

**Housing, Community & Emergency Services Department
South East Area Office**

**To the Chairperson and Members of the
South East Area Committee**

Report of the Director of Services, South City

Grand Canal Sub Group

A meeting was held on 16th January with Waterways Ireland representatives and councillors to discuss ongoing management and maintenance of the canals in the city and to agree a new structure for interaction between Waterways Ireland and Dublin City Council (DCC). It was agreed to have quarterly meetings on an ongoing basis and details of the next meeting will be circulated in due course. A further meeting was held on 20th February 2020 with Waterways Ireland Management to agree the structure of meetings going forward. Draft Terms of Reference are being revised and will be circulated to councillors soon. The first quarterly meeting has been delayed due to the current crisis, but will be held as soon as possible in 2020.

Portobello Harbour Square

An initial meeting was held with City Architects Department on 17th October to examine an outline brief for the proposed redesign of Portobello Harbour Square, bearing in mind the proposed hotel development on the site. Commencement of works on site has been delayed and work is unlikely to start before July 2020. A meeting was held on site with hotel developer's architects, John Fleming and Associates, on 12th March 2020 and further meetings will be held in due course to consider interim improvements to the square while work is ongoing.

Rathgar Village Improvement Plan (VIP)

Herzog Park, Rathgar – Final Phase 2020

The Rathgar Village Improvement Plan (VIP) was approved by the South East Area Committee in January 2015. One of the main objectives that emerged during the formation of the plan was the redevelopment of Herzog Park. The South East Area Office undertook local consultation and worked with Redscape and Park Services to create a plan which was brought to Part 8 and approved at the January 2017 meeting of the City Council. The final phase of the works planned for 2020 include the re-alignment of the front boundary of the park and the revised car park layout, as set out in the Part 8 permission. Boundary treatment and further landscaping inside the park will be required as part of the works to finish the project.

Ranelagh Gardens Park

Works to light / enhance the main entrance archway are being considered for 2020 subject to funding.

Ringsend Irishtown Local Environment Improvement Plan (LEIP)

The Ringsend Irishtown Local Environment Improvement Plan (LEIP) was adopted at the June 2017 South East Area Committee meeting. It is proposed to prepare planning applications under Part 8 of the Planning and Development Regulations, 2001, for the redesign of (1) Library Square and (2) Cambridge Road.

Library Square: (Mitchell & Associates) Meetings with internal stakeholders were held during September and October 2018. A meeting was held with local businesses to discuss parking / loading arrangements on 5th December 2018. A presentation was made to area councillors

on 13th February 2019 and a preliminary draft design was brought to a public meeting for all stakeholders on Thursday 21st March 2019 in the Ringsend Irishtown Community Centre (RICC). Following a period of consultation up to 19th April 2019, submissions were received and have been reviewed by the project team. A revised design was brought before the Public Realm Working Group on 22nd October 2019. A meeting of all internal stakeholders was held on 28th November 2019 and further meetings will be required with key departments before design can be finalised. Pre Part 8 report will be circulated to internal departments in the near future. Following that, councillors will be briefed and a second public information meeting will be held before commencing formal Part 8 process.

Cambridge Road: (Redscape Architects) An initial public workshop in relation to Cambridge Road was held on Thursday 30th August 2018 in the RICC. Meetings with internal stakeholders took place in September and October and designs were drafted based on consultations which were brought to a second public workshop/meeting on 28th November 2018. Further information is required in relation to road design and drainage requirements for the proposal. Further discussions have recently taken place with Road Design & Construction, E & T Department, and they have confirmed that will take on the completion of the Cambridge Road project to Part 8 during 2020.

Rosary Hall

It is necessary to carry out remedial works for the acquired premises at Rosary Hall. Consultant architects and quantity surveyors have been engaged to determine and coordinate the full extent of works required on site. A drone & topographical survey have been concluded.

Onsite meetings have taken place between the consultant architect, DCC's architect and area manager. An itinerary of potential costs had been prepared by the consultant architect with the assistance of a consultant quantity surveyor.

It is now anticipated that works could cost in the region of €300,000 including mechanical & electrical works, fire safety works, some remedial works and lift replacement.

Therefore, a priority list of works is currently being prepared. No definitive funding had been identified for this project as yet. Due to the fact that the Covid-19 pandemic is financially impacting on the income base of the city council, a review of all projects is underway. The financial impact will primarily be determined by the length of time the current restrictions are in place, which ultimately could impact on the scope of this project.

