

**To the chairperson & members
of the North Central Area Committee**

**North Central Area Committee Dublin City Sport & Wellbeing Partnership Report
September 2022**

Please see below details of Sport and Co-funded Officers who work across communities in the North Central Area and Citywide officers who deliver programmes in all five electoral areas.

North Central Area – Sport Officers

| Name | Area | Office | Email | Phone Number |
|---|---|--------------------------|--|--------------|
| Officer to be appointed following resignation – these areas continue to be supported in the interim. | Donaghmede, Kilbarrack, Belmayne, Clarehall, Clongriffin, | | | |
| Olivia Shattock | Clonshaugh, Coolock, Darndale, Edenmore. | Kilmore Community Centre | olivia.shattock@dublincity.ie | 086 383 5020 |

| Name | Area | Office | Email | Phone Number |
|---------------|--|-------------------------------------|--|--------------|
| Fergal Scally | Artane, Beaumont Clonshaugh Industrial Estate, Donnycarney, Kilmore. | Kilmore Community Centre | fergal.scally@dublincity.ie | 087 118 1885 |
| John McDonald | Santry, Whitehall | Poppintree Community Sports Centre | john.mcdonald@dublincity.ie | 087 112 7291 |
| John Sweeney | Clontarf, Fairview, Killester, Howth Road, Raheny. | Ballybough Youth & Community Centre | john.sweeney@dublincity.ie | 087 980 9095 |

North Central Area – Sport Specific Officers

| Name | Sport | Specific Area | Email | Phone Number |
|------------------|--------|---|--|---------------|
| Keith O'Halloran | Soccer | Artane, Clontarf, Donaghmede, Whitehall | keith.ohalloran@fai.ie | 083 879 2335 |
| Neil Keoghan | Soccer | Drumcondra, Marino, Santry, Whitehall | neil.keoghan@fai.ie | 083 879 5580. |
| Ray McCabe | Rugby | North Central Area | ray.mccabe@leinsterrugby.ie | 083 463 1065 |
| Noel Burke | Boxing | North Central Area | noelkarenburke@gmail.com | 086 326 5777 |

Citywide Sport Specific Officers

| Name | Sport | Email | Phone Number |
|-------------------|----------------------------------|--|---------------------|
| Colette Quinn | Athletics | colettequinn@athleticsireland.ie | 085 871 2817 |
| Gerard O'Donnell | Athletics | gerardodonnell@athleticsireland.ie | 085 871 3217 |
| Fintan McAllister | Cricket | fintan.mcallister@cricketleinster.ie | 086 179 5587 |
| Aoife Byrne | Rowing | dublincoordinator@rowingireland.ie | 087 269 6071 |
| David Phelan | Health Promotion and Improvement | david.phelan@dublincity.ie | 087 652 5001 |

Citywide Sport Specific Officers

| Name | Sport | Email | Phone Number |
|------------------|--|--|---------------------|
| Heather Jameson | Football For All (Disability) – North City | heather.jameson@fai.ie | 083 879 3086 |
| Chris McElligott | Football for All (Disability) – South City | chris.mcelligott@fai.ie | 083 816 2334 |
| Gráinne Vaugh | Women’s Rugby | grainne.vaugh@leinsterrugby.ie | Ph: TBC |

Dublin Sportsfest 2022

Dublin Sportsfest 2022, DCSWP’s annual flagship week-long event will once again be delivered to coincide with European Week of Sport in September from 23rd – 30th September.

Sportsfest will be promoted across all social medial platforms and key information on events will be provided on the Virtual Hub.

The calendar of events is being finalised and will be circulated to staff/councillors. Events confirmed include Ukrainian multi-sport activity day and the Be Active Fitness citywide event. DCC Sport & Fitness centres and spaces will also be highlighted/promoted.

Active Cities

As previously reported the Active Cities logo and brand identity has been developed and is now being represented in all DCC/DCSWP communication. The recruitment process for a dedicated Active Cities Officer (local lead for Dublin City) has concluded and the official appointment is imminent. Work is also ongoing in collaboration with the National Active Cities Lead Officer.

DCSWP Swimming Ireland Co-funded Officer

Gearoid Fallon has recently been appointed as the new Co- funded Get Dublin City Swimming Officer (a partnership between DCC /DCSWP and Swim Ireland) Gearoid will be working across the Dublin City Council areas .

The primary reason for this appointment is to coordinate the implementation and delivery of an integrated swimming programme with a view to linking in with and developing interest amongst people from non- traditional swimming backgrounds

Swim Ireland currently implements programmes designed to increase participation in schools, communities and hard to reach cohorts - thereby providing sustainable and long-reaching pathways to swimming for everyone in our communities. While DCSWP Officers have always facilitated swimming programmes in communities, the appointment of Gearoid means there will be a more strategic focus on highlighting the benefits of swimming and delivering specific programmes. Management in DCSWP will also be working closely with Gearoid to establish a work programme and potential for new initiatives which can link in in with Dublin City Council swimming facilities.

