

**Housing, Community & Emergency Services Department
South East Area Office**

**To the Chairperson and Members of the
South East Area Committee**

Report of the Director of Services, South City

Grand Canal Sub Group

A meeting was held on 16th January with Waterways Ireland representatives and councillors to discuss ongoing management and maintenance of the canals in the city and to agree a new structure for interaction between Waterways Ireland and DCC. A further meeting was held on 20th February 2020 with Waterways Ireland Management to agree the structure of meetings going forward. The first quarterly meeting was held on 14th October 2020 via Microsoft Teams. Minutes have now been issued and next meeting is due to be held in January 2021.

Portobello Harbour Square

An initial meeting was held with City Architects Department on 17th October 2019 to examine an outline brief for the proposed redesign of Portobello Harbour Square, bearing in mind the proposed hotel development on the site. A meeting was held on site with hotel developer's architects, John Fleming and Associates, on 12th March 2020 and a further meeting took place with the developer in July 2020 to discuss site area and future plans for the redesign of the public square. The developer has notified us of delays to the project with commencement of works likely to be delayed until early 2021 at least. In the meantime we are engaging with City Architects Department to make a plan for public engagement in relation to the redesign of the square. Consultation is planned to commence in January 2021. We are keen to discuss the scope of that consultation with Councillors given the current situation with Covid-19. A mural has been created along the square with the cost borne by Jurys Hotel.

Rathgar Village Improvement Plan (VIP)

Herzog Park, Rathgar – Final Phase

The Rathgar Village Improvement Plan (VIP) was approved by the South East Area Committee in January 2015. One of the main objectives that emerged during the formation of the plan was the redevelopment of Herzog Park. The South East Area Office undertook local consultation and worked with Redscape and Park Services to create a plan which was brought to Part 8 and approved at the January 2017 meeting of the City Council. The final phase of the works planned for 2021 include the re-alignment of the front boundary of the park and the revised car park layout, as set out in the Part 8 permission. It is proposed that the tender for the car park works will issue in early 2021. Boundary treatment and further landscaping inside the park will be required as part of the works to finish the project in 2021.

Ranelagh Gardens Park

Works to light / enhance the main entrance archway will be carried out in 2020. A contractor has been appointed and the specification is being agreed with the Public Lighting Section. Renewal of display boards at entrances to the park may be considered for 2021, subject to finance.

Ringsend Irishtown Local Environment Improvement Plan (LEIP)

The Ringsend Irishtown Local Environment Improvement Plan (LEIP) was adopted at the June 2017 South East Area Committee meeting. Following that, it was proposed to prepare

planning applications under Part 8 of the Planning and Development Regulations, 2001, for the redesign of (1) Library Square and (2) Cambridge Road.

Library Square: (Mitchell & Associates) Meetings with internal stakeholders were held during September and October 2018. A meeting was held with local businesses to discuss parking / loading arrangements on 5th December 2018. A presentation was made to area councillors on 13th February 2019 and a preliminary draft design was brought to a public meeting for all stakeholders on Thursday 21st March 2019 in the Ringsend Irishtown Community Centre (RICC). Following a period of consultation up to 19th April 2019, submissions were received and were reviewed by the project team. A revised design was brought before the Public Realm Working Group on 22nd October 2019. A meeting of all internal stakeholders was held on 28th November 2019 and further meetings were required with key departments. We are currently engaging with Roads Design and Construction Section to establish if they will oversee completion of project to Part 8 stage. In the meantime, we are engaging with other internal stakeholders to identify any outstanding issues. When all issues have been resolved satisfactorily, Councillors will be briefed before commencing formal Part 8 process.