An initiative with our Age Friendly Committee was for the utilisation of some of the land at Rosary Hall for a Community Grow Hub. A meeting will be arranged in June to discuss this proposal with the main lessors. In the interim, the hall is not being utilised due to the government restrictions.

Age Friendly Initiative Harold's Cross

The inaugural meeting of the Age Friendly Committee took place on January 28th and was well attended. A draft report was submitted by the Harold's Cross Village Community Council (HCVCC) in conjunction with Rob Chester, Area Community Officer and it was agreed to progress a number of these proposals funding permitting. In tandem, it is proposed to hold a workshop to further engage with the residents and ensure particularly any elderly resident who was not consulted has an opportunity to contribute to the process and be included. A further meeting took place March 10th and was well attended and the plan to date was reviewed.

Key points from the meeting included: that the Community Growing Hub initiative is accelerating at pace and will require assistance from DCC for use of Rosary Hall. A new location will need to be sourced for the defibrillator, as it will not be possible to locate in Harold Cross Park per Les Moore unfortunately.

Proposed date of Thursday the 30th of April at 7.30pm was set for the facilitation and independent facilitator Deirdre Massey had been contacted to assist with the consultation. Concerns about Covid – 19 were raised, which meant that the workshop was deferred.

A subgroup under the Housing SPC has been convened to look at the citywide Age Friendly Strategy. Under this structure, submissions for funding may be advanced, including the Harold's Cross Project.

Due to the current Government guidelines on social distancing and cocooning all meetings are currently postponed until further guidelines allow for larger meetings

As stated, an initiative for consideration for the Age Friendly Committee was for the utilisation of some of the land at Rosary Hall for a Community Grow Hub and this will be progressed in June.

Details of this initiative have been forwarded to the main lessors.

Pearse Memorial Park Crèche

The crèche extension was to be financed by the Crumlin Childcare Crèche and with DCC agreeing to project manage the construction works in conjunction with consultant architects.

The build element after tendering was to cost in the region of €305k.

The crèche has reserve funding themselves, a 50k grant from Pobal and €25k from discretionary funding and had sought a loan from Clan Credo of €125k. The works had been tendered by our Parks & Landscape Services Division and were to be project managed by that section. A separate hurling wall project has been tendered by the Parks Section and will be paid for by DCC. A further licence extension of another five years (10 in total) was agreed at the December area committee meeting and was agreed at the January council meeting.

However, due to the Covid-19 Pandemic, the crèche has been closed since Thursday March 12th.

The crèche management has indicated that due to the uncertainty around the reopening of the crèche which would impact significantly on their ability to repay a loan, they are not in a position to continue with the project at this juncture.

A €45,000 grant had also been issued by Pobal, but unfortunately, the extension on the government grant ran out and they have been unsuccessful in getting this extended. The result of this is that the funding has been rescinded and they have been asked to return the €45,000 as 90% fulfilment of the Pobal capital

The area manager has met with the crèche manager and architect to see how the project might be 'future proofed' in the event that the extension can proceed in the coming years.

The area manager will continue to meet with the crèche management to see how the space where the crèche was intended to go can be best prepared and utilised to assist with social distancing when the children return. Elements of these works are currently being costed.

Rutland Grove

A meeting took place on 30th January with Traffic Engineers, Les Moore from Parks, area manager, staff and Cllr. Pat Dunne. It was agreed at the meeting that the Traffic Section would look again at the feasibility of putting dedicated parking as per Part 8. If it possible to implement, the design would need to be progressed and costed. Parks are also prepared to look at enhancements at the entrance and the chair of the residents' association has provided ideas in relation to this.

Armagh Road Senior Citizens' complex (FOLD VHA)

3 blocks (Alder, Birch and Oak) have now been completed, providing 44 new units. A number of tenants have moved in and the remainder are scheduled to sign their tenancy agreements over the next two weeks (commencing 25/5). The next block to be completed will be Cedar block, which should be ready shortly. The Elm and Fir blocks will follow on after that and we are awaiting completion dates for these blocks.

Raleigh Square Senior Citizens' Complex (Tuath VHA)

Works were due to recommence week beginning 25th May and we are awaiting an updated programme.

Mount Argus

It was expected that these units would be handed over in March following the completion of snagging works. However, due to Covid 19 restrictions work was halted on the site and only recommenced on May 18th. We are awaiting details of handover dates. The units were due to be managed by the Iveagh Trust VHA but they have pulled out and negotiations are ongoing with another VHA. The units will consist of 4 x 1 beds, 8 x 2 beds and 1 x 3 beds.