Sport For Young People Club Small Grant Scheme

Following on from administering the Return To Physical Activity Grant, the Sport For Young People Small Grant Scheme was advertised on 29th June 2022 with clubs in the Dublin City area afforded three weeks to submit their application. 150 applications have been received and are currently being assessed. The grant scheme is targeted at young people age 10-21 years and provides funding support for clubs in communities for the following,

- Purchase of equipment
- Administrative costs
- Training and coaching courses

Marathon Kids 2022

The Marathon Kids programme commenced in 2019 when Dublin City Sport & Wellbeing Partnership teamed up with Athletics Ireland, South Dublin County LSP & Fingal County Council LSP to deliver an eight week programme in schools across the Dublin region.

. Marathon Kids 2021 is just one example of how programmes can keep going and thrive even in the most adverse of circumstance. In previous years the programme was targeted at 5th and 6th class level but in 2021 it was expanded to include children in 4th class, thereby extending the reach and teaching more young people about the huge benefits of regular exercise in their lives.

In 2022 Marathon Kids will commence on 12th September and conclude following the Halloween break in November and schools from the North Central area. The following North Central area schools have confirmed participation in the 2022 programme. Updates will be included in upcoming reports.

- Greenlanes National School, Clontarf
- St Columba's National School, Glasnevin
- St. Brigid's GNS, Glasnevin
- Colmcille's SNS, Donaghmede

Linking with National and International Events

Over the next few weeks DCSWP will be linking on with the following major events. Programmes and initiatives in the North Central will run in tandem with national and international events across communities and will be promoted across all social media platforms.

| Date | Initiative/Programme Name | Lead organisation |
|----------------------------|--|---|
| Sep - Nov 22 TBC | MarathonKids (see information above) | MarathonKids/ Local Authorities/Local Schools |
| 1st-30th Sep | National Heart Month | |
| 1st-31st Sep | See Change - Green Ribbon Month | |
| 25 th September | Great Dublin Bike Ride | |
| 26th Sep | National Community Walking Day | Get Ireland Walking |
| 23-30 Sep | European Week of Sport /SPORTSFEST 2022 (DCSWP Flagship week-long event – see above) Calendar of events to Follow. | EU / Sport Ireland / DCSWP |
| 27 Sep - 1 Oct | Positive Ageing Week | Age Action Ireland |
| 26th Sep (during EWOS) | National Walking Day | Get Ireland Walking |

Social media platforms and supports:

- Dublin City Sport & Wellbeing Partnership Virtual Hub: www.dcwsphub.ie
- Email: sports@dublincity.ie
- Twitter: [@dccsportsrec](https://twitter.com/dccsportsrec)

Facebook: [DublinCitySportandWellbeing](https://www.facebook.com/DublinCitySportandWellbeing)

Instagram: [@dublincitysportandwellbeing](https://www.instagram.com/dublincitysportandwellbeing)

Older Adult Programmes (age 55+ years)

| Sports Officer | Name of core programme: | Priorswood Pastoral Group |
|-----------------|---|---|
| Olivia Shattock | Description of programme activity: | Chair Aerobics |
| | Partners (If any): | |
| | Age group: | 55 plus |
| | Gender: | Female |
| | Date/time and location: | 6 th July 10.30am Priorswood pastoral centre |
| | Estimated number of participants <u>per session</u> : | 20 |
| | Programme Start Date: | 6 th July |
| | Programme End Date: | 27 th July |

| Sports Officer | Name of core programme: | Priorswood / Clonshaugh men's group |
|-----------------|---|--|
| Olivia Shattock | Description of programme activity: | Walking Football |
| | Partners (If any): | FAI |
| | Age group: | Over 55 |
| | Gender: | Male |
| | Date/time and location: | Every Friday from 10am in Priorswood Astro pitch |
| | Estimated number of participants <u>per session</u> : | 14 |
| | Programme Start Date: | 10 TH Jan 2022 |
| | Programme End Date: | Ongoing |

| Sports Officer | Name of core programme: | Active Retired |
|-------------------------------|---|---|
| Olivia Shattock/Fergal Scally | Description of programme activity: | Dance Fitness |
| | Partners (If any): | N/A |
| | Age group: | Active retired age 55+ years |
| | Gender: | Female |
| | Date/time and location: | Every Thursday from 12pm in the Artane/Beaumont Recreation Centre |
| | Estimated number of participants per session: | 15 |
| | Programme Start Date: | 22 nd September |
| Programme End Date: | Ongoing over the next 6 weeks | |

| Sports Officer | Name of core programme: | Walking Football |
|-------------------------------|--|--|
| Olivia Shattock/Fergal Scally | Description of programme activity: | Football |
| | Partners (If any): | FAI |
| | Age group: | Active retired |
| | Gender: | Males |
| | Date/time and location: | Every Wednesday from 2pm, Rockfield Park |
| | Estimated number of participants per session: | 15 |
| | Programme Start Date: | 15 th June |
| Programme End Date: | Ongoing. Walking Football Blitz to take place on Monday 26 th September | |

