

**To the Lord Mayor, chairperson &**

**members of the North Central Area Committee**

Sports & Wellbeing Partnership

Item No. 3G

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**North Central Area Committee Dublin City Sport & Wellbeing Partnership Report  
June 2022**

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The Dublin City Sport & Wellbeing Partnership Virtual Hub is now live and can be accessed by clicking on the link below:

<https://www.dcswphub.ie/>

DCSWP programmes and events aim to provide opportunities for everyone, regardless of age, gender, ability or background to partake in sport and physical activity. The Virtual Hub was imagined and designed to further support our strategic goals and will be an invaluable resource for communities, clubs, groups and schools in our city in tandem with the ongoing physical delivery of programmes and initiatives. It also provides information on the new DCC Active Cities Project.

The launch date was chosen to coincide with the announcement of Kellie Harrington & Ellen Keane as official Sports Ambassadors for DCC and coverage of this in the media will be seen over the next couple of weeks. .

### **Active Cities**

The Active Cities Logo and brand identity has been developed and will be represented in all DCC/DCSWP communication, The recruitment process is underway for a dedicated Active Cities Officer (local lead for Dublin City). Work is ongoing in collaboration with the National Active Cities Lead Officer, Sport Ireland and the other relevant Local Sports Partnerships. DCC/DCSWP management recently presented to the SPC

### **Linking with National Events**

Over the next few weeks DCSWP will be linking on with the following major events. Programmes and initiatives in the North Central Area will run in tandem with national and international events across communities and will be promoted across all social media platforms and the new DCSWP Virtual Hub.

15-21 June	Men's Health Awareness Week
21st June	International Day of Yoga
12th Aug	International Youth Day
9th - 15th Aug	Sport Ireland - HEROutdoors week

- In the NCA International Yoga Day will be celebrated throughout the day in Edenmore Park from 11.30am.

## **Dublin Sportsfest 2022**

DCSWP's flagship annual event, Sportsfest, which is a celebration of sport & physical activity across the city, is currently in the planning stages. Sportsfest 2022 will once again be delivered to coincide with European Week of Sport in September.

## **DCSWP Social Media Platforms.**

- Twitter: [@dccsportsrec](https://twitter.com/dccsportsrec)
- Facebook: [DublinCitySportandWellbeing](https://www.facebook.com/DublinCitySportandWellbeing)
- Instagram: [@dublincitysportandwellbeing](https://www.instagram.com/dublincitysportandwellbeing)
- Dublin City Sport & Wellbeing Partnership Virtual Hub: [dcwsphub.ie](https://dcwsphub.ie)
- Email: [sports@dublincity.ie](mailto:sports@dublincity.ie)

## **Sport for Young People Club Small Grant Scheme**

Following on from administering the Return to Physical Activity Grant, the Sport for Young People Small Grant Scheme is due to be advertised in the next few weeks. The grant scheme is targeted at young people age 10-21 years and provides funding support for clubs in communities for the following,

- Purchase of equipment
- Administrative costs
- Training and coaching courses

Information on the grant can be found on the new Hub or at <https://www.dublincity.ie/residential/sports-and-leisure/dublin-city-sport-wellbeing-partnership>

## **DCSWP Strategic Review**

Development of new strategy to align with 2022 City Development Plan and upcoming Local Sports Plan. The new Sport Ireland strategy for the LSP network across the country (currently in development) will also impact upon our own strategic review. Strategic review of all sports services to be carried out independently by an external consultant. Estimated timeline for review 3-6 months in total.

## **DCSWP Governance Code**

Work is ongoing around strengthening the mechanisms of the DCSWP Advisory Board in addition to other key requirements of the Code. Declaration of compliance anticipated for Q3 2022.

## North Central Area Programme Highlights June/July

### Older Adult Programmes (age 55+ years)

Description of programme activity	Chair Aerobics
Age group:	55 plus
Gender:	Woman
Date/time and location:	5 <sup>th</sup> May every Thur 10 to 11am
Estimated Number of Programme Participants (NB: per session):	35
Programme Start Date:	5 <sup>th</sup> May
Programme End Date:	30 <sup>th</sup> June

Name of core programme:	Priorswood / Clonshaugh men Football Programme
Description of programme activity	Walking Football
Partners (If any):	FAI
Age group:	Over 55
Gender:	Men
Date/time and location:	10am Priorswood astro pitch
Estimated Number of Programme Participants (NB: per session):	14
Programme Start Date:	10 <sup>TH</sup> Jan 2022
Programme End Date:	27 <sup>th</sup> June

