description of programme activity e.g.: Tag Rugby, Chair Aerobics etc.	GAISCE President Awards Programme – Kylemore CTC. Young people have signed up to the bronze Gaisce award challenge Local DCSWP Sport Officer will conduct monthly check ins with the group and offer any necessary support.
Partners (If any):	Kylemore CTC

Age group:	15 to 22 Years
Gender:	Mixed
Date/time and location:	Ongoing in various locations
Estimated Number of Programme Participants <u>per session</u>:	6

Name of core programme:	Youth Fit
Description of programme activity e.g.: Tag Rugby, Chair Aerobics etc.	Youth Box fit
Partners (If any):	FGU
Age group:	6 to 12yrs
Gender:	Mixed
Date/time and location:	Ongoing. Tuesday and Thursdays at 4pm in the F2 centre

Name of core programme:	Youth Fit/Box Fit
Description of programme activity e.g.: Tag Rugby, Chair Aerobics etc.	Youth Box fit
Partners (If any):	FGU
Age group:	6 to 12yrs
Gender:	Mixed
Date/time and location:	Ongoing. Tuesday and Thursdays at 4pm in the F2 centre

Name of core programme:	Youth Fit Learn To Swim
Description of programme activity e.g.: Tag Rugby, Chair Aerobics etc.	Learn to swim
Partners (If any):	FGU and dolphins barn
Age group:	U12
Gender:	Male
Date/time and location:	Ongoing. Thursdays from 4 to 5 in Markievicz pool

Women in Sport Initiatives – A key target group for DCC/DCSWP

Name of core programme:	Female Diving Programme
Description of programme activity:	Delivered in partnership with Sailing Ireland and Ballyfermot Youth Services
Partners (If any):	Cherry Orchard Boxing club
Age group:	16+ years
Gender:	Female
Date/Time and location:	Ongoing

Sport Inclusion & Integration

Name of core programme:	Sports Ability – Young People With Autism
Description of programme activity:	Delivered in partnership with Sailing Ireland and Ballyfermot Youth Services
Partners (if any):	Warrenmount Primary School, D8
Age group:	6-8 years
Gender:	Mixed
Date/Time and location:	Ongoing. Thursdays 12 – 2pm

Older Adults – Age 55+ years

Name of core programme:	Forever Fit
Description of programme activity:	Older Adult Bowling programme
Partners (if any):	N/A
Age group:	55+ years
Gender:	Mixed
Date/time and location:	Ongoing. St. Catherine's Sports & Fitness Centre, Thursdays from 2-4pm.

South Central Area Co-Funded Programmes

Health Promotion in the Community

➤ Men on the Move

The Men on the Move health and wellbeing programme takes place every Wednesday from 10am in the Rialto F2 Centre and Lionsville Hostel, Chapelizod every Wednesday from 11am. The programme is delivered in partnership with the HSE and is targeted at adult males. The initiative provides exercise classes as well as nutrition and mental health workshops

➤ Inchicore Community Health Fair

The DCSWP Health Fair (delivered in partnership with the HSE) will provide health checks for adults (18 + years) in the South Central Area including BMI assessments, blood pressure checks and physical activity advice. The Fair will take place in Richmond Barracks on Thursday 20th October from 10.30am.

Athletics/ Boxing/ Cricket/ Football/ Rowing/Rugby & Swimming

DCSWP recently had its flagship annual event, Dublin Sportsfest and review and planning days in early October – full programme details will be provided in the November report. In the coming months details will also be provided on the new DCSWP Virtual Hub.

Any specific queries can be sent to Dee O'Boyle at dee.oboyle@dublincity.ie

Co-Funded Officers continue to work closely with DCSWP Sport Officers on multi-sport initiatives, programmes aimed at all target groups in the SCA and one-off events. These include citywide sport ability and inclusive initiatives.

Training Update (Ongoing)

- Safeguarding Training continues for Inchicore AFC, Belgrave AFC and Cherry Orchard Boxing Club
- Cycle Leader Tutor Training continues for DCSWP Sport Officers
- Disability & Inclusion and Autism in Sport training programmes continue to be delivered in partnership with CARA.

CONTACT DETAILS:

Aideen O'Connor	Programmes & Services Manager, DCSWP	aideen.oconnor@dublincity.ie
Colin Sharkey	Office Manager, DCSWP	colin.sharkey@dublincity.ie
Catherine Flood	Sport Officer, DCSWP	Catherine.flood@dublincity.ie
Sharon Kelly	Sport Officer, DCSWP	Sharon.kelly@dublincity.ie
Igor Khmil	Sport Officer, DCSWP	Igor.khmil@dublincity.ie
Will Morris	Sport Officer, DCSWP	William.morris@dublincity.ie
David Phelan	Health Promotion & Improvement Officer	David.phelan6@mail.dcu.ie
Colette Quinn	Development Officer, Athletics	colettequinn@athleticsireland.ie
Gerard O'Donnell	Development Officer, Athletics	gerardodonnell@athleticsireland.ie
Marc Kenny	Development Officer, F.A.I.	Marc.kenny@dublincity.ie
Jonathon Tormey	Development Officer, F.A.I.	Jonathon.tormey@fai.ie
David Rake	Development Officer	David.rake@fai.ie
Clare Conlon	Women's Development Officer, FAI	clare.conlon@fai.ie
Gareth Murray	Development Officer, Rugby	Gareth.murray@leinsterrugby.ie
Fintan Mc Allister	Development Officer, Cricket	Fintan.mcallister@cricketleinster.ie

Ed Griffin	Development Officer, Boxing	shandygriffin@hotmail.com
Aoife Byrne	Development Officer, Rowing	Aoife.byrne@getgoinggetrowing.ie

REPORT BY:

Dee O'Boyle

Dublin City Sport & Wellbeing

dee.oboyle@dublincity.ie