

SOUTH CENTRAL AREA COMMITTEE

DUBLIN CITY SPORT & WELLBEING PARTNERSHIP REPORT

SEPTEMBER 2022

As previously reported the Dublin City Sport & Wellbeing Partnership Virtual Hub is now live and can be accessed by clicking on the link below:

<https://www.dcswphub.ie/>

Dublin Sportsfest 2022

Dublin Sportsfest 2022, DCSWP's annual flagship week-long event will once again be delivered September from 23rd – 30th September to coincide with European Week of Sport 2022.

Sportsfest is a key opportunity to promote sports and physical activity and highlight the key role DCC/DCSWP plays in maximising opportunities for everyone in our communities regardless of age, gender or ability to get involved with sport and physical activity in the long-term.

A calendar of activities will be circulated closer to the week – highlights confirmed to date include the Ukrainian Family Fun Day in partnership with the Garda Boat Club, Islandbridge, the BeActive multi-sport day event and events which will be run in parks throughout the city in partnership with parkrun. Other events/programmes TBC.

- In the South Central Area Aqua Aerobics programmes have been scheduled to celebrate Sportsfest in Ballyfermot Sport & Fitness Centre on Wednesday 28th September.
- As reported above the Ukrainian multi-sport community event will be held on Saturday 24th September to support Ukrainian people who are part of our communities in Dublin city. The event will take place in Islandbridge from 11-4pm. More details to follow.

Active Cities

As previously reported the Active Cities logo and brand identity has been developed and is now being represented in all DCC/DCSWP communication. The recruitment process for a dedicated Active Cities Officer (local lead for Dublin City) has concluded and the official

appointment is imminent. Work is also ongoing in collaboration with the National Active Cities Lead Officer.

DCSWP Swimming Ireland Co-funded Officer

Gearoid Fallon has recently been appointed as the new Co- funded Get Dublin City Swimming Officer (a partnership between DCC /DCSWP and Swim Ireland) Gearoid will be working across the Dublin City Council areas alongside Sport and Co-funded Officers.

The primary reason for this appointment is to coordinate the implementation and delivery of an integrated swimming programme with a view to linking in with and developing interest amongst people from non- traditional swimming backgrounds

Swim Ireland currently implements programmes designed to increase participation in schools, communities and hard to reach cohorts - thereby providing sustainable and long-reaching pathways to swimming for everyone in our communities. While DCSWP Officers have always facilitated swimming programmes in communities, the appointment of Gearoid means there will be a more strategic focus on highlighting the benefits of swimming and delivering specific programmes. Management in DCSWP will also be working closely with Gearoid to establish a work programme and potential for new initiatives which can link in with Dublin City Council swimming facilities including those in the South Central Area.

Marathon Kids 2022

The Marathon Kids programme commenced in 2019 when Dublin City Sport & Wellbeing Partnership teamed up with Athletics Ireland, South Dublin County LSP & Fingal County Council LSP to deliver an eight week programme in schools across the Dublin region including schools from the Central area.

In its inaugural year Marathon Kids participants came together after eight weeks of hard work and determination to cross the finish line in Morton Stadium and celebrate completing their final mile in style. While Covid-19 posed a serious challenge for the planning and executing of such major initiatives in November 2021 over 3,200 primary school students from the Dublin City area went out into parks, school-yards and pitches to see the challenge through. Marathon Kids 2021 is just one example of how programmes can keep going and thrive even in the most adverse of circumstance. In previous years the programme was targeted at 5th and 6th class level but in 2021 it was expanded to include children in 4th class, thereby extending the reach and teaching more young people about the huge benefits of regular exercise in their lives.

In 2022 Marathon Kids will commence on 12th September and conclude following the Halloween break in November.

Schools participating include those from the South Central area.

Linking with National and International Events

Over the next few weeks DCSWP will be linking on with the following major events. Programmes and initiatives in the South Central Area will run in tandem with national and

international events across communities and will be promoted across all social media platforms.

