

SOUTH CENTRAL AREA COMMITTEE

DUBLIN CITY SPORT & WELLBEING PARTNERSHIP REPORT

JULY/AUGUST 2022



DCSWP Virtual Hub

As previously reported the Dublin City Sport & Wellbeing Partnership Virtual Hub is now live and can be accessed by clicking on the link below:

<https://www.dcswphub.ie/>

DCSWP programmes and events aim to provide opportunities for everyone, regardless of age, gender, ability or background to partake in sport and physical activity. The Virtual Hub was imagined and designed to further support DCSWP's strategic goals and will be an invaluable resource for communities, clubs, groups and schools in Dublin city in tandem with the ongoing physical delivery of programmes and initiatives. It also provides information on the new DCC Active Cities Project.

The launch date was chosen to coincide with the announcement of Kellie Harrington & Ellen Keane as official Sports Ambassadors for DCC/DCSWP.

Active Cities

Logo and brand identity has been developed and is now being represented in all DCC/DCSWP communication. The recruitment process for a dedicated Active Cities Officer (local lead for Dublin City) is ongoing. Work is also ongoing in collaboration with the National Active Cities Lead Officer, Sport Ireland and the other relevant Local Sports Partnerships. DCC/DCSWP management recently presented to the SPC

Linking with National Events

Over the next few weeks DCSWP will be linking on with the following major events. Programmes and initiatives will run in tandem with national and international events across communities and will be promoted across all social media platforms.

Date	Initiative/Programme Name	Lead organisation
12th Aug	International Youth Day	United Nations
9th - 15th Aug	Sport Ireland - HEROutdoors week- A week long initiative to encourage, support & promote females participating in outdoor sports/activity, more information to follow and can link into any programmes we may already have planned for the outdoors with specific	Sport Ireland

	focus on females and potential to collaborate and work with outdoor NGB'S. DCSWP is currently finalising plans for the week and the schedule will be communicated via all communication channels in due course.	
Aug - Sep 22 TBC	MarathonKids	MarathonKids/ Local Authorities/Local Schools
1st-30th Sep	National Heart Month	
1st-31st Sep	See Change - Green Ribbon Month	
18th September	Griffith Avenue Mile. DCSWP NCA Officers to support event by and collaborating with lead organisations (All Hallows Area Association, Marino Athletics Club and Athletics Ireland)
26th Sep	National Community Walking Day	Get Ireland Walking
23-30 Sep	European Week of Sport /Sportsfest 2022 (DCSWP Flagship week-long citywide celebration of sport and physical activity)	EU / Sport Ireland / DCSWP
27 Sep - 1 Oct	Positive Ageing Week	Age Action Ireland
26th Sep (during EWOS)	National Walking Day	Get Ireland Walking

DCSWP social media platforms.

- Twitter: [@dccsportsrec](https://twitter.com/dccsportsrec)
- Facebook: [DublinCitySportandWellbeing](https://www.facebook.com/DublinCitySportandWellbeing)
- Instagram: [@dublincitysportandwellbeing](https://www.instagram.com/dublincitysportandwellbeing)
- Email: sports@dublincity.ie

Sport For Young People Club Small Grant Scheme

Sports clubs operating within the administrative area of Dublin City Council and affiliated to a National Governing Body have been invited to apply for financial assistance from the Sport for Young People – Small Grant Scheme (4-21 years of age) which is funded and administered by Sport Ireland and the Dublin City Sport & Wellbeing Partnership.

The scheme was advertised and open for applications from 7th July via all Dublin City Council/DCSWP communication channels. It was also communicated by email to National Governing Bodies, DCSWP Sport and Co-funded Officers and clubs in our directory.

Clubs across the city will be afforded three weeks to submit applications before the closing date on 29th July 2022.

The scheme is targeted at young people age 10-21 years and provides funding support for clubs in communities for the following:

- Purchase of equipment
- Administrative costs
- Training and coaching courses

Information on the grant can be found on the new Hub or at <https://www.dublincity.ie/residential/sports-and-leisure/dublin-city-sport-wellbeing-partnership>

Online/Social Media Supports:

- Twitter: [@dccsportsrec](https://twitter.com/dccsportsrec)
- Facebook: DublinCitySportandWellbeing
- Instagram: [@dublincitysportandwellbeing](https://www.instagram.com/dublincitysportandwellbeing)
- Dublin City Sport & Wellbeing Partnership Virtual Hub: www.dcwspclub.ie (see above)
- DCC Corporate Website: Dublin City Council: www.dublincity.ie/residential/sports-and-leisure/dublin-city-sport-wellbeing-partnership

DCSWP Strategic Review

Development of new strategy to align with 2022 City Development Plan and upcoming Local Sports Plan. The new Sport Ireland strategy for the LSP network across the country (currently in development) will also impact upon our own strategic review. Strategic review of all sports services is to be carried out independently by an external consultant.

