

**The Chairman and Members of
North West Area Committee.**

Meeting: 15th February 2022

Item No: 12

Dublin City Sports & Wellbeing Partnership Report

Following the lifting of Covid-19 restrictions in late January physical delivery of all Dublin City Sport & Wellbeing Partnership programmes and events is now possible. However DCSWP will continue to observe Sport Ireland advice and ensure a cautious and safe return to support participants. With restrictions only recently lifted please note that at the time of writing this report planning of programmes was still in progress.

Lord Mayor's 5 Alive 2022

The Lord Mayor's 5 Alive challenge will continue over the next period. The Purple Cross Run on 20th March in the Phoenix Park and the DCC/BHAA 4 mile run on 2nd April in St. Anne's Park, Raheny will complete the challenge for 2022.

Over the next few weeks DCSWP will be linking on with the following major events. Programmes and initiatives in the North West Area will run in tandem with national and international events across communities and will be promoted across all social media platforms.

February 19th	Operation Transformation 5k Walk /Run Phoenix Park
March	International Women's Day
March	Women in Sport Week -
March	DCSWP GAGA DAY
April	National Active Schools Week

The launch of DSWP's Virtual Hub

The official launch of the DCSWP Virtual Hub is imminent. The Hub was initially created to support virtual delivery of the 2021 Change For Life programme and over the past 12 months has undergone development in partnership with Titan Experience. While the Hub will be an invaluable resource in terms of enhancing service delivery, it will not replace face to face programmes in communities. Its purpose will be to promote the work we do, provide up to date information and give platforms to programmes while linking to all DCSWP social media platforms.

Details on all programmes can be found by contacting officers/DCSWP admin staff on the contact details outlined at the end of the report or online at:

- Twitter: [@dccsportsrec](https://twitter.com/dccsportsrec)
- Facebook: [DublinCitySportandWellbeing](https://www.facebook.com/DublinCitySportandWellbeing)
- Instagram: [@dublincitysportandwellbeing](https://www.instagram.com/dublincitysportandwellbeing)

- Dublin City Sport & Wellbeing Partnership Virtual Hub: dcwsphub.ie (official launch TBC in January).
- Email: sports@dublincity.ie

DCSWP North West Area Programme Highlights February/March

Champions. Target Group: People with physical, intellectual and sensory disabilities

The Dance FIT initiative is an upcoming partnership programme between DCSWP and St. Michael's House. The programme will be delivered on a weekly basis in the area in Ballymun Sports & Fitness Centre. Times and dates TBC.

Couch To Parkrun. Target Group: Underactive Adults

Couch To Parkrun supports participants to build their fitness levels over an 8-week period after which they complete 5k Parkrun. In the North West area the programme will be delivered in Johnstown Park, Finglas. Dates and times TBC.

Get All Girls Active (GAGA) Target Group: Teenage Girls

- Women's Power Lifting aimed at beginners and advance level will be delivered every Tuesday in Poppintree Sports & Fitness Centre.
- Multi-sport GAGA school initiatives continue in schools across the North West area.

Older Adults Programmes. Target Group: Adults over 55 years.

- Senior Citizen walking programme every Thursday in Poppintree Park.
- Walking Football aimed at older adult males every Friday in Poppintree Sports & Fitness Centre.
- The Older Adults Bowls programme (mixed) every Sunday in Poppintree Sports & Fitness Centre.
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Schools Cross-Country. Target Group: Students at primary school level (mixed)

DCSWP officers will deliver the schools cross country event the first time since the Covid-19 crisis. Multiple schools from across the city will take part in the one day event including schools in the North West area.

Youth Fit. Target Group: Youths At Risk (10 -21 years)

Teenage Bootcamp sessions will take place every Wednesday in Poppintree Sports & Fitness Centre over the next period aimed at young people 8-12 years (mixed) and 13 – 17 years (mixed).

DCSWP North West Area Co-Funded Programme Highlights February/March

Athletics

DCSWP Athletics Officers will assist in the delivery of school's cross country programme over the next few weeks in the lead up to the event in March.

