

To: **The chairperson and members of
North Central Area Committee**

27th November 2024

**DONAGHMEDE & CLONTARF LEAS - CSDS UPDATE FOR THE
DECEMBER MEETING OF THE NORTH CENTRAL AREA COMMITTEE**

The Community and Social Development team for Donaghmede and Clontarf continues to engage with and provide capacity building supports for community and voluntary groups throughout the area. The below reports gives an insight into the work carried out across the area in the last month.

Walkability Study: Donaghmede

The Older Persons Council (OPC) for the North Central Area completed a walkability study in Donaghmede on 12th November. This walkability audit focused on a defined area within Donaghmede, assessing factors such as pedestrian safety, accessibility and the general environment for older adults. The walk was conducted with the assistance of OPC members, members of both Community & Social Development teams in the North Central Area, local community members and An Garda Síochána. The information gathered from this study will be used in identifying potential areas for improvement that could enhance mobility and quality of life for older people in the community.

Safety Forums

Safety Forum meetings took place in both Edenmore and Donaghmede on 12th and 13th November respectively. The Safety Forum Meetings aims to foster dialogue and collaboration to enhance community safety in the area. The Community and Social Development team were on hand to answer questions from members of the public and progress any issues that were raised locally.

Dublin Inclusion & Integration Week

This year's Dublin Inclusion & Integration Week took place from 11th to 17th November. The Community & Social Development team supported a number of events across both LEAs. You will find a flavour of these events below:

Intergenerational Knitting

The Community & Social Development team, in support of Integration and Inclusion Week, partnered with St. Paul's Knitting Group to host an intergenerational knitting morning on November 12th. The event brought together members of the knitting group and students from St. Paul's Senior National School, offering a unique opportunity for the younger and older generations to come together and share skills. Participants were able to learn new knitting techniques from one another, fostering communication and connection across ages. After the workshop, everyone enjoyed light refreshments, concluding a lovely morning of creativity and camaraderie.



Intergenerational Knitting



Roll and Stroll

The Community & Social Development team in collaboration with the Dublin Sports & Wellbeing Partnership, successfully facilitated a Roll & Stroll initiative aimed at individuals with mobility and intellectual disabilities. The event took place on 13th November in the beautiful surroundings of St. Anne's Park and attracted around 20 attendees eager to participate.

Participants enjoyed a supportive and inclusive walking experience, providing an opportunity for social interaction and physical activity in a welcoming environment. Following the stroll, attendees were treated to light refreshments, allowing for further engagement and relaxation.



Roll and Stroll St. Anne's Park



Intergenerational Chair Aerobics & Exercise Class

The Community and Social Development Team partnered with the Dublin Sports & Wellbeing Partnership to host an Intergenerational Chair Aerobics & Exercise Class at St. Monica's Youth Centre on Tonleage Road on the 14th of November. The event saw regular attendees coming together with enthusiastic students from 5th Class at St. Eithne's GNS. Everyone enjoyed a lively session filled with interaction and fun. To wrap up the morning, light refreshments were served, allowing participants to relax and socialise further. It was a wonderful event celebrating health, community, and engagement!



Intergenerational Chair Exercise



Fun Tag Rugby

To promote inclusion through sports, the team partnered with the Dublin Sports & Wellbeing Partnership to run a Fun Tag Rugby taster class for attendees of the Cross Cultural Conversations (CCC) initiative in Scots Hall on the 14th November. Attendance was lower than expected, however, we would like to acknowledge the support of the Sport Officer and the co-funded Rugby Officer who attended the day and volunteers with CCC. The Community and Social Development team will continue to engage with this initiative in order to build relationships for future projects.

Raheny Age Friendly Community Group Tea Dance

The Community & Social Development team were delighted to support Raheny Age Friendly Community Group's Tea Dance on Thursday 14th November. This event was a fantastic way to bring people together in celebration of Integration & Inclusion week. Attendees appreciated the chance to socialise and partake in music and dancing, all while fostering a sense of community and connection among participants.



Raheny Age Friendly Community Group Tea Dance



Lego Workshop for Children with Autism

As part of Integration & Inclusion week, the Community & Social Development team supported Artane Coolock Family Resource Centre and their Parent Lead Autism Network to run a Lego workshop for families with autistic children and their siblings. The event was led by Jessica Farrell, Ireland's sole Lego Master, who guided 11 families through various exciting building projects. With a total of 23 participants, the room buzzed with focus and collaboration as families brought their projects to life. Participants reported a strong sense of accomplishment, with one parent sharing that it was the best time they had ever spent with their son. To round off the enjoyable afternoon, pizza was served, providing an opportunity for families to relax and socialise. Overall, the Lego workshop was a wonderful initiative that brought families together, allowing them to celebrate their strengths and enjoy quality time in a supportive environment.



Lego Workshop for Children with Autism



Contribution Support for Christmas Events 2024

The following requests for funding have been received and approved by the Community and Social Development Team for the Christmas period. Further information on these events will be provided in the next Area Committee Report.

- Lighting of Springdale Sensory Garden
- Christmas Tree Lighting Kilbarrack
- Donnycarney West Community Association
- Le Cheile Donnycarney

Natasha Bagnall Area Community and Social Development Officer
Clontarf & Donaghmede LEAs