Date	Initiative/Programme Name	Lead organisation
Sep - Nov 22 TBC	MarathonKids (see information above)	MarathonKids/ Local Authorities/Local Schools
1st-30th Sep	National Heart Month	
1st-31st Sep	See Change - Green Ribbon Month	
25 th September	Great Dublin Bike Ride	
26th Sep	National Community Walking Day	Get Ireland Walking
23-30 Sep	European Week of Sport /SPORTSFEST 2022 (DCSWP Flagship week-long event)	EU / Sport Ireland / DCSWP
27 Sep - 1 Oct	Positive Ageing Week	Age Action Ireland
26th Sep (during EWOS)	National Walking Day	Get Ireland Walking

Social media platforms and supports:

- Dublin City Sport & Wellbeing Partnership Virtual Hub: www.dcwspub.ie
- Email: sports@dublincity.ie
- Twitter: [@dccsportsrec](https://twitter.com/dccsportsrec)
- Facebook: [DublinCitySportandWellbeing](https://www.facebook.com/DublinCitySportandWellbeing)
- Instagram: [@dublincitysportandwellbeing](https://www.instagram.com/dublincitysportandwellbeing)

Sport For Young People Club Small Grant Scheme 2022

Following on from administering the Return To Physical Activity Grant, the Sport For Young People Small Grant Scheme was advertised on 29th June 2022 with clubs afforded three weeks to submit their application. 150 applications have been received and are currently being assessed. The grant scheme is targeted at young people age 10-21 years and provides funding support for clubs in communities for the following,

- Purchase of equipment
- Administrative costs
- Training and coaching courses

SCA Highlight Events September - October

Youths at Risk - age 10-24 years - Aimed at providing viable opportunities for young people in the S to stay active and thereby mitigate anti-social behaviour). All programmes are delivered in partnership with local groups and Youth Services.

Name of core programme:	Halloween Youth Programmes 2022
Description of programme activity:	The Cherry Orchard and Ballyfermot Halloween Festival 2022
Partners (If any):	Familibase/Local DCC Area Office
Age group:	7 - 18 years
Gender:	Mixed
Date/time and location:	Various
Estimated Number of Programme Participants	300
Programme Start Date:	From 31 st October. Full week of activities

Name of core programme:	Junior Leadership
Description of programme activity:	Junior Leadership Pool Lifeguard Course (online supports and training in UCD)
Partners (If any):	Diving Ireland/Scouts Ireland
Age group:	15 – 20 years
Gender:	Mixed
Date/time and location:	Various
Estimated Number of Programme Participants	14
Programme Start Date:	Saturday 24 th September

Name of core programme:	Junior Park Run
Description of programme activity e.g:	Cherry Orchard Park Junior Park Run Support programme
Partners (If any):	Familiabase (Youth Services)
Age group:	Under 16s
Gender:	Mixed
Date/time and location:	Sunday 9:30am
Estimated Number of Programme Participants (NB: per session):	50
Programme Start Date:	Every Sunday
Programme End Date:	Ongoing

Name of core programme:	Youth At Risk/ Youth Fit High Board Diving
Description of programme activity:	High Board Diving Programme
Partners (if any):	Ballyfermot Youth Services/COYI (Chapelizod/Cherry Orchard Youth Services)
Age group:	10-17 years
Gender:	Mixed
Date/time and location:	Various
Programme Start Date:	October November 2022. Details TBC

Name of core programme:	Youth At Risk Gaisce
Description of programme activity e.g.: Tag Rugby, Chair Aerobics etc.	GAISCE President Awards Programme – Kylemore CTC. Young people have signed up to the bronze Gaisce award challenge Local DCSWP Sport Officer will conduct monthly check ins with the group and offer any necessary support.
Partners (if any):	Kylemore CTC
Age group:	15 to 22 Years
Gender:	Mixed
Date/time and location:	Ongoing in various locations
Estimated Number of Programme Participants (per session):	6
Programme Start Date:	June 2022
Programme End Date:	Dec 2022

Name of core programme:	Youth Fit
Description of programme activity e.g.: Tag Rugby, Chair Aerobics etc.	Youth Box fit
Partners (if any):	FGU
Age group:	6 to 12yrs

Gender:	Mixed
Date/time and location:	Ongoing. Tuesday and Thursdays at 4pm in the F2 centre

Name of core programme:	Youth Fit/Box Fit
Description of programme activity e.g.: Tag Rugby, Chair Aerobics etc.	Youth Box fit
Partners (If any):	FGU
Age group:	6 to 12yrs
Gender:	Mixed
Date/time and location:	Ongoing. Tuesday and Thursdays at 4pm in the F2 centre