Cambridge Road: An initial public workshop in relation to Cambridge Road was held on Thursday 30th August 2018 in the RICC. Meetings with Redscape Architects and internal stakeholders took place in September and October and designs were drafted based on consultations which were brought to a second public workshop/meeting on 28th November 2018. Pre Part 8 report and drawings issued in December 2018 did not meet the requirements of E & T Department, however. Further information was required in relation to road design and drainage requirements for the proposal in particular. In 2019 Road Design & Construction Section, E & T Department, agreed to take on the completion of the project to Part 8 stage. Detailed meetings are ongoing with between Roads Design & Construction and internal departments with a view to agreeing an overall design before commencing Part 8 planning process. Parks Services Department has requested that a Ground Penetrating Radar (GPR) survey be carried out prior to Part 8 to identify location of underground services and any impact on tree planting. Drainage Department welcomes the provision of additional greening providing a SuDS benefit and a proposed new surface water main is being considered in conjunction with Irish Water. Agreement of the final design for the road has been delayed as we wait for the NTA to finalise the route for the East Coast Trail (ECT) which will either traverse Cambridge Road or run along part of Cambridge Road from Canon Mooney Gardens to Thorncastle Street. Work on GPR survey and preliminary design of new surface water main will continue as we await final decision on ECT route from NTA. This will inevitably delay lodgement of Part 8 planning application. It will be necessary also to bring new design back to local consultation prior to lodgement of Part 8 application which is expected to happen during 2021.

Cabbage Patch

Tenders for the refurbishment of the pitch in the Cabbage Patch have been evaluated and a contractor will be appointed shortly. It is hoped that the refurbishment of the pitch with a new 3G surface will take place in the spring. We will also be having exploratory discussions with the Play Officer in Parks to see what play opportunities there could be for this space. Because the Cabbage Patch was a former graveyard we are constrained somewhat by what we can do. Approximately 22 trees have been pruned on the New Street Gardens side of the Cabbage Patch. We will also be carrying out repairs to the footpath in this area and further work on the trees will take place in the New Year. We are also discussing the possibility of a mural on the wall in Cathedral Lane with the Social Inclusion Section and the Iveagh Trust.

Strand Road Cycle Route Consultative Forum

The first meeting of the Forum chaired by the Lord Mayor took place via Zoom on Thursday 3rd December. Representatives from the following groups were invited to attend :-

Ballsbridge Residents' Association ; the Brabazon Trust ; the Dublin Commuter Coalition ; the Dublin Cycling Campaign ; I bike Dublin ; Irish Doctors for the Environment ; Local parents for

cycling group ; Merrion Road Residents' Association ; Sandymount and Merrion Residents' Association ; the Sandymount Avenue Residents' Group ; Seafort Avenue Residents' Group ; STC Sandymount ; Strand Road Residents' Group ; Strand Road/Merrion Gates Residents Group ; Sydney Parade Avenue Residents' Association ; Ringsend Residents and BADRA.

At Thursday's meeting Brendan O'Brien and Claire French made a presentation on the Cycle Route and there was a question and answer session thereafter. The start of the trial has been deferred until February until outstanding works on Sandymount Green are completed.

The terms of reference for the Consultative Forum and the minutes of the first meeting will be circulated once they are agreed. It is expected that the Consultative Forum will meet again in January.

Rosary Hall

It is necessary to carry out remedial works for the acquired premises at Rosary Hall. Consultant Architects and Quantity Surveyors have been engaged to determine and coordinate the full extent of works required on site. A drone & topographical survey have been concluded.

Onsite meetings have taken place between the Consultant Architects, DCC's Architect and Area Manager and an itinerary of potential costs has been prepared by Consultant architect with the assistance of a Consultant QS.

It is now anticipated that works could cost in the region of €300,000 including mechanical & electrical works, fire safety works, some remedial works and lift replacement. Therefore, a priority list of works has been prepared. No definitive funding had been identified for this project as yet. Due to the fact that the Covid-19 pandemic is financially impacting on the income base of the City Council, a review of all projects is underway. The financial impact will primarily be determined by the length of time the current restrictions are in place which ultimately could impact on the scope of this project.

A brief meeting took place on site with the main lessors in mid-June whilst practicing social distancing to bring the committee up to speed.

Legionella Testing took place on June 18th and the results were negative.

