

**To the chairperson & members
of the North Central Area Committee**

**North Central Area Committee Dublin City Sport & Wellbeing Partnership Report
October 2022**

Please see below details of Sport and Co-funded Officers who work across communities in the North Central Area and Citywide officers who deliver programmes in all five electoral areas.

North Central Area – Sport Officers

Name	Area	Office	Email	Phone Number
<p>Officer to be appointed following resignation – these areas continue to be supported in the interim.</p>	<p>Donaghmede, Kilbarrack, Belmayne, Clarehall, Clongriffin,</p>			
<p>Olivia Shattock</p>	<p>Clonshaugh, Coolock, Darndale, Edenmore.</p>	<p>Kilmore Community Centre</p>	<p>olivia.shattock@dublincity.ie</p>	<p>086 383 5020</p>

Name	Area	Office	Email	Phone Number
Fergal Scally	Artane, Beaumont Clonshaugh Industrial Estate, Donnycarney, Kilmore.	Kilmore Community Centre	fergal.scally@dublincity.ie	087 118 1885
John McDonald	Santry, Whitehall	Poppintree Community Sports Centre	john.mcdonald@dublincity.ie	087 112 7291
John Sweeney	Clontarf, Fairview, Killester, Howth Road, Raheny.	Ballybough Youth & Community Centre	john.sweeney@dublincity.ie	087 980 9095

North Central Area – Sport Specific Officers

Name	Sport	Specific Area	Email	Phone Number
Keith O'Halloran	Soccer	Artane, Clontarf, Donaghmede, Whitehall	keith.ohalloran@fai.ie	083 879 2335
Neil Keoghan	Soccer	Drumcondra, Marino, Santry, Whitehall	neil.keoghan@fai.ie	083 879 5580.
Ray McCabe	Rugby	North Central Area	ray.mccabe@leinsterrugby.ie	083 463 1065
Noel Burke	Boxing	North Central Area	noelkarenburke@gmail.com	086 326 5777

Citywide Sport Specific Officers

Name	Sport	Email	Phone Number
Colette Quinn	Athletics	colettequinn@athleticsireland.ie	085 871 2817.
Gerard O'Donnell	Athletics	gerardodonnell@athleticsireland.ie	085 871 3217
Fintan McAllister	Cricket	fintan.mcallister@cricketleinster.ie	086 179 5587
Aoife Byrne	Rowing	dublincoordinator@rowingireland.ie	087 269 6071
David Phelan	Health Promotion and Improvement	david.phelan@dublincity.ie	087 652 5001

Citywide Sport Specific Officers

Name	Sport	Email	Phone Number
Heather Jameson	Football For All (Disability) – North City	heather.jameson@fai.ie	083 879 3086
Chris McElligott	Football for All (Disability) – South City	chris.mcelligott@fai.ie	083 816 2334
Gráinne Vaugh	Women’s Rugby	grainne.vaugh@leinsterrugby.ie	Ph: TBC

As previously reported the Dublin City Sport & Wellbeing Partnership Virtual Hub is now live and can be accessed by clicking on the link below:

<https://www.dcswpclub.ie/>

Active Cities

As previously reported the Active Cities logo and brand identity has been developed and is now being represented in all DCC/DCSWP communication. The recruitment process for a dedicated Active Cities Officer has concluded and Carmel O’Callaghan has been appointed as the local lead for Dublin City. Carmel will work in collaboration with the National Active Cities Lead Officer. Further information will be provided in upcoming reports.

DCSWP Swimming Ireland Co-funded Officer

Gearoid Fallon has recently been appointed as the new Co-funded Get Dublin City Swimming Officer (a partnership between DCC /DCSWP and Swim Ireland) Gearoid will be working across the Dublin City Council areas and updates on programmes for the North Central area will be provided in upcoming reports.

DCSWP Athletics Officer

Following the resignation of Gerard O'Donnell, Conor Wilson, Athletics Ireland, will take up service as DCSWP's Co-funded Athletics Officer and will focus on communities, schools, groups and clubs in the South side of the city. Colette Quinn will continue to focus on target groups in North side communities.