Name of core programme:	Northside Aqua
Description of programme activity	Aqua Aerobics
Age group:	55 plus
Gender:	Women
Date/time and location:	Every Thursday 11am Coolock Pool
Estimated Number of Programme Participants (NB: per session):	30
Programme Start Date:	Ongoing
Programme End Date:	June 30 <sup>th</sup>

Name of core programme:	Men's Shed, Donaghmede
Description of programme activity e.g.: Tag Rugby, Chair Aerobics etc.	Walking programme
Age group:	55 plus
Gender:	Men
Date/time and location:	Wed 4 <sup>th</sup> May 10am
Estimated Number of Programme Participants (NB: per session):	15/20
Programme Start Date:	4 <sup>th</sup> May
Programme End Date:	6 <sup>th</sup> July

<b>Name of core programme:</b>	<b>Forever Fit</b>
<b>Description of programme activity:</b>	Chair fit with WARA (Whitehall Active Retirement Association)
<b>Partners (If any):</b>	
<b>Age group:</b>	Older adults
<b>Gender:</b>	Mixed
<b>Date/time and location:</b>	June 8 <sup>th</sup> , 15 <sup>th</sup> , 22 <sup>nd</sup> , 29 <sup>th</sup> 12-1pm Holy Child Parish Centre, Thatch rd, Whitehall
<b>Estimated Number of Programme Participants (NB: per session):</b>	10-15
<b>Programme Start Date:</b>	June 8 <sup>th</sup>
<b>Programme End Date:</b>	June 29 <sup>th</sup>

<b>Name of core programme:</b>	<b>Over 55's Men's Boules</b>
<b>Description of programme activity</b>	Boules
<b>Partners (If any):</b>	
<b>Age group:</b>	Active retired
<b>Gender:</b>	Men
<b>Date/time and location:</b>	6 <sup>th</sup> June 10:30am Rockfield Park
<b>Estimated Number of Programme Participants (NB: per session):</b>	10
<b>Programme Start Date:</b>	6 <sup>th</sup> June
<b>Programme End Date:</b>	11 <sup>th</sup> July

<b>Name of core programme:</b>	<b>Walking Football Tournament</b>
<b>Description of programme activity</b>	Football
<b>Partners (If any):</b>	Other Sports Officer
<b>Age group:</b>	Active retired
<b>Gender:</b>	Male
<b>Date/time and location:</b>	20 <sup>th</sup> June at 11.30am in Priorswood. Other dates TBC
<b>Estimated Number of Programme Participants (NB: per session):</b>	20
<b>Programme Start Date:</b>	20 <sup>th</sup> June
<b>Programme End Date:</b>	20th June

<b>Name of core programme:</b>	<b>Chair based Yoga</b>
<b>Description of programme activity</b>	Chair Yoga
<b>Age group:</b>	Older Adults
<b>Gender:</b>	Male and female
<b>Date/time and location:</b>	TBC in Kilmore Rec centre
<b>Estimated Number of Programme Participants (NB: per session):</b>	20
<b>Programme Start Date:</b>	TBC
<b>Programme End Date:</b>	

## Sport Inclusion and Integration

Multiple Sports Ability programmes will be delivered across the summer period in the area to support individuals with physical, intellectual and sensory disabilities to stay active, healthy and engaged in sport & physical activity:

<b>Name of core programme:</b>	<b>Sports Ability Summer Programme</b>
<b>Description of programme activity:</b>	Summer activities with 3 training centres from St Michael's house, Santry-Northbrook, Omni & Santry hall. Trips will include a boat trip in East Wall water sports centre, rowing in Islandbridge and Foot Golf.
<b>Age group:</b>	Adults
<b>Gender:</b>	Mixed
<b>Date/time and location:</b>	TBC
<b>Estimated Number of Programme Participants</b>	4-8
<b>Programme Start Date:</b>	June 14 <sup>th</sup>
<b>Programme End Date:</b>	Various trips throughout the Summer

## Change for Life/Underactive Adults

<b>Name of core programme:</b>	<b>Aqua Aerobics</b>
<b>Description of programme activity</b>	Swimming/Aqua aerobics
<b>Age group:</b>	Adults
<b>Gender:</b>	Mixed
<b>Date/time and location:</b>	Tuesdays 1:30pm, Coolock pool
<b>Estimated Number of Programme Participants (NB: per session):</b>	30
<b>Programme Start Date:</b>	21 <sup>st</sup> June
<b>Programme End Date:</b>	12 <sup>th</sup> July