DCSWP Governance Code

Work continues on establishing the Governance in Sport Code which is a requirement for DCSWP. Focus remains on strengthening the mechanisms of the DCSWP Advisory Board in addition to other key aspects of the Code. Declaration of compliance is anticipated for Q3 2022.

South Central Area Core Programme Highlights

SCA Highlight Events June - July

Youths at Risk - age 10-24 years - Aimed at providing viable opportunities for young people in the S to stay active and thereby mitigate anti-social behaviour). All programmes are delivered in partnership with local groups and Youth Services.

Name of core programme:	Programme / Project Supports
Description of programme activity e.g.: Tag Rugby, Chair Aerobics etc.	DCSWP continues to assist Ballyfermot Youth Services, Gurteen Youth Project, Familibase and COIYP with summer programmes with coaches in various activities including Zipit, Aquazone , Footee Golf etc

Partners (If any):	
Age group:	10 to 18 years
Gender:	Mixed
Date/time and location:	Various
Estimated Number of Programme Participants (NB: per session):	20 to 50 per project
Programme Start Date:	From June (school Holidays)
Programme End Date:	End of August

Name of core programme:	Junior Park Run
Description of programme activity e.g.: Tag Rugby, Chair Aerobics etc.	Cherry Orchard Park Junior Park Run Support programme
Partners (If any):	Familiabase (Youth Services)
Age group:	Under 16s
Gender:	Mixed
Date/time and location:	Sunday 9:30am
Estimated Number of Programme Participants (NB: per session):	50
Programme Start Date:	Every Sunday
Programme End Date:	Ongoing

Name of core programme:	Youth At Risk/ YouthFit
Description of programme activity e.g.: Tag Rugby, Chair Aerobics etc.	GAISCE President Awards Programme BMX club group. Following recent completion of the Bronze award participants have moved on to the silver stage. New young participants in the area have also signed up to bronze award stage.
Partners (If any):	Ballyfermot Youth Services
Age group:	15 to 19 Years
Gender:	Mixed
Date/time and location:	Various
Programme Start Date:	Feb 2022
Programme End Date:	Sept 2022

Name of core programme:	Youth At Risk/Youth Fit
Description of programme activity e.g.: Tag Rugby, Chair Aerobics etc.	GAISCE President Awards Programme – Kylemore CTC. Young people have signed up to the bronze Gaisce award challenge Local DCSWP Sport Officer will conduct monthly check ins with the group and offer any necessary support.
Partners (If any):	Kylemore CTC
Age group:	15 to 22 Years
Gender:	Mixed

Date/time and location:	Ongoing in various locations
Estimated Number of Programme Participants (<u>per session</u>):	6
Programme Start Date:	June 2022
Programme End Date:	Dec 2022

Name of core programme:	Youth Fit
Description of programme activity e.g.: Tag Rugby, Chair Aerobics etc.	Youth Box fit
Partners (If any):	FGU
Age group:	6 to 12yrs
Gender:	Mixed
Date/time and location:	Ongoing. Tuesday and Thursdays at 4pm in the F2 centre

Name of core programme:	Youth Fit
Description of programme activity e.g.: Tag Rugby, Chair Aerobics etc.	Learn to swim
Partners (If any):	FGU and dolphins barn
Age group:	U12
Gender:	Male
Date/time and location:	Ongoing. Thursdays from 4 to 5 in Markievicz pool

GAGA – Get All Girls Active/Developing Women in Sport

Name of core programme:	GAGA/Women in Sport
Description of programme activity e.g.: Tag Rugby, Chair Aerobics etc.	Developing Women through Sport Programme Providing opportunities and empowering women from TUD Dublin and surrounding communities. Snorkel Training and Coaching courses have commenced and are ongoing as part of this ground-breaking initiative.
Partners (If any):	TU Dublin
Age group:	Over 18s
Gender:	Females
Date/time and location:	From October to July 2022 Various locations
Programme Start Date:	15 th October 2021
Programme End Date:	August 2022

Older Adults – Age 55+ years

Please refer to previous reports for ongoing Older Adult programmes in the South Central area.