Name of core programme:	Youth Fit Learn To Swim
Description of programme activity e.g.: Tag Rugby, Chair Aerobics etc.	Learn to swim
Partners (If any):	FGU and dolphins barn
Age group:	U12
Gender:	Male
Date/time and location:	Ongoing. Thursdays from 4 to 5 in Markievicz pool

Women in Sport Initiatives

Name of core programme:	Female Diving Programme
Description of programme activity:	Delivered in partnership with Sailing Ireland and Ballyfermot Youth Services
Partners (If any):	Cherry Orchard Boxing club
Age group:	16+ years
Gender:	Female
Date/Time and location:	Ongoing – concludes 2 nd October

Sport Inclusion & Integration

Name of core programme:	Sports Ability – Young People With Autism
Description of programme activity:	Delivered in partnership with Sailing Ireland and Ballyfermot Youth Services
Partners (If any):	Warrenmount Primary School, D8
Age group:	6-8 years
Gender:	Mixed
Date/Time and location:	Ongoing. Thursdays 12 – 2pm

Older Adults – Age 55+ years

Name of core programme:	Forever Fit
Description of programme activity:	Older Adult Bowling programme
Partners (If any):	N/A
Age group:	55+ years
Gender:	Mixed
Date/time and location:	Ongoing. St. Catherine’s Sports & Fitness Centre, Thursdays from 2-4pm.

South Central Area Co-Funded Programmes

Health Promotion in the Community

➤ Men on the Move

The Men on the Move health and wellbeing programme takes place every Wednesday from 10am in the Rialto F2 Centre and Lionsville Hostel, Chapelizod every Wednesday from 11am. The programme is delivered in partnership with the HSE and is targeted at adult males. The initiative provides exercise classes as well as nutrition and mental health workshops

➤ Inchicore Community Health Fair

The DCSWP Health Fair (delivered in partnership with the HSE) will provide health checks for adults (18 + years) in the South Central Area including BMI assessments, blood pressure checks and physical activity advice. The Fair will take place in Richmond Barracks on Thursday 20th October from 10.30am.

Athletics/ Boxing/ Cricket/ Football/ Rowing/Rugby & Swimming

Co-funded Officers will be involved in the planning and delivery of Dublin Sportsfest activities over the next period. A full programme report will be included in the October report.

Officers continue to engage with schools and clubs.

Training Update (Ongoing)

- Safeguarding Training continues for Inchicore AFC, Belgrave AFC and Cherry Orchard Boxing Club
- Cycle Leader Tutor Training continues for DCSWP Sport Officers
- Disability & Inclusion and Autism in Sport training programmes continue to be delivered in partnership with CARA.

CONTACT DETAILS:

Aideen O'Connor	Programmes & Services Manager, DCSWP	aideen.oconnor@dublincity.e
Colin Sharkey	Office Manager, DCSWP	colin.sharkey@dublincity.ie
Catherine Flood	Sport Officer, DCSWP	Catherine.flood@dublincity.ie
Sharon Kelly	Sport Officer, DCSWP	Sharon.kelly@dublincity.ie
Igor Khmil	Sport Officer, DCSWP	Igor.khmil@dublincity.ie
Will Morris	Sport Officer, DCSWP	William.morris@dublincity.ie
David Phelan	Health Promotion & Improvement Officer	David.phelan6@mail.dcu.ie
Colette Quinn	Development Officer, Athletics	colettequinn@athleticsireland.ie
Gerard O'Donnell	Development Officer, Athletics	gerardodonnell@athleticsireland.ie
Marc Kenny	Development Officer, F.A.I.	Marc.kenny@dublincity.ie
Jonathon Tormey	Development Officer, F.A.I.	Jonathon.tormey@fai.ie
David Rake	Development Officer	David.rake@fai.ie
Clare Conlon	Women's Development Officer, FAI	clare.conlon@fai.ie
Gareth Murray	Development Officer, Rugby	Gareth.murray@leinsterrugby.ie
Fintan Mc Allister	Development Officer, Cricket	Fintan.mcallister@cricketleinster.ie
Ed Griffin	Development Officer, Boxing	shandygriffin@hotmail.com
Aoife Byrne	Development Officer, Rowing	Aoife.byrne@getgoinggetrowing.ie

REPORT BY:

Dee O'Boyle

Dublin City Sport & Wellbeing

dee.oboyle@dublincity.ie