Boxing

The IABA Boxing Startbox programme will be delivered over the next period in the following North West area schools:

- Holy Spirit, Ballymun every Monday (males age 9-12 years)
- Mother of Divine Grace, Ballygall every Tuesday (males ages 9-12 years)
- Our Lady of Victories, Ballymun every Wednesday (males age 9-12 years)
- Virgin Mary, Ballymun every Thursday males age 9-12 years)
- New Cross Finglas every Thursday (mixed age 9-12 years)
- The Startbox programme will also be delivered every Tuesday in partnership with the Aisling project, Ballymun aimed at teenagers and young adults age 16-21 years (mixed)

In April the Olympic Education Programme will be delivered in the schools listed above.

Cricket

Primary school cricket coaching sessions and Table Cricket initiatives (disability) will continue on a city wide basis over the next period. Programmes will include schools in the North West area and target disability groups in the area.

Football

- The Safeguarding 1 Coaching Course aimed at adults (mixed) will be delivered online on Wednesday 23rd February.
- The FAI 7v's 7 coaching course which aims to improve knowledge around the 7 v's 7 format will be delivered in Leisure Point Finglas on 2nd March. The programme target group is 16+ years (mixed).
- Late Night Leagues have recommenced in the area. The leagues provide an important social outlet for young people in the area and are delivered in the early evening (8-10pm) when young people are most at risk in terms of anti-social behaviour. The programme is delivered in Rivermount Hall, Finglas South. This is a partnership initiative between DCSWP, An Garda Síochána, local youth services and schools.
- The School Club Link programme supports sustainable links between schools and clubs in the area. Officers engage with young people (age 5-12 years) through the school programme and provide pathways for young people to take up club membership. The following schools are currently involved with the programme in the North West area; St Malachy's National School (mixed), St Joseph's GNS and St Kevin's BNS.
- The FAI Club Mark presentation which is a certificate of excellence awarded to mark the achievement of excellence in the areas of Governance, Management and Administration is being awarded to Finglas United. Date and time TBC.

Rugby

Tag Rugby programmes continue in the following schools in the North West area:

- Holy Spirt Girls (under 12)
- Mother of Divine Grace (mixed under 12)
- Our Lady of Victories (girls under 12 and 13)
- New Cross College (mixed under 14)

Rowing

The Get Going Get Rowing schools programme continues on a citywide basis over the next period.

Upcoming Training for 2022

- Online Safeguarding Training to support compliance in local clubs and organisations Safeguarding 2 & 3 delivered on an on-demand basis.
- Disability & Inclusion and Autism in Sport training programmes delivered in partnership with CARA.
- First Aid/PHECC (pre-hospital emergency care training for adults in the community).

CONTACT DETAILS:

Name	Role	Contact Information
Aideen O'Connor	Programmes & Services Manager, DCSWP	aideen.oconnor@dublincity.ie
Alan Morrin	Office Manager, DCSWP	Alan.morrin@dublincity.ie
Paul Donnelly	Sport Officer, DCSWP	paul.donnelly@dublincity.ie

John McDonald	Sport Officer, DCSWP	john.mcDonald@dublincity.ie
Lisa Kelly	Sport Inclusion & Integration Officer, DCSWP	lisa.Kelly@dublincity.ie
Nuala O'Donovan	Sport Inclusion & Integration Officer, DCSWP	nuala.odonovan@dublincity.ie
Darren Taaffe	Citywide Sport Officer, DCSWP	darren.taaffe@dublincity.ie
Robert Abbey	Citywide Sport Officer, DCSWP	robert.abbey@dublincity.ie
Colette Quinn	Development Officer, Athletics	colettequinn@athleticsireland.ie
Gerard O'Donnell	Development Officer, Athletics	gerardodonnell@athleticsireland.ie
Heather Jameson	Development Officer Football For All (Disability), North City	heather.jameson@fai.ie
Paul Whelan	Development Officer, FAI	Paul.whelan@fai.ie
Neil Keoghan	Development Officer, F.A.I.	neil.keoghan@fai.ie
Juliet Shortt	Development Officer, Rugby	juliet.shortt@leinsterrugby.ie
Fintan Mc Allister	Development Officer, Cricket	Fintan.mcallister@cricketleinster.ie
Oisín Fagan	Development Officer, Boxing	oisinfagan@gmail.com
Aoife Byrne	Development Officer, Rowing	Aoife.byrne@getgoinggetrowing.com

Dee O'Boyle

Dublin City Sport & Wellbeing

dee.oboyle@dublincity.ie