| Sports Officer | Name of core programme: | Over 55's Men's Boules |
|----------------|---|--|
| Fergal Scally | Description of programme activity: | Boules |
| | Age group: | Active retired |
| | Gender: | Male |
| | Date/time and location: | Every Wednesday from 10:30am in Rockfield Park |
| | Estimated number of participants per session: | 10 |
| | Programme Start Date: | 6 th June |
| | Programme End Date: | Ongoing |

| Sports Officer | Name of core programme: | Yoga & Mindfulness |
|----------------|---|---|
| Fergal Scally | Description of programme activity: | As Above |
| | Age group: | Active retired |
| | Gender: | Male |
| | Date/time and location: | Every Wednesday from 2pm in Kilmore Recreation Centre and every Thursday 10am in Beaumont/Donnycarney |
| | Estimated number of participants <u>per session</u> : | 25 |
| | Programme Start Date: | Wednesday 14 th September |
| | Programme End Date: | Ongoing |

Underactive Adults/Communities

| | Name of core programme: | Change For Life/Underactive Adults |
|-----------------|---|---|
| Olivia Shattock | Description of programme activity | Walking |
| | Age group: | 18+ years |
| | Gender: | Predominantly females but the programme is open to all adults |
| | Date/time and location: | Ongoing programme delivered every Monday & Wednesday in Edenmore park from 11am |
| | Estimated number of participants <u>per session</u> : | 20 |
| | Programme Start Date: | Ongoing |
| | Programme End Date: | Ongoing |

| | Name of core programme: | Change For Life/Underactive Adults |
|---------------|---|---|
| Fergal Scally | Description of programme activity: | High Intensity Lunchtime Fitness Classes |
| | Age group: | 18+ years |
| | Gender: | Mixed |
| | Date/time and location: | Ongoing programme delivered every Thursday from 12.30pm in Rockfield Park |
| | Estimated number of participants <u>per session</u> : | 15 |
| | Programme Start Date: | Ongoing |
| | Programme End Date: | Ongoing |

Youth Fit (Young People At Risk)

| Sports Officer | Name of core programme: | Youth Fit |
|----------------|---|---|
| Fergal Scally | Description of programme activity: | Bike Safety and Maintenance Sessions to support young cyclists |
| | Age group: | Active retired |
| | Gender: | Male |
| | Date/time and location: | Tuesday 27 th September from 12.30pm in Clontarf all Weather pitches |
| | Estimated number of participants <u>per session</u> : | 25 |
| | Programme Start Date: | N/A |
| | Programme End Date: | N/A |

Sport Inclusion and Integration

Multiple Sports Ability programmes continue across the area to support individuals with physical, intellectual and sensory disabilities to stay active, healthy and engaged in sport & physical activity. In the North Central area programmes are ongoing and focus will also be on school engagement following the return to education. A full report on activities will be provided in the October report.

Women in Sport Programmes

DCSWP is dedicated to increasing female participation in sport through its core GAGA (Get All Girls Active) and various Women in Sport initiatives. The following Women in Sport programmes are currently being delivered in the NCA in partnership with DCSWP co-funded officers

| | Name of core programme: | School Startbox Boxing Programme |
|---------------------|--|---|
| John Sweeney | Description of programme activity: | Startbox Gold, Silver and Bronze core IABA programme (local Boxing Development Officer Noel Burke delivering) |
| | Age group: | 10-12 years |
| | Gender: | Female |
| | Date/time and location: | Every Tuesday from 11am – 1pm in Scoil Áine, Raheny and every Wednesday from 1pm in St.Brigid's, Glasnevin. |
| | Estimated number of participants per session: | 12- 15 |
| | Programme Start Date: | 20 th September |
| | Programme End Date: | Ongoing over the next period |

DCSWP North Central Area Co-Funded Programmes Athletics/Boxing/Cricket/Rowing and Rugby

DCSWP North Central Co-Funded Programmes:

Athletics, Boxing, Cricket, Football and Rowing Officers are currently re-engaging with schools, clubs and groups (including disability) following the return to education. A full co-funded report and citywide area report will follow in September/October.

Training:

- Online Safeguarding Training to support compliance in local clubs and organisations Safeguarding 1, 2 & 3 continues to be delivered on an on-demand basis.
- Disability & Inclusion and Autism in Sport training programmes in partnership with CARA.
- Cycle Tutor Training (aimed at DCSWP Officers)
- First Aid/PHECC (pre-hospital emergency care training for adults in the community).
- Club and Coach Training (IRFU/FAI)

CONTACT DETAILS:

| Name | Role | Contact Information |
|--------------------|---|--|
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| Gerard O'Donnell | Development Officer, Athletics | gerardodonnell@athleticsireland.ie |
| Heather Jameson | Development Officer Football For All (Disability), North City | heather.jameson@fai.ie |
| Neil Keoghan | Development Officer, F.A.I. | neil.keoghan@fai.ie |
| Ray Mc Cabe | Development Officer, Rugby | Ray.mccabe@leinsterrugby.ie |
| Fintan Mc Allister | Development Officer, Cricket | Fintan.mcallister@cricketleinster.ie |
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