An initiative with our Age Friendly Committee involved the utilisation of some of the land at Rosary Hall for a Community Grow Hub. A revised proposal was forwarded to the football club in August for consideration. The football club has indicated that after 'comprehensive and careful consideration that this proposal is not compatible with the present use of the site' and the members of the Grow Hub have been informed accordingly.

As outlined to the members previously, an approach was made by the adjoining developer to rebuild the Community facilities and upgrade the pitch to an all-weather facility if they could add to their co living scheme on the Kenilworth site. However, due to Procurement legislation Dublin City Council is not in a position to deal exclusively with this developer.

The Area Manager has written a detailed report to the Executive Manager, Planning and Property Development Department requesting that development levies accrued from the Harold's Cross area, which are considerable, be utilised to assist in the refurbishment of Rosary Hall.

Age Friendly Initiative Harold's Cross

The inaugural meeting of the Age Friendly Committee took place on January 28th and was well attended. A draft report was submitted by the Harold's Cross Village Community Council (HCVCC) in conjunction with Rob Chester, Area Community Officer and it was agreed to progress a number of these proposals funding permitting. In tandem, it is proposed to hold a workshop to further engage with the residents and ensure particularly any elderly resident who was not consulted has an opportunity to contribute to the process and be included. A further meeting took place March 10th and was well attended and the plan to date was reviewed. Key points from the meeting included that the Community Growing Hub initiative is accelerating at pace and will require assistance from DCC & the football club for use of Rosary Hall.

A new location will need to be sourced for the defibrillator, as it will not be possible to locate it in Harold's Cross Park per Les Moore. A proposed date of Thursday the 30th of April had been set for the facilitation and independent facilitator, Deirdre Massey had been contacted to assist with the consultation. Concerns about Covid – 19 meant the workshop was deferred.

A subgroup under the Housing SPC has been convened to look at the city-wide Age Friendly Strategy. Under this structure, submissions for funding may be advanced, including the Harold's Cross project.

Due to the current government guidelines and restrictions all physical meetings are currently postponed until further guidelines allow for larger meetings.

As stated, an initiative for consideration by the Age Friendly Committee was for the utilisation of some of the land at Rosary Hall for a Grow Hub and a revised proposal was forwarded to the board in August for consideration who are not in a position to facilitate. A meeting took place on Nov 4th and a further meeting has been scheduled for Dec 10th.

A defibrillator has been installed in Harold's Cross as part of the Age Friendly Initiatives.

Pearse Memorial Park Crèche

The crèche extension was to be financed by the Crumlin Childcare Crèche and with DCC agreeing to project manage the construction works in conjunction with consultant architects. The build element after tendering was to cost in the region of €305k. The crèche has reserve funding themselves, a €50,000 grant from Pobal and, €25000 from discretionary funding and had sought a loan from Clan Credo of €125,000. The works had been tendered by our Parks & Landscape Services Division and was to be project managed by this section. A separate hurling wall project has been tendered by Parks and will be paid for by DCC.

A further licence extension of another five years (10 in total) was agreed at the December Area Committee meeting and was agreed at the January council Meeting. The crèche management has indicated that due to the uncertainty around the reopening of the crèche which will impact significantly on their ability to repay a loan, they are not in a position to continue with the project at this juncture.

A €45,000 grant had also been issued by Pobal but unfortunately, the extension on the government grant ran out and they have been unsuccessful in getting this extended. The result of this is that the funding has been rescinded and they have been asked to return the €45,000 as 90% fulfilment of the Pobal capital.

The Area Manager has met with the crèche manager and architect to see how the project might be 'future proofed' in the event that the extension can proceed in the coming years. The Area Manager will continue to meet with the crèche management to see how the new licensed area can be best utilised to assist with social distancing as the children have returned.

Discretionary Funding of €25,000 was granted to the group in 2017 towards the cost of the crèche and as the 'future proofing work' and 'boundary works' have now been costed at €44.9k it is the board's intention to utilise these monies for these works which fall within the spirit of the funding.

