

Healthy Age Friendly Homes Programme

DCC South Central Area Committee Meeting

Dublin City Council Local Coordinator

Eimear McCormack

15.09.21



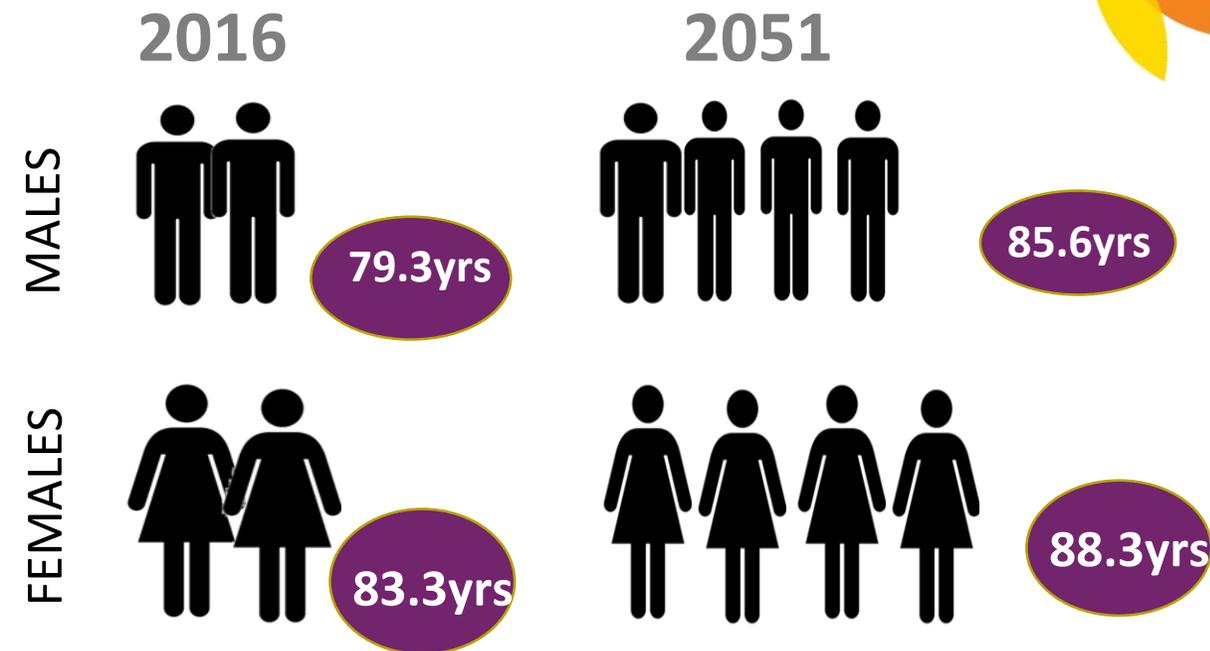
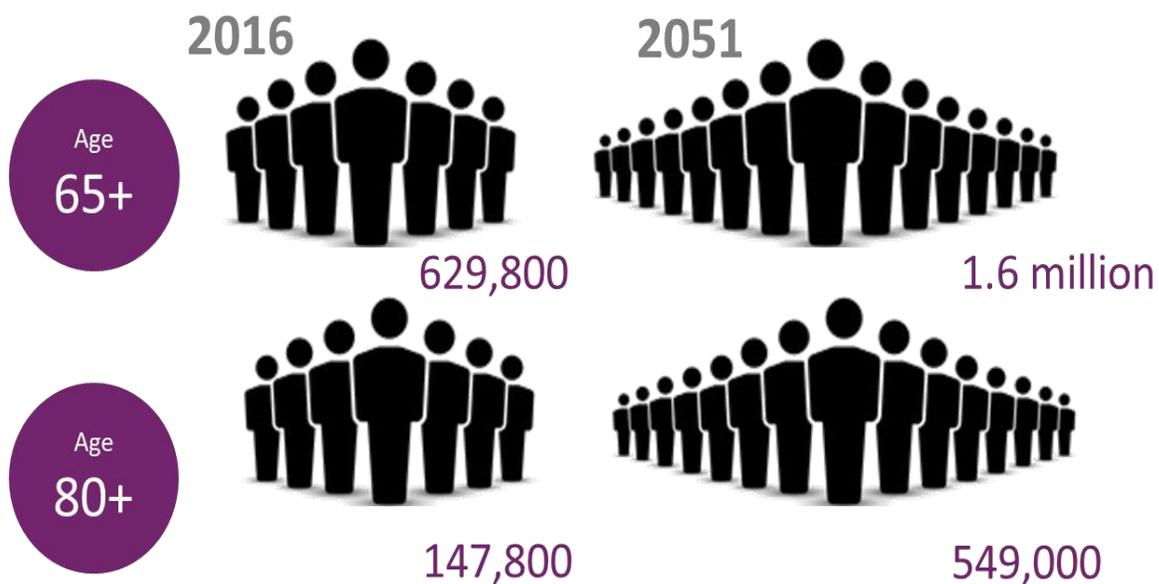
An Roinn Sláinte
Department of Health