Sport For Young People Club Small Grant Scheme

Following on from administering the Return To Physical Activity Grant, the Sport For Young People Small Grant Scheme was advertised on 29th June 2022 with clubs afforded three weeks to submit their application. 150 applications have been received and are currently being assessed and processed by DCSWP. The grant scheme is targeted at young people age 4-21 years and provides funding support for clubs in communities for the following,

- Purchase of equipment
- Administrative costs
- Training and coaching courses

Marathon Kids 2022

The Marathon Kids programme commenced in 2019 when Dublin City Sport & Wellbeing Partnership teamed up with Athletics Ireland, South Dublin County LSP & Fingal County Council LSP to deliver an eight week programme in schools across the Dublin region.

. Marathon Kids 2021 is just one example of how programmes can keep going and thrive even in the most adverse of circumstance. In previous years the programme was targeted at 5th and 6th class level but in 2021 it was expanded to include children in 4th class, thereby extending the reach and teaching more young people about the huge benefits of regular exercise in their lives.

In 2022 Marathon Kids will commence on 12th September and conclude following the Halloween break in November. The following North Central area schools are currently participating in the 2022 programme.

- Greenlanes National School, Clontarf

- St Columba's National School, Glasnevin
- St. Brigid's GNS, Glasnevin
- Colmcille SNS, Donaghmede

Linking with National and International Events

Over the next few weeks DCSWP will be linking on with the following major events. Programmes and initiatives in the North Central Area will run in tandem with national and international events across communities where possible and programmes will be promoted across all social media platforms.

Date	Initiative/Programme Name	Lead organisation
Sep - Nov 22	MarathonKids (see information above)	MarathonKids/ Local Authorities/Local Schools
11th- 17th Oct	Fit For All Week	CARA
8th November	Social Inclusion Week (DCC Inclusion & Integration Week)	DCC social inclusion Unit
10th October	World Mental Health Day	DCSWP
19th November	Men's International Health Day	
3rd December	International Day of Persons With Disabilities	
5th December	International Volunteer Day	
18th December	International Migrants Day	

Social media platforms and supports:

- Dublin City Sport & Wellbeing Partnership Virtual Hub: www.dcwsphub.ie
- Email: sports@dublincity.ie
- Twitter: [@dccsportsrec](https://twitter.com/dccsportsrec)
- Facebook: [DublinCitySportandWellbeing](https://www.facebook.com/DublinCitySportandWellbeing)
- Instagram: [@dublincitysportandwellbeing](https://www.instagram.com/dublincitysportandwellbeing)

Older Adult Programmes (age 55+ years)

Sports Officer	Name of core programme:	Priorswood Pastoral Group
Olivia Shattock	Description of programme activity:	Chair Aerobics
	Partners (If any):	
	Age group:	55 plus
	Gender:	Female
	Date/time and location:	6 th July 10.30am Priorswood pastoral centre
	Estimated number of participants <u>per session</u> :	20
	Date: Programme Start	Ongoing
	Programme End Date:	

Sports Officer	Name of core programme:	Priorswood / Clonshaugh men's group
Olivia Shattock	Description of programme activity:	Walking Football
	Partners (If any):	FAI
	Age group:	Over 55
	Gender:	Male
	Date/time and location:	Every Friday from 10am in Priorswood Astro pitch.Ongoing.
	Estimated number of participants <u>per session</u> :	14
	Programme Start Date:	10 TH Jan 2022

	Programme End Date:	Ongoing
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Sports Officer	Name of core programme:	Active Retired
Olivia Shattock/Fergal Scally	Description of programme activity:	Dance Fitness
	Partners (If any):	N/A
	Age group:	Active retired age 55+ years
	Gender:	Female
	Date/time and location:	Every Thursday from 12pm in the Artane/Beaumont Recreation Centre. Ongoing.
	Estimated number of participants per session:	15

Sports Officer	Name of core programme:	Walking Football
Olivia Shattock/Fergal Scally	Description of programme activity:	Football
	Partners (If any):	FAI
	Age group:	Active retired
	Gender:	Males
	Date/time and location:	Every Wednesday from 2pm, Rockfield Park
	Estimated number of participants per session:	15
	Programme Start Date:	15 th June
	Programme End Date:	Ongoing. Walking Football Blitz to take place on Monday 26 th September