St. Pancras, Mount Tallant

3 x 1 bed units and 4 x 2 bed units will be acquired in this new development and handover was expected by the end of Q1, 2020. However, due to Covid 19 restrictions work was halted on the site and only recommenced on May 18th. We are awaiting details on a completion date. These units are likely to be managed directly by DCC rather than an approved housing body.

Cabbage Patch

Tenders are being prepared for the refurbishment of the pitch at the Cabbage Patch. Given that the Cabbage Patch was a former cemetery, the refurbishment of the pitch will be overseen by an archaeologist who is liaising with the pitch designers regarding the refurbishment.

Iveagh Trust Green Strategy

We are liaising with the Parks Division regarding one element of the Iveagh Trust Greening Strategy where we made provision in this year's discretionary fund for greening the gable walls at Bride Road.

Markievicz House

The contractor is back on site and works began on Monday 18 May 2020. The contractor is working under all guidelines set out in government and HSE direction re: Covid -19. We are expecting the work to be completed over the next six weeks, weather permitting. South East Area Office are in the development stages of installing CCTV in Markievicz House.

St. Andrew's Court:

The South East Area Office has re-started the de-tenanting process in St. Andrew's Court under the strict guidelines due to Covid -19 " It is anticipated that a design team will be in place by mid-July . Part 8 for demolition is being prepared and expected to be ready for the July area committee meeting.

Community Development

The unprecedented situation with COVID 19 has brought new challenges and major upheaval to community development across the city and to the South East area. This would usually be one of our busiest times of years with many events from walks and talks, gardening and environmental projects, arts and literature events, older persons and age friendly events with Bealtaine, plans for summer parties and village gatherings and the Tidy Towns and City Neighbourhood preparations would usually be in full swing.

The isolation and cocooning regulations resulted in many of our community left alone and needing assistance and help. The Alone and local government phone response was met in each area by our team of community staff taking the referrals from South East admin. staff and working with our networks and community links to meet the needs. We reached out to the many groups we work regularly with and set up volunteer groups and outreach projects.

Calling each referral personally and working to ensure their basic needs were met was our main focus. Organising volunteers to help get shopping, deliver medical needs, organise meals on wheels deliveries and assist with personal needs became the main focus of our

work. In many cases we and the volunteer teams provided advice and an ear to stressed and frightened people left isolated by the circumstances.

To assist our communities stay at home and maintain health we developed a new website www.holdingittogetherapart.com Further details on this are given below.

As we now approach the mid-summer months many of our usual events in our parks, greens, older person's complexes and village spaces cannot take place.

We are aiming to try and have as many of these events on-line and in small spaces where people may be able to watch from balconies etc.

One of our challenges was running our annual summer plant sales and assisting the Tidy Towns and Community groups who do so much great work cleaning, greening and flowering our villages. Many of these groups adapted quickly and became our volunteer links meeting the needs of many in the community. They still wanted to flower and green their village areas, working carefully with social distance rules so we supplied summer bedding direct to these groups who are flowering the public spaces and provided some to older persons' neighbourhood groups to help clean and improve the area.

We aim to develop a full report in time to show the full extent of those reached during this community call period.

Community Grants:

All Community Development Grants completed for 2019; grants are currently being brought to final decision by the main council and we hope to have these sent out a.s.a.p.

Vibrant Villages Greening Projects & Tidy Towns:

Upgrade work for the villages of Crumlin, Terenure, Harold's Cross and Kimmage has re-started through local volunteer groups and Tidy Towns initiatives. Box planters are being replanted and repainted and additional units are being installed in Crumlin and Kimmage. Kimmage has a new environmental group that initiated during the lockdown. An audit of environmental issues in the area was undertaken with the group on 19/5/2020. A significant realignment of planters will take place as well as installation of new units. Several clean-ups are planned over the coming weeks, all on a socially distanced basis. The principal aim is to get our villages looking as well as possible for the re-opening of shops within each village. The fledgling Environmental Group for Rathmines will be re-contacted to see what level of activation they will be undertaking and several box planters are being repositioned in Rathgar Village to create better room for social distancing. Artwork will commence on heavily tagged utility boxes in the Crumlin area from 1st June. Local artists have been sourced to draw caricatures of well-known long standing volunteers or famous people from Crumlin.

