



To: **The chairperson and members of
North Central Area Committee**

3rd September 2024

**DONAGHMEDE & CLONTARF LEA'S - CSDS UPDATE FOR THE
SEPTEMBER MEETING OF THE NORTH CENTRAL AREA COMMITTEE**

Fun Days

The Community team supported the following local family fun days over the summer months:

- Brookwood Lawn - 24th August
- Sensory Garden Springdale Road – 27th July
- All Hallows Residents Association - 25th August
- Belmayne Fun Day - 25th August (cancelled due to weather)
- Sensory Garden Springdale Road – 31st August
- Mount Prospect Grove - 1st September
- Gracepark Meadows - 7th September
- Vernon Park Residents Association - 7th September
- St. Paul's Family Fun Day - 7th September

Historian in Residence



Katie Blackwood, "*Historian in Residence*", gave a talk on Cadbury's chocolate factory to "*Ayrfield Circle of Friends*" on 29th August in Ayrfield Community Centre. There was also an opportunity for attendees to share their memories about the factory and reminisce about their times in Cadbury's. There was a great attendance and the talk was a huge success.

Recovery Month

The focus of "*Recovery month*" is to highlight recovery as part of the journey for those struggling with addiction, to encourage communities to change their views on addiction and to make recovery more visible with less stigma in the community.

The Community & Social Development team for the Clontarf & Donaghmede LEA's has made a financial contribution to Donnycarney Youth Project's Drug & Alcohol Addiction Service to support events they are hosting during the month of September.

Memory Strategy Education Group – Beaumont Hospital

We were approached by St Joseph's Day Hospital, Raheny to help source and fund the cost of a venue for a 6 week pilot programme for a new Memory Strategy Education Group (MSEG).

The programme is designed to provide advice and strategies to deal with the impact of memory impairment on “*Activities of Daily Living*” (ADLs).

It consists of a 75-minute weekly session for 6 consecutive weeks with an OT intervention designed to assist clients with memory impairment to adopt strategies to manage memory impairment in their daily lives.

Research was conducted that demonstrated an increased use of external memory strategies by participants on completion of the course, in addition to reducing the participants concern about their memory difficulties.

The pilot will commence on Wednesday 18th September in St Paul's Youth Centre, Gracefield Road with 12-16 participants.

Positive Ageing Week

This year's positive ageing week will be celebrated from 30th September – 6th October. Positive Ageing Week 2024 celebrates ageing and the contribution of older people. CSDS will host a number of events to mark the week. The calendar of events will be advertised across the community once finalised.

Learn to Cycle Programme

The community team are supporting a six week Learn to “*Cycle Programme for children with Autism*” from the “*Parent Led Autism Network*” in the Artane Coolock Family Resource Centre and Doras Búí Coolock.

The programme will commence on 12th of September in St. Paul's Youth Centre and will be run by Dublin City Council's Sports Inclusion & Integration Officer.

Photo Exhibition for “The Tuesday Club” 10th Anniversary

We are delighted to support the Fairview Marino “*Tuesday Club's*” photographic & audio visual exhibition on 6th & 7th of September in Our Lady's Hall, Philipsburg Avenue. The exhibition is to celebrate 10 years of the club in the 2024 Marino Centenary Year.

Sheila Duffy Senior Community Officer
Clontarf Donaghmede LEA'S