Sports Officer	Name of core programme:	Over 55's Men's Boules
Fergal Scally	Description of programme activity:	Boules
	Age group:	Active retired
	Gender:	Male
	Date/time and location:	Every Wednesday from 10:30am in Rockfield Park
	Estimated number of participants per session:	10

	Programme Start Date:	6 th June
	Programme End Date:	Ongoing

Sports Officer	Name of core programme:	Yoga & Mindfulness
Fergal Scally	Description of programme activity:	As Above
	Age group:	Active retired
	Gender:	Male
	Date/time and location:	Every Wednesday from 2pm in Kilmore Recreation Centre and every Thursday 10am in Beaumont/Donnycarney
	Estimated number of participants <u>per session</u>:	25
	Programme Start Date:	Wednesday 14 th September
	Programme End Date:	Ongoing

Underactive Adults/Communities

	Name of core programme:	Change For Life/Underactive Adults
Olivia Shattock	Description of programme activity	Walking
	Age group:	18+ years
	Gender:	Predominantly females but the programme is open to all adults
	Date/time and location:	Ongoing programme delivered every Monday & Wednesday in Edenmore park from 11am

	Estimated number of participants <u>per session</u>:	20
	Programme Start Date:	Ongoing
	Programme End Date:	Ongoing

	Name of core programme:	Change For Life/Underactive Adults
Fergal Scally	Description of programme activity:	High Intensity Lunchtime Fitness Classes
	Age group:	18+ years
	Gender:	Mixed
	Date/time and location:	Ongoing programme delivered every Thursday from 12.30pm in Rockfield Park
	Estimated number of participants <u>per session</u>:	15
	Programme Start Date:	Ongoing
	Programme End Date:	Ongoing

Youth Fit (Young People At Risk)

Sport Officer	Name of core programme:	Youth Fit
Fergal Scally	Description of programme activity:	Bike Safety and Maintenance Sessions to support young cyclists
	Age group:	Active retired
	Gender:	Male
	Date/time and location:	Tuesday 27 th September from 12.30pm in Clontarf all Weather pitches
	Estimated number of participants <u>per session</u>:	25

Sport Inclusion and Integration

Multiple Sports Ability programmes continue across the area to support individuals with physical, intellectual and sensory disabilities to stay active, healthy and engaged in sport & physical activity. In the North Central area programmes are ongoing and focus will also be on school engagement following the return to education. A full report on activities will be provided in the November report.

Women in Sport Programmes

DCSWP is dedicated to increasing female participation in sport through its core GAGA (Get All Girls Active) and various Women in Sport initiatives. The following Women in Sport programmes are currently being delivered in the NCA in partnership with DCSWP co-funded officers

	Name of core programme:	School Startbox Boxing Programme
John Sweeney	Description of programme activity:	Startbox Gold, Silver and Bronze core IABA programme (local Boxing Development Officer Noel Burke delivering)
	Age group:	10-12 years
	Gender:	Female
	Date/time and location:	Every Tuesday from 11am – 1pm in Scoil Áine, Raheny and every Wednesday from 1pm in St.Brigid's, Glasnevin.
	Estimated number of participants per session:	12- 15
	Programme Start Date:	20 th September
	Programme End Date:	Ongoing

DCSWP North Central Area Co-Funded Programmes Athletics/Boxing/Cricket/Rowing and Rugby

DCSWP North Central Co-Funded Programmes:

Athletics, Boxing, Cricket, Football and Rowing Officers continue to engage with schools, clubs and groups (including disability) following the return to education. A full co-funded report and citywide area report will follow in October/November report. Due to the DCSWP flagship week-long event comprehensive reports were not possible but information on programmes and initiatives can be accessed through the Hub/social media platforms or by contacting DCSWP staff members.

Training:

- Online Safeguarding Training to support compliance in local clubs and organisations Safeguarding 1, 2 & 3 continues to be delivered on an on-demand basis.
- Disability & Inclusion and Autism in Sport training programmes in partnership with CARA.
- Cycle Tutor Training (aimed at DCSWP Officers)
- First Aid/PHECC (pre-hospital emergency care training for adults in the community).
- Club and Coach Training (IRFU/FAI)

CONTACT DETAILS:

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Gerard O'Donnell	Development Officer, Athletics	gerardodonnell@athleticsireland.ie
Heather Jameson	Development Officer Football For All (Disability), North City	heather.jameson@fai.ie
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