Age Friendly Ireland:

We are working with Dublin Age Friendly Cities providing information and weekly updates to all. The H X Grow Project continues to receive our support; a comprehensive submission on creating a Growing Hub in Rosary Hall Park has been collated and is under review. Nearly 100 local residents of Harold's Cross are now remote members of the project and the plant/share and swop continues.

Community Music/Arts:

A series of outdoor gigs in our sheltered housing complexes and other charity senior care facilities, and one-on-one garden gigs with isolated individuals is planned. A test of these events will take place in Stannaway Court and Lorcan O'Toole Court to assess the efficacy of such events, with the safety of residents, staff and artists paramount. No published dates for these events will be available, to alleviate the risk of them being publicised on social media and other outlets. Local residents will be informed by the liaison officers and centre managers

as they are arranged. As the opening phases continues, we will assess what can be delivered from our Community Plan on a distanced basis.

Allotments:

All allotments were closed under the initial shut down rules. This was unfortunate with the timing of spring, but necessary. All allotments have now been reopened and all lease- holders have been advised to carry out their work maintaining social distance and health and safety guidelines. We have been working with horticulturalist, Aoife Munn, who is providing gardening advice and tips on our website www.holdingittogetherapart.com

Leisure and Sport Activities:

Working with our sports officers, we will be assessing what DCC Sporting, Leisure and Healthy Activity Programmes can re-start from Phase 2/3 onwards. Most of these will focus on outdoor activities. A number of clients have requested that movement, art and other activities should re-start as soon as possible in the Evergreen Club, Terenure. This can only be achieved if the building re-opens to the public with all activities taking place on a socially distanced basis (floor markings, closed toilets etc.). We will be contacting the BRU Crumlin and CLAY to see what plans they have to re-activate their programmes and how we can assist these vital programmes.

Holding It Together | Apart:

Holding It Together Apart' is a Community Development project aimed at helping people to maintain their physical, spiritual and mental well-being while isolated and at home with Covid 19.

Developed by Declan Hayden, Community Development Manager in South East Area, DCC and Muirne Bloomer Artistic Director and Choreographer, the project was envisaged as a response to arising needs in the community following the COVID19 restrictions.

The unprecedented challenge for people staying at home sees new and difficult stresses at various levels. For the person living alone, increased loneliness, lack of engagement, confinement in one space brings one challenge. For the family space and entertaining, maintaining sanity, calm and equilibrium in the daily routine brings others. Cocooning in a small apartment is very different from a house with a garden. Mental health is a very core issue for all.

The aim was to develop a range of activities and interesting projects for all ages and backgrounds that were easy to do and could be followed each week.

We have links with many great artists, creative developers and professionals, many who worked with us in the Dublin City Area on ongoing projects who also were challenged with very little work in their area who were also struggling with the lock down. We started with the plan to provide classes in dance, meditation, movement and creative practice to help engage all members of families and households in staying active and calm.

- **Tarik Shabani** is a professional dancer who has worked on a host of professional theatre, festival and studio projects.
- **Aoife Munn** is a renowned horticulturalist featuring on RTE regularly who has been working with DCC Parks Recreation & Community in the past few years on education.
- **Hugh Brown** is an actor with 22 years' experience in film, theatre, street performance, circus, clown and music; specialising in producing work for young audiences.
- **Anne Tannam** is a published poet with two collections and a new one to come in 2020 and also a qualified life coach with a background in teaching and facilitation.
- **Maureen Nightengale** is a one of the founding directors of Yoga Therapy Ireland and has been teaching yoga for over 20 years.
- **Andrew Clancy** is a renowned sculptor and set designer. His work is in both public and private collections and over the past twenty years has exhibited widely.

- **Marie Angeline Lascaux** is a qualified yoga teacher, has over twenty years' experience coaching stress reducing techniques which she tailors to the needs of her clients. She is committed to deliver quality tuition tailored to the needs of groups and individuals to promote a healthy lifestyle and encourage positive changes in people's lives.
- **Robert Teeling** is a professional artist based in Ireland. His passion for art, specifically wild life, began at a very young age. These days, his works grace the walls of many homes and galleries around the world. Robert is constantly looking for inspiration and reference material to ensure that he captures the real and natural beauty of his subjects.
- **Justine Cooper** is a dancer and choreographer and shares her passion for creating natural beauty products. Using popular ingredients found in the kitchen cupboard, Justine creates the most luscious of cosmetics.
- **Grainne Toher** is a body and mind teacher since 2012, Grainne is a fully qualified Pilates, meditation and mindfulness instructor. She has developed a suite of services across a variety of media to support you on your own body/mind journey.