Sláintecare.
Right Care.Right Place.Right Time.



comhairle chontae na mí
meath county council

Demographic Change: The Challenge



Source: CSO Population and Labour Force Projections 2017-2051

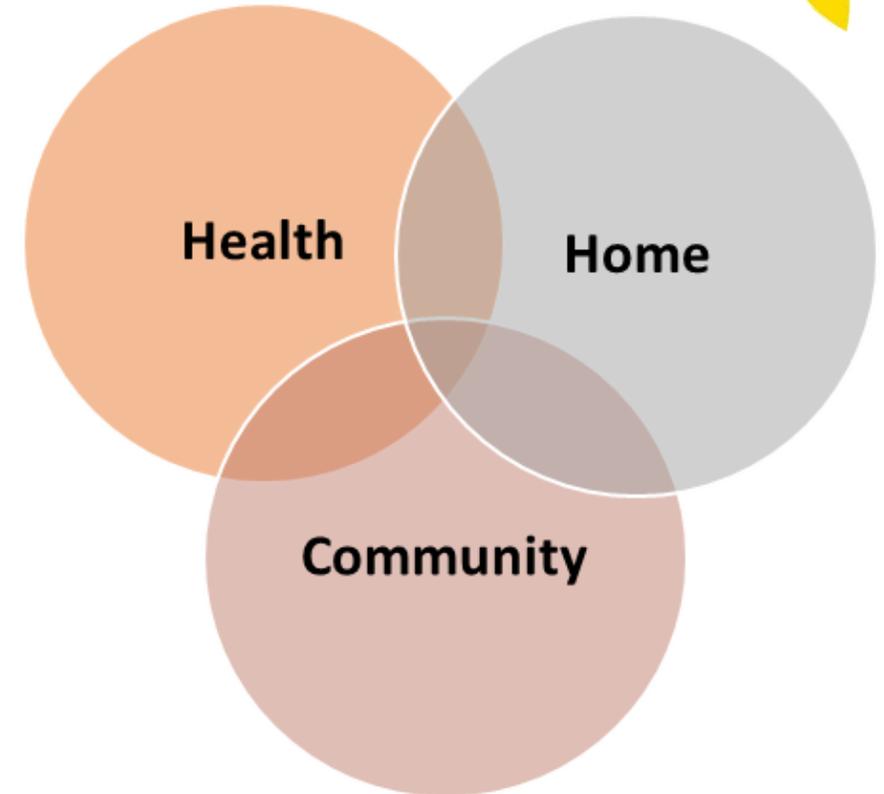
Working in Partnership



Sláintecare.
Right Care.Right Place.Right Time.



- **Sláintecare** is the ten-year Programme to transform our health and social care services. It is the roadmap for building a world-class health and social care service for Irish people. The Sláintecare vision is to achieve a universal single-tier health and social care system where everyone has equal access to services based on need, and not ability to pay.
- **Age Friendly Ireland | Local Government**, an appointed shared service function of local government hosted by Meath County Council, brings together, supports and provides technical guidance to the 31 Local Authority led, multi-agency Age Friendly City & County Programmes across Ireland delivering the goals and objectives of the World Health Organisations Age Friendly Global Framework



National Policy Context

Programme for Government

Our Shared Future

A Vision for an Age Friendly Ireland, including;

- Home and community Care
- Housing Options for our Ageing Population
- Alternatives to long term care
- Healthy Ageing

Healthy Age Friendly Homes Programme | Objectives

1

Enable older people to **continue living in their homes** or in a home more suited to their needs (Rightsizing)