Thrive – Adults With Mental Health Difficulties

Name of core programme:	Thrive Boxing Programme
Description of programme activity e.g.: Tag Rugby, Chair Aerobics etc.	Boxercise fitness programme in partnership with Star Realta Nua and Cherry Orchard Boxing Club. Clients are recovering addicts in an education therapeutic programme. As the club is in the community it is hoped some of the individuals will go on to join up the club and do extra training. It is hoped to run an exhibition event at the end of the 7 weeks.
Partners (if any):	Cherry Orchard Boxing club
Age group:	Adults
Gender:	Mixed
Date/time and location:	Thursdays 2 Groups 11 to 12 Women 12 to 1 Men
Estimated Number of Programme Participants (per session):	10 per session
Programme Start Date:	16 th June
Programme End Date:	28 th July

South Central Area Co-Funded Programmes

Health Promotion in the Community

➤ Men on the Move

The Men on the Move health and wellbeing programme takes place every Wednesday from 10am in the Rialto F2 Centre and Lionsville Hostel, Chapelizod every Wednesday from 11am. The programme is delivered in partnership with the HSE and is targeted at adult males. The initiative provides exercise classes as well as nutrition and mental health workshops

➤ Mountain View Mental Health

The Mountain View Mental Health programme is aimed at adult females and is a referral only programme (via the HSE). The programme is delivered in Mountain View, Cherry Orchard every Wednesday from 10am.

➤ D8 Move For Health

Move for Health is a strength & balance programme for older adults in partnership with the HSE physiotherapists. The programme is referral only (via the HSE) and is delivered every Tuesday from 11.30am in St. Catherine's Sports & Fitness Centre.

➤ Fatima Fit

Chair Aerobic classes continue in the F2 Centre, Rialto every Thursday from 12 noon aimed at older adults (mixed) and Pilates classes aimed at adult females continue every Wednesday from 11am also in the F2 Centre, Rialto.

➤ **Heads Up**

This holistic programme is aimed at promoting positive mental health in adult males. In the SCA the programme is delivered in the Ballyfermot and Rialto area in partnership with the HSE.

Sport Inclusion and Integration

DCSWP continues to support people with physical, intellectual and sensory disabilities and ethnic minorities throughout the summer via the Learn to Cycle, adaptable rowing and inclusive waters sports initiatives.

Athletics/ /Cricket/ Football/ Rowing and Rugby

Updates on Co-funded summer camps, events and programmes will be provided in the end of summer reports – in the coming months details will also be provided on the new hub . For now they can be provided by contacting the DCSWP Office or by contacting Sport and Co-funded officers directly.

Training Update July/August

- Safeguarding 1 Training for Student Sport Ireland - courses continue throughout the summer period.
- Safeguarding Training continues for Inchicore AFC, Belgrave AFC and Cherry Orchard Boxing Club
- Cycle Leader Tutor Training for DCSWP Sport Officers

- CPR/Community First Responder Training for Ballyfermot Adult Learn Together group. This is a one-day programme and various sessions will take place throughout July and August. The programme is currently being delivered in Cherry Orchard Running Club as part of DCSWP's ongoing commitment to support local clubs.
- Disability & Inclusion and Autism in Sport training programmes continue to be delivered in partnership with CARA.

- National Power Boat Training Course. This programme is delivered in partnership with Diving Ireland who are also working with Sailing Ireland on a pilot diver and snorkel course. The programme has been granted funded by Diving Ireland with a focus and target on females and youth at risk (10-24 years). The two NGB's are working closely with DCSWP to identify suitable individuals in the community. DCSWP Officers will also assist in the development and delivery of the programme.

CONTACT DETAILS:

Aideen O'Connor	Programmes & Services Manager, DCSWP	aideen.oconnor@dublincity.ie
Colin Sharkey	Office Manager, DCSWP	colin.sharkey@dublincity.ie
Catherine Flood	Sport Officer, DCSWP	Catherine.flood@dublincity.ie
Sharon Kelly	Sport Officer, DCSWP	Sharon.kelly@dublincity.ie
Igor Khmil	Sport Officer, DCSWP	Igor.khmil@dublincity.ie
Will Morris	Sport Officer, DCSWP	William.morris@dublincity.ie
David Phelan	Health Promotion & Improvement Officer	David.phelan6@mail.dcu.ie
Colette Quinn	Development Officer, Athletics	colettequinn@athleticsireland.ie
Gerard O'Donnell	Development Officer, Athletics	gerardodonnell@athleticsireland.ie
Marc Kenny	Development Officer, F.A.I.	Marc.kenny@dublincity.ie
Jonathon Tormey	Development Officer, F.A.I.	Jonathon.tormey@fai.ie
David Rake	Development Officer	David.rake@fai.ie
Clare Conlon	Women's Development Officer, FAI	clare.conlon@fai.ie
Gareth Murray	Development Officer, Rugby	Gareth.murray@leinsterrugby.ie
Fintan Mc Allister	Development Officer, Cricket	Fintan.mcallister@cricketleinster.ie
Ed Griffin	Development Officer, Boxing	shandygriffin@hotmail.com
Aoife Byrne	Development Officer, Rowing	Aoife.byrne@getgoinggetrowing.ie

REPORT BY:

Dee O'Boyle

Dublin City Sport & Wellbeing

dee.oboyle@dublincity.ie