Further classes will aim to include Asian cooking with Eva Pau from Asia Market, cooking and baking, narrated stories and poems, a creative writing competition, exercise classes, Pandemic Pets (a competition for our furry friends), ritual and grieving assistance and new dances.

Full details at www.holdingittogetherapart.com and we also are on all social media. Please do follow and promote.

We want to especially express a huge thank you to all volunteers and community groups in our area who have been a huge resource and assistance in responding to the Covid Community Needs.

All Information correct as time of publication but are subject to change

Markievicz House

The contractor is back on site and works began on Monday 18 May 2020. The contractor is working under all guidelines set out in government and HSE direction re: Covid -19. We are expecting the work to be completed over the next six weeks, weather permitting. The South East Area Office are in the development stages of installing CCTV in Markievicz House.

St. Andrew's Court:

The South Area Office has re-started the de-tenanting process in St. Andrew's Court under the strict guidelines due to Covid -19. It is anticipated that a design team will be in place by mid-July. The Part 8 for demolition is being prepared and expected to be ready for the July area committee meeting.

Waste Management / Environmental Services

Logistical support to community clean-ups on a limited basis.
Illegal dumping reports to Waste Management Division. .
National Spring Clean 8th June-20th June to go ahead.
Litter wardens are patrolling & monitoring the South East area.

Graffiti

Graffiti is being removed by a contractor on a case-by-case basis. No direct labour graffiti removal until Covid 19 restrictions lifted.

Grafstop Trial

2 properties in Portobello have been written, to and waiver forms supplied. Portobello Tidy Towns have given a commitment to assist in future graffiti removal following the application of Graffstop. Unresponsive address has been written to again to 18th May. No response received to date.

Abandoned Bike Removal

Abandoned bike removal service is temporarily suspended.

Dublin Canvas Art on Traffic Boxes 2020

Public Callout by Dublin Canvas 25th May for artists to paint selected DCC traffic boxes in the South East area. Closing date 22nd June.

Weed Control

Tender process still active. No contractor has been appointed to date.

Traffic cone removal

Pending, subject to lifting of Covid 19 restrictions.

Proposal for spending additional funding allocated for locally based waste management initiatives in South East Area

Dog fouling patrols are suspended until Covid 19 restrictions are lifted.

Dublin City Sport & Wellbeing Partnership (DCSWP) on the ground programmes continue to be suspended however supporting people to stay active and healthy during these unprecedented times remains our goal. In doing so have undertaken the following:

- 1) **Series of online exercise videos** for individuals and families of all abilities that include DanceFit, Yoga, HIIT, Chair Aerobics and Inclusive Family Fun Games. They have been shared and promoted as follows:
- 2)
 - Primarily on DCSWP social media channels with excellent engagement resulting in a notable increase in followers.
 - Via DCSWP Officers in local communities across the city to ensure as many people as possible can access the workouts.
 - As part of Workplace Wellbeing Day on 1 May 2020 to all staff in Dublin City Council.
 - Included in the Healthy Ireland @ Your Library initiative.
 - <https://www.youtube.com/channel/UCjzoRBN5Ns8BKtYWiMX00hA/videos>
- 3) **Stay Home, Stay Active, Stay Healthy.** DCSWP collaborated with Age Friendly Dublin to produce and distribute a new booklet called Stay Home, Stay Active, Stay Healthy. The booklet is a guide for older adults to keep active during the cocooning period as not everyone in the age category will access the online videos as outlined above. To start, 5000 copies of the booklet were distributed to individual homes, community groups, pharmacies etc. The booklet has been well received and was endorsed by the Lord Mayor Tom Brabazon. Stay Home, Stay Active, Stay Healthy can be found on the Dublin City Council Webpage using the following link: - <https://www.dublincity.ie/sites/default/files/content/Housing/Documents/OlderAdultsBooklet.pdf>
- 4) **'Get Physically Active' Sport Inclusion Programme:** DCSWP Sport Inclusion and Integration Officers are hosting weekly zoom exercise sessions for individuals aged between 19 and 65 years with intellectual, physical and sensory disabilities. As part of the programme, each session has a different fitness theme covering topics such as the benefits of exercising every day, strength training, making healthy food choices, getting fresh air etc. The participants are also set weekly individual and group challenges, which encourage them to interact with their families at home and with each other in between sessions. The programme began as a partnership with the Central Remedial Clinic for one group and for a duration of 5 weeks. However due to its success, 'Get Physically Active' is currently being delivered on an ongoing basis, to groups with between 10 and 40 participants, in conjunction with the following service providers.

