

The Chairman and Members of North West Area Committee.

Meeting: 20th July 2021

Item No: 17

DCSWP HIGHTLIGHTS EVENTS AND PROGRAMME

Face to Face delivery of DCSWP programmes across continue in communities in the North West Area. Delivery of programmes continues to expand but remains subject to Government, HSE and Sport Ireland Return to Sport guidelines. Full details on North West Area Community Programmes can be found on the following forums or by contacting Dee O'Boyle, Dublin City Sport & Wellbeing Partnership. Contact details can be found at the end of the report.

Online/Social Media Supports:

- Twitter: <u>@dccsportsrec</u>
- Facebook: <u>DublinCitySportandWellbeing</u> Instagram: <u>@dublincitysportandwellbeing</u>

Dublin City Sport & Wellbeing Virtual Hub

Dublin City Sport & Wellbeing Partnership Virtual Hub support continues virtually via dcwsphub.ie

North West Area Upcoming Programmes:

The following older and mixed adult DCSWP Programmes are partnership projects between two Sports Officers in the Finglas Area and the DCC North West Area/Finglas Community Section. Delivery of these North West Area Older Adults Community Exercise Programmes was extended due to their initial success in the area.

North West Area Chair Fitness Aerobic Programme

This programme is aimed at older adults of mixed gender age 55+ years in the Finglas area.

- **Dates**: Ongoing every Monday
- **Times**: 2 classes each day from 11-11.30am and 11.45-12.15pm **Location**: Astro Pitches in Finglas Sports & Leisure Centre

North West Area Yoga Programme

This programme is aimed at adults of mixed gender age 55+ years in the North West Area:

Dates: Ongoing every Thursday **Times:** 2 classes from 1.30pm and from 1.45pm **Location:** Astro Pitches in Finglas Sport and Leisure Centre

Sport inclusion & Integration Update

Sports Ability is a weekly adapted and inclusive watersports programme. Individuals from across Dublin age 12-17 years and 18 years plus will participate in the programme including participants from the North West Area. The following groups and organisations will be participating:

- CRC Raheny/Clontarf
- St. Michaels House
- Vision Sports Ireland
- St. John of Gods
- Brothers of Charity, St. Vincent's Centre,
- CDETB
- NLN: National Learning Network
- Down Syndrome Dublin

Date/time and location: Ongoing. Tuesdays East Wall Watersports Centre and Ballyfermot Youth Services Adventure Centres . Times TBC. The estimated number of programme participants (per session) is 6 participants.

- The Sports Ability Adapted Rowing Programme is delivered in Islandbridge Municipal Rowing Centre. Individuals with Disabilities from across Dublin age 18 + years will participate in rowing including participants from the North West Area. The following groups and organisations will be participating:
- CRC
- St. John of Gods

Date/time and location: Ongoing. Thursdays, Rowing Centre, Islandbridge. Times TBC.

The Sports Ability Adapted Multi-sports is targeted at individuals with Autism from across the city age 18+ years.

Date/time and location: Ongoing. Tuesdays, Donaghmeade Park, Dublin 13.

The Sports Ability Citywide 'Learn 2 Cycle' programme is aimed at individuals with physical disabilities, mental health difficulties, ethnic minority groups and women from the Travelling Community from across the city age 6 upwards. SIIO's are delivering this programme in conjunction with Cycling Ireland. Due to popular demand extra courses had to be facilitated. There remains a large waiting list for this course.

Date/time and location: Ongoing. Tuesdays 1.30- 2.15pm(Disability), 2.30pm-3.15pm(ethnic minority group), 4pm-4.45pm (Disability) Wednesdays 11am-11.45am, (Travelling community)

Other highlights include the ongoing online Sports Ability Education & Training in partnership with CARA and upcoming Tennis adaptability programmes.

Co-Funded Officer Update

- Athletics Officers continue to deliver summer camps and support the Marathon Families Programme. Upcoming highlights for September include delivery of the Annual Marathon Kids School Programme
- Cricket Schoolyard, Olympic and Dublin Festival of Sport sessions continue on a citywide basis over the next period
- The FAI Late Night Leagues continue in the North West Area (Ballymun) in July/August every Friday aimed at boys age 14-16 years. Club Development also continues over the next period in the North West Area. The Development Programmes include the delivery of Child Safeguarding 1, 2 and 3 courses. The FAI North West Development Officer has engaged with Auxiliary staff from the area to cover the number of programs being delivered over the summer period.

- Rowing on the water sessions have resumed in the Neptune Rowing Centre, Islandbridge. Citywide summer camps continue over the next period. Rowkyo', the citywide rowing initiative which sees young rowing enthusiasts make their way virtually to Tokyo also continues in the lead up to the summer Olympic Games.
- Rugby highlights include the Give It A Try Programme aimed at widening participation, the new 'Tag4EveryMum' Initiative which encourages mothers of young players to get involved, better understand the game and get back into sport, Tag Blitz's and the Bank of Ireland Summer Camps which commenced in July.

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