2

Live with a sense of **independence and autonomy**, and

3

Be and feel **part of their communities**

4

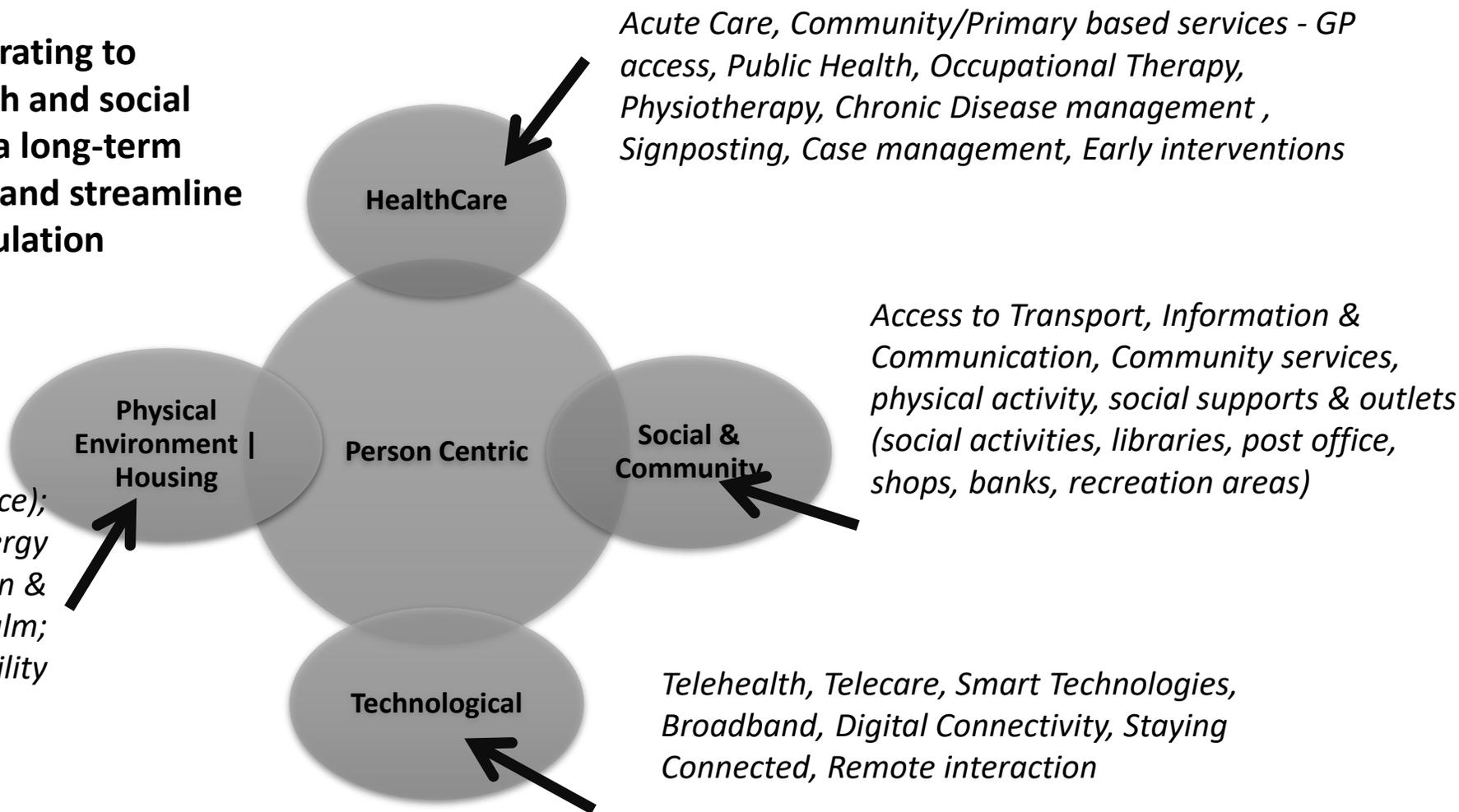
Support the avoidance of **early or premature admission** to long term residential care





Supporting people to live independently – Integrated Care

All stakeholders collaborating to integrate housing, health and social care services as part of a long-term programme to improve and streamline care for our ageing population



Healthy Age Friendly Homes Phase 1 Areas

- 9 sites were identified as host programme areas
- The list of Local Authority areas selected to participate in the Healthy Age Friendly Homes Programme | Phase 1 are:

Host Local Authority for Healthy Homes Programme Phase 1 – Local Coordinator Roles
1. Cork County Council
2. Dublin City Council
3. Fingal County Council
4. Galway County Council/Galway City Council
5. Limerick City & County Council
6. Longford County Council
7. South Dublin County Council
8. Tipperary County Council
9. Westmeath County Council

Local Coordinator – Healthy Age Friendly Homes Programme

What is the role of the Local Healthy Age Friendly Homes Co-Ordinator

- Work in partnership with stakeholders and existing service providers
- Manage a caseload of Referrals
- Assess each older persons individual needs
- Coordinate and facilitate a plan of supports and sign post them to services
- Identify any gaps in services | Highlight Models of good practice

Participant Assessment

We are adopting a holistic person centred approach

Needs Assessment

- **Housing** – adaptations, energy retrofits, rightsizing, minor modifications, homesharing, decluttering, others
- **Health | Medical** – GP visits, links to health supports, transport to hospital appointments, home help, meals on wheels, physiotherapy, occupational therapy,
- **Technology** – telecare, telehealth, digital training, supports with telecommunications, smart phones, connectivity, others
- **Community/Social** – Transport, social activities, assistance with shopping, wide range of community groups, befriending, good morning call services, social prescribing, libraries, physical activity programmes, others

We will facilitate by

- Providing Information
- Signposting to supports
- Facilitate processes “handholding”
- Implement Actions
- Track progress
- Enable & Empower Older People

Evaluation | Maynooth University

- Monitoring and evaluation is crucial to securing an understanding of the impact of the programme on health and wellbeing, quality of life, integrated working relationships and cost savings generated.
- Monitoring of this programme will be carried out by **Maynooth University**. Academic professionals will design a full evaluation process that will capture the impact of the programme on the older person's experience, health and wellbeing outcomes, access to transport and other services, home improvements, cost savings to the health service, budget spend within the local authority on housing grants.

