

The Chairman and Members of North West Area Committee.

Meeting: 15th June 2021

Item No: 12

DCSWP HIGHTLIGHTS EVENTS AND PROGRAMME

Face to Face delivery of DCSWP programmes across communities in the North West Area has now resumed. Delivery of programmes remains subject to Government, HSE and Sport Ireland Return to Sport guidelines. Contact details can be found at the end of the report. Dublin City Sport & Wellbeing Partnership Virtual Hub support continues virtually via dcwsphub.ie.

Online/Social Media Supports:

Twitter: odc.sportsrec, Facebook: DublinCitySportandWellbeing, Instagram:

@dublincitysportandwellbeing

North West Area upcoming programmes:

The following older and mixed adults programmes are partnership projects between two Sports Officers in the Finglas Area and the Finglas Community Section. Local community groups and the general public in the area will have the opportunity to register for the classes. Numbers will be 14 per class as per Government guidelines. All relevant Covid and H&S procedures will be strictly adhered to and each class will be 30 mins with sufficient time left for changeover of participants and wiping down of chairs etc.

Finglas Older Adults Community Exercise classes

The following Chair Fitness programme is aimed at mixed older adults age 55+ years in the Finglas area. :

• Dates: Monday mornings, June 14, 21, 28

Times: 2 classes each day from 11-11.30am & 11.45-12.15pm **Location**: Astro pitches in Finglas sport and leisure centre

North West Area Yoga Programme

This programme is aimed at adults of mixed gender in the North West area:

Dates: Thursday Afternoons, June 17, 24 & July 1

Times: 2 classes each day from 1.30pm and from 1.45pm **Location:** Astro pitches in Finglas Sport and Leisure centre

Sport inclusion & Integration Update

Sports Ability is a weekly adapted and inclusive Water Sports programme. Individuals from across Dublin age 12-17 years and 18 years plus will participate in the programme including participants from the North West Area. The following groups and organisations will be participating are, CRC Raheny/Clontarf, St. Michaels House, Vision Sports Ireland St. John of Gods, Brothers of Charity, St. Vincent's Centre, CDETB, NLN: National Learning Network and Down Syndrome Dublin.

Date/time and location: Tuesdays East Wall Water Sports Centre and Ballyfermot Youth Services Adventure Centres. Times TBC

Estimated Number of Programme Participants (per session): 6 participants

Programme Start Date: 14th June - Programme End Date: 10th August

- The Sports Ability Adapted Rowing programme is delivered in Islandbridge Municipal Rowing Centre. Individuals with Disabilities from across Dublin age 18 + years will participate in Rowing including participants from the North West Area. The following groups and organisations will be participating are the CRC and St. John of Gods. Date/time and location: Thursdays, Rowing Centre, Islandbridge. Times TBC. Estimated Number of Programme Participants (per session): 6 participants Programme Start Date: 1st July Programme End Date: 12th August
- The Sports Ability Adapted Multi-sports is targeted at individuals with Autism from across the city age 18+ years.
 Date/time and location: Tuesday afternoons, Donaghmeade Park, Dublin 13.
 Estimated Number of Programme Participants (per session): 12 participants
 Programme Start Date: 15th June Programme End Date: 20th July
- ➤ The citywide Sports Ability Summer Camp is aimed at children with physical disabilities involves a week of multiple adapted sports for children aged 6-12 years. Date/time and location: IWA Sport Clontarf, St. Anne's Park and East Wall Water Sports Centre. Monday 5th July Friday 9th July Estimated Number of Programme Participants (per session): 12 participants Programme Start Date: 5th July Programme End Date: 9th July
- ➤ The Sports Ability citywide Summer Camp for visually impaired children is a two week adapted multi sport event for children aged 6-12 years. This will be delivered virtually with DCSWP Sport Inclusion and integration Officers SIIO's providing online videos and activities for children with Vision Impairments.

 Partners (If any): Child Vision

Date/time and location: Monday 5th July – Friday 11th July (Virtual Event) **Estimated Number of Programme Participants (per session):** 12 participants

Programme Start Date: 5th July - Programme End Date: 11th July

➤ The Sports Ability citywide 'Learn 2 Cycle' programme is aimed at individuals with physical disabilities, mental health difficulties, ethnic minority groups and women from the Travelling Community from across the city age 6 upwards. SIIO's are delivering this programme in conjunction with Cycling Ireland. Due to popular demand extra courses had to be facilitated. There remains a large waiting list for this course.

Date/time and location: Tuesdays 1.30- 2.15pm (Disability), 2.30pm- 3.15pm (ethnic minority group), 4pm-4.45pm (Disability) Wednesdays 11am-11.45am, (Travelling community)

Estimated Number of Programme Participants (per session): 6 participants. Programme Start Date: 15th June Programme End Date: 27th July

Other highlights include the ongoing online Sports Ability Education & Training in partnership with CARA.

Co-Funded Officer Update

Athletics, Cricket, Football, Rowing and Rugby school programmes continue before the summer break in the North West area after which officers will be delivering their annual summer camps. DCSWP Sport and Co-funded officers will also be linking in with the Dublin Festival of Sport and Olympic focused initiatives.

• In Cricket Schoolyard, Olympic and Dublin Festival of Sport sessions will take place on a citywide basis over the next period

- The FAI Late Night Leagues will commence in the Ballymun area in July every Friday aimed at boys aged 14-16 years. Club Development continues with clubs in the North West area. The Development programmes will include the delivery of Safeguarding 1, 2 and 3 courses. The FAI North West Development Officer is also recruiting Auxiliary staff from the area to cover the number of programs planned over the coming months including the FAI summer camps.
- In Rowing on the water sessions have resumed in the Municipal Rowing Centre in Islandbridge. Upcoming citywide summer camps will commence on 28th June.
 'Rowkyo' the citywide rowing initiative which sees young rowing enthusiasts make their way virtually to Tokyo has also resumed.
- In Rugby highlights include the Give it a try programme aimed at widening participation, the new 'Tag4EveryMum' initiative which encourages mothers of young players to get involved, better understand the game and get back into sport, upcoming Tag Blitz's and the Bank of Ireland summer camps which commence in July.

Dublin City Sport & Wellbeing Partnership will be linking in with the following local/national events over the next period:

		Partnership project between Marathon Families, DCSWP, Fingal County Council and KBC. Adaptation of Marathon Kids programme. More info at https://marathonkidsireland.ie/marathon-	
	Marathon Families	families/	
14-20 June	Men's Health Awareness Week	Mens Health Forum In Ireland	
		United Nations International Mental	
21st June	International Day of Yoga	Health/Wellbeing Project	

CONTACT DETAILS

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