Works have been ongoing over the last few months but there has been a short delay in the completion of the works at the crèche due to issues regarding the access gate to the park but will conclude this month.

Rutland Grove

Meeting took place on 30th January with traffic engineers, Les Moore from Parks, Area Manager and staff and Cllr. Pat Dunne. It was agreed at the meeting that Traffic Section would look again at the feasibility of putting dedicated parking as per Part 8. Should it be possible to implement, the design would need to be progressed and costed. Parks are also prepared to look at enhancements at the entrance with additional trees etc.

Traffic have indicated that staff are currently seconded to be involved in DCC's Covid Mobility Interventions and are working on very fast rapid interventions throughout the City. Therefore, they have very little spare resources at present to be involved with any possible Rutland Grove parking changes as other Covid Mobility projects are taking priority.

The Area Manager and Public Domain Officer met with the secretary of Rutland Grove Association on Monday 30th November to discuss ongoing levels of anti-social behaviour. As a result, signage is to be upgraded at entrance to the Bring Centre to assist with prosecutions. Extra security measures are also being considered at this entrance. Planters have been installed at the entrance to enhance the environment and assist with ongoing Illegal parking at the entrance.

Armagh Road Senior Citizens' complex (FOLD VHA)

Fold intend to sign up the tenants for the final block on Thursday 4th December. It is hoped all tenants will be move in before Christmas.

Raleigh Square Senior Citizens' Complex (Tuath VHA)

The complex is now completed. All units are allocated and tenants commenced moving in on the week beginning 23rd November.

St. Pancras, Mount Tallant

It is now likely that these units will not be handed over until January 2021. Selections have been completed for the 7 units (4 x 2 beds, 3 x 1 beds) originally acquired but we have been advised that DCC intend to acquire a further 4 x 1 bed units in this complex. Selections will now be undertaken for these additional units.

Vacant Senior Citizens' Units

We had previously indicated that given the large number of vacant bedsit units in a number of our senior citizen complexes we would consider allocating these units under a Choice Based Letting Scheme. However, demand for these units has, so far, been greater than expected and we have been able to let them under the normal Allocations Scheme. We will continue to monitor the situation and review the option of a Choice Based Letting Scheme should these units become more difficult to let.

Kimmage – Crumlin LEA

Kimmage Rathmines LEA Community Development Team

Volunteer Response

Calls to the hotline are low with only 2/3 per week, mostly clients we have worked with before. Due to the absence of Volunteers in certain areas we are using Serve the City as back up, they have proved very effective to date.

Tidy Towns/Planters/Service Boxes

Additional planters continue to be sought by groups and individuals across the area, the following will bring the Planter Programme under Vibrant Villages to an end for 2020.

Kimmage Village:- 4 at Blarney Park and 4 at Pickles Café on the opposite side of the road.

Harold's Cross: - Benches have been added to the 8 planters at the rear of Grove Road Flats, completely closing off about one third of the space.

Rathmines: - 8 planters on the main Rathmines Road towards the canal bridge at Portobello.

Eamon Ceannt Park/Rutland Grove Estate: - 10 new planters around the entrance at Rutland Grove to tie in with the four installed at the entrances on Sundrive Road. The planters will hopefully alleviate some of the anti-social parking at the entrance to Rutland Grove Estate.

Drimnagh: - Some of the new planters at Benbulbin have been vandalised, we will repair these. However, Tidy Drimnagh have been informed that if vandalism continues they will be removed.

Rathgar: - The meeting plaza that we moved the 8 planters to at the Church has been closed by An Garda Síochána, but will hopefully reopen in **early** December.

Mural at Pearse Park

We have been asked to assist with a project to design and install a mural on the wall in Pearse Park in conjunction with local residents and Bru Crumlin. Once permission has been sought from Parks we will proceed in early 2021 subject to good weather.

Winter Walking Tours

A series of Winter Walking nature tours with Eanna Ni Lamhna will commence once the current restrictions are lifted.