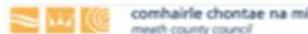


Information Brochure | For widespread distribution



Healthy Age Friendly Homes

Does **YOUR** home allow you to **Age in Place?**



What is the Healthy Age Friendly Homes Programme?

Research shows that the majority of people want to remain in their own home as they age. This desire is often challenged by their home not being suitable for the occupier as their needs become more pronounced, their financial means decrease, and their mobility declines. With the right assessment and intervention, the living environment can be changed from being one of health risk to one of health support.

A key aspect of this programme is to reduce the admission rate of people entering long-term residential care due, in the main, to their living environment not supporting their health and wellbeing needs. Accommodation that presents challenges to older people remaining mobile, keeping warm and staying safe can be significant factors in decision making on long-term care.

The Goal of the Healthy Homes Programme Phase 1 is to support people to live in their own home with dignity and independence, for as long as possible, thus avoiding the premature transition into long-term residential care. The Programme's ambition is to enable people to live longer healthier lives in their own home, being and feeling part of their community, by ensuring they are in a suitable living environment, for accessibility, size, safety, and environment, including warmth.

The Department of Health, Sláintecare and Age Friendly Ireland (Meath County Council) are rolling out this new joint programme 'Healthy Age Friendly Homes', across 9 Local Authority areas.

4 Key Objectives

- 1 Support the avoidance of early or premature admission to long term residential care
- 2 Enable older people to continue living in their homes or in a home more suited to their needs (Rightsizing)
- 3 Live with a sense of independence and autonomy
- 4 Be and feel part of their Community

Referral Form



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meath county council

Sláintecare.



Riadas na hÉireann
Government of Ireland

Healthy Age Friendly Homes Programme | Referral Form

The Healthy Age Friendly Homes Programme aims to support older people to live in their own home with dignity and independence, for as long as possible. The programme's ambition is to enable everyone to live longer healthier lives by keeping care close to home and expanding the range of health and social care services in the community. It is about providing a range of alternatives for older people who may otherwise transition into long term residential care prematurely. To do this we have appointed a **Local Healthy Age Friendly Homes Coordinator** in nine local authorities (Cork County, Dublin City, Fingal County, Galway County & City, Limerick City & County, Longford County, South Dublin, Tipperary County, Westmeath County). Each Local Coordinator will case manage a support package for each person referred, linking the supports from the variety of public, voluntary, private and community agencies in the area.

The purpose of this referral is to identify an older person who could benefit from some extra help and support in order to stay living in their own home. The Local Coordinator will carry out a home based assessment and, in partnership with the older person, will identify and design a range of supports to enable the older person to continue living independently. *This will not affect any current home help, medical card, pension or other services being received.*

In order to see if this approach has been successful and to find out if this is a successful way of working, the local coordinator will gather information on the current housing, health, social and technology supports that the older person has/has not access to. This information will help the coordinator facilitate the older person to access a range of additional supports and information. Upon receipt of this referral each participant will receive an acknowledgement letter from their Local Coordinator outlining the next steps in the process. I consent to my details being referred to a Local Coordinator for the purpose of participating in this Programme.



Referrer Details (Block Capitals)	
Name:	
Occupation:	
Date of referral:	
Contact number:	
Email address:	
Signature:	

Participant Details (Block Capitals)	
Surname:	
First Name:	
Address	
Eircode:	

Date of Birth:	
Mobile Number:	
Landline:	
First Language:	
Interpreter required:	Yes <input type="checkbox"/> No <input type="checkbox"/>
Signature:	

Additional Relevant Details (Block Capitals)	
Reason for referral:	
Any Relevant Medical, Family and Social History:	
Additional Relevant information (including special needs, disabilities, clinical warnings):	
For Internal use (Healthy Age Friendly Homes Programme - Local Coordinator)	
Date referral received:	
Referral acknowledged:	
Please submit your completed form to	
Postal Address: Healthy Age Friendly Homes, Meath County Council, Buyinda House, Dublin Road, Navan, Co. Meath.	
Email: agefriendly@meathcoco.ie	

Key Information

- Background
- Referrer Details | Consent
- Participants Details | Consent
- Additional Details
- Submission Details



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Thank you for your participation

We look forward to working with you

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