Monday	11:30am	National Learning Network (Dublin 7 & 15)
Monday	2pm	National Learning Network (Ballyfermot)
Tuesday	12:30pm	St. John of God's Liffey Services (Dublin 6 , 8,10,12 & 24)
Tuesday	3pm	Central Remedial Clinic
Wednesday	11am	Central Remedial Clinic (Raheny, Killester, Clontarf)
Thursday	2pm	National Learning Network (Ballyfermot)

Spina Bifida Hydrocephalus Ireland (SBHI) Collaboration

DCSWP Sport Inclusion and Integration Officers are teaming up with SBHI to deliver sports and physical activity sessions for their online summer camps running from Monday 29 June 2020 until mid-August. Individuals from all Dublin will participate in the camps including the South East Area.

5) Virtual Couch to 3K Walk/Jog Programme

On 29 June 2020, DCSWP in conjunction with the three other Dublin based Local Sports Partnerships (Fingal, Dún Laoghaire-Rathdown and South Dublin) is launching a virtual couch to 3km walk/jog programme. Running for 8 weeks, participants will receive a weekly plan consisting of 3 sessions and will receive a certificate of completion at the end. The programme will be promoted on social media from 16th June 2020 and registration is via Eventbrite.

6) Online Presence

DCSWP Sport Officers continue to engage with local community groups and previous programme participants via tutorials, skill challenges and exercise sessions across social media channels, on zoom and via Whatsapp.

Twitter: [@dccsportsrec](https://twitter.com/dccsportsrec)

Facebook: [DublinCitySportandWellbeing](https://www.facebook.com/DublinCitySportandWellbeing) Instagram: [@dublincitysportandwellbeing](https://www.instagram.com/dublincitysportandwellbeing)

7) Sport for Young People Small Grant Scheme

The Sport for Young People Small Grant Scheme is available once annually to sports clubs operating within the administrative area of Dublin City Council that are affiliated to a National Governing Body of Sport. The purpose of the scheme is to provide opportunities for young people aged 4 – 21 years to participate in sport and physical activity. The grants are funded by Sport Ireland and administered by Dublin City Sport & Wellbeing Partnership. The scheme will be open for applications at the end of June 2020 via the DCSWP social media channels as at **6)** above.

8) Co-funded Team Initiatives

Boxing in the Community

On Monday 11 May 2020 the Boxing in the Community Team began running their Start Box programme online via the DCSWP and IABA social media channels. Running for 8 weeks, the programme consists of basic boxing sessions and interviews with high performance coaches as well as current and former boxers. See above DCSWP social media handles.

Cricket in the Community

The Development Officer continues to promote and encourage keeping active and healthy via social media cricket skill challenges and tutorials that can be seen on <https://twitter.com/cricketleinster>

Football in the Community

The Development Officers are currently carrying out an audit of all Dublin City based football clubs to assess their level of compliance with safeguarding legislation. Whilst this is an onerous administration task, it is of huge value to re-emphasise this legal necessity. Approximately 200 clubs across Dublin City have been contacted and an action plan will follow to address any deficits that may become apparent.

The team are volunteering to deliver prescriptions for Boots Chemists to vulnerable members of the community. They also continue to promote and encourage keeping active and healthy via social media football skill challenges and tutorials.

Specifically for the South East Area, the Development Officer has produced a booklet of social distancing sessions for seven clubs from the Ringsend, Pearse Street & Kevin Street areas. He has also hosted a number of webinars with an F.A.I. colleague currently working at the Juventus Academy in Dubai for 16 young players from Cambridge FC on roles and responsibilities of positional play.

Get Going Get Rowing

Rowing Ireland continue to promote and encourage keeping active and healthy via social media through the following:

- Online rowing classes, kettlebells and Strength & Conditioning sessions with indoor champion Kenny McDonald.
- Stretching and flexibility exercises with High Performance athletes
- Spotlight on innovative clubs
- Nutritional tips
- Virtual regatta series

Rugby in the Community

The Development Officer continues to promote and encourage keeping active and healthy via social media rugby skill challenges and tutorials that include:

- The Aldi Play Rugby Teacher Training Course for Primary Schools
- Online Upskilling of coaches

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Dated: 3rd June 2020