<b>Name of core programme:</b>	<b>Cycle and Swim Programme</b>
<b>Description of programme activity</b>	Cycling and swimming
<b>Partners (If any):</b>	Other Sports Officer
<b>Age group:</b>	Adults
<b>Gender:</b>	Male and female
<b>Date/time and location:</b>	Mondays at 10am. Clontarf and Clontarf baths
<b>Estimated Number of Programme Participants (NB: per session):</b>	10
<b>Programme Start Date:</b>	27 <sup>th</sup> June
<b>Programme End Date:</b>	18 <sup>th</sup> July

<b>Name of core programme:</b>	<b>Improve your 5km</b>
<b>Description of programme activity</b>	Running
<b>Partners (If any):</b>	Athletics Ireland
<b>Age group:</b>	Adults
<b>Gender:</b>	Mixed
<b>Date/time and location:</b>	15 <sup>th</sup> June Wednesdays 12.30pm Maypark, Donnycarney
<b>Estimated Number of Programme Participants (NB: per session):</b>	10
<b>Programme Start Date:</b>	15 <sup>th</sup> June
<b>Programme End Date:</b>	6 <sup>th</sup> July

<b>Name of core programme:</b>	<b>Fitness Express</b>
<b>Description of programme activity</b>	Body resistance training
<b>Partners (If any):</b>	
<b>Age group:</b>	Adults
<b>Gender:</b>	Mixed
<b>Date/time and location:</b>	Thursdays 12.30pm, Rockfield Park, Artane
<b>Estimated Number of Programme Participants (NB: per session):</b>	20
<b>Programme Start Date:</b>	16 <sup>th</sup> June
<b>Programme End Date:</b>	7 <sup>th</sup> July

<b>Name of core programme:</b>	<b>Fitness Express</b>
<b>Description of programme activity</b>	Body resistance training
<b>Age group:</b>	Adults
<b>Gender:</b>	Mixed
<b>Date/time and location:</b>	Thursdays 7pm, Fr. Collins Park, Donaghmede
<b>Estimated Number of Programme Participants (NB: per session):</b>	30
<b>Programme Start Date:</b>	2 <sup>nd</sup> June
<b>Programme End Date:</b>	21 <sup>st</sup> July

**Youth At Risk - 10-21 years. (Aimed at providing viable opportunities for young people in the NCA to stay active and mitigate anti-social behaviour)**

<b>Name of core programme:</b>	<b>Youth Fit Summer Programme</b>
<b>Description of programme activity</b>	Multiple sport summer programmes
<b>Partners (If any):</b>	Artane Coolock resource centre
<b>Age group:</b>	8-13yrs
<b>Gender:</b>	Girls and boys
<b>Date/time and location:</b>	11 <sup>th</sup> July 12pm, McAuley Park
<b>Estimated Number of Programme Participants (NB: per session):</b>	20
<b>Programme Start Date:</b>	11 <sup>th</sup> July
<b>Programme End Date:</b>	15 <sup>th</sup> July

## Community Summer Events in the North Central Area

<b>Name of core programme:</b>	<b>Cameron Park Street Fest</b>
<b>Description of programme activity</b>	Multi-Sport Event
<b>Age group:</b>	3-12yrs
<b>Gender:</b>	Male and female
<b>Date/time and location:</b>	Sunday 26 <sup>th</sup> June
<b>Estimated Number of Programme Participants (NB: per session):</b>	50
<b>Programme Start Date:</b>	26 <sup>th</sup> June
<b>Programme End Date:</b>	26 <sup>th</sup> June

<b>Name of programme:</b>	<b>Family Fun Day</b>
<b>Description of programme activity</b>	Multi Sports Event
<b>Age group:</b>	8-13yrs
<b>Gender:</b>	Male and female
<b>Date/time and location:</b>	17 <sup>th</sup> July at 1.30pm in Donaghmede Park
<b>Estimated Number of Programme Participants (NB: per session):</b>	50
<b>Programme Start Date:</b>	17 <sup>th</sup> July
<b>Programme End Date:</b>	17 <sup>th</sup> July

### DCSWP North Central Area Co-Funded Highlights June July

#### Athletics/Boxing/Cricket/Rowing and Rugby

Updates on Co-funded summer camps, events and programmes will be provided in the July report – in the coming months details will be provided on the new Virtual Hub .

Any specific queries can be sent to Dee O'Boyle at [dee.oboyle@dublincity.ie](mailto:dee.oboyle@dublincity.ie)

Co-funded Officers will be working with DCSWP Sport Officers on the summer multi-sport initiatives outlined above.

#### Training:

- Online Safeguarding Training to support compliance in local clubs and organisations Safeguarding 1, 2 & 3 continues to be delivered on an on-demand basis.
- Disability & Inclusion and Autism in Sport training programmes in partnership with CARA.
- Cycle Tutor Training (For DCSWP Officers)
- First Aid/PHECC (pre-hospital emergency care training for adults in the community).

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