Allotments/HX Grow Project

The HX Grow Project is hosting a Winter Plant Exchange over the next few weeks and an online tutorial to create festive ornamental wreaths and other indoor planting projects for the winter.

Defibrillator Projects

The unit for installation at the Credit Union in Harold's Cross has been purchased and awaits installation. We are seeking a local company to install this one and the two proposed for Terenure as a package deal.

Neighbourhood Arts Grants

We are assisting the Arts Office with assessment of these grants using our local knowledge of community and arts projects across the area.

Bushy Park Market

We were advised the market would finish at Halloween as per previous years. However, on foot of discussion with the Parks Department, the market has extended its season to the end of November. Given the scarcity of social activities available during the Level 5 Restrictions and combined with the mild weather the market is very busy on Saturdays. We are assisting with additional security control at the entrance and exit to the market within the Park. Given the heavy use of the football pitches and other activities like padel tennis and the skateboard park there is a busy flow of traffic on Rathdown Avenue and around Rathdown Estate in general at the weekends. Local residents are calling for some form of Traffic Management solution to this issue.

Men's Sheds Projects

Additional supports for these groups will be provided where the group activity is mainly outdoors. Supported activities include the Winter Walking Tours (above), Fishing Competitions and other local activities.

Harold's Cross Writer in Residence

We are supporting a writer in residence who will deliver a series of online lectures and talks and will be forming a group of interested participants in the history of Harold's Cross from the area.

Christmas 2020

As all large and small scale Christmas events cannot proceed due to Covid 19, we won't be offering support to Community Groups for this year.

Please find below a list of events taking place in November in the South East Area, organised or supported by the Community Development Team of the South East Area Office.

Under the Covid present lockdown there are very few events and we are focusing on helping all cocoon and stay safe.

COVID Volunteer Response:

All local groups to be circulated with our request to assist over the winter, local area lists will need to be updated and forwarded to the relevant Community Officer covering that area. If a

severe lockdown is required in the South East Area the work of the Community Teams will revert to liaising with local area coordinators and referred clients.

Holding It Together Apart: the HITA project continues with more online classes, tutorials, competitions and assistance for all to stay sane at home during the winter lockdown months www.holdingittogetherapart.com

Neighbourhood Development and Environmental Works:

Ongoing upgrade of planters and supply of new units as required across the villages, with the emphasis on improving the visual amenity and increasing bio-diversity. Assistance will be given to Tidy Towns, environmental and other groups and projects requiring winter bedding plants and other environmental supports around Clean Ups and local area improvements.

Biodiversity Projects:

These project will comprise selected planting and installation of pollinator, wildflower, biodiversity and bulb boxes to promote and reintroduce nature into urban settings. This project can also encourage residents of all ages to become involved and include activities such as wildflower planting in your garden, fruit bearing tree planting, "Autumn Watch", a photography exhibition, a night-time watch project and children's competitions, all of which can take place from the confines of one's home.

Winter Environmental Education

A series of winter classes on gardening, biodiversity and jobs to be done is presently running with Aoife Munn on Holding It Together Apart.

Allotments

Major supports for allotments to be provided, including maximising community plots and ensuring all allotment spaces are filled and used. Resourcing for water supply and other improvements to be implemented.

Men's Sheds Projects

Additional supports for these groups will be provided where the group activity is mainly outdoors. Supported activities include the Winter Walking Tours (above), Fishing Competitions and other local activities.

BRU and CLAY Crumlin

The Community Team are providing supports for a range of activities to assist both these groups in working with Youth at Risk

Halloween 2020

While most events were very limited this year all communities worked together to promote Halloween events on line and to help families celebrate Oiche Samhna at home. The majority of reports are positive with no major incidents reported.

Christmas 2020

As with most events this year, Covid has caused serious disruption to the annual festivities. All Christmas trees will be installed as normal in annual locations, but lights will be turned on at the time of installation with no major gatherings for Christmas tree lightings. We hope to try and assist some community groups run small social distanced events but this will all depend on the state regulations in December.

Park/Sports Events

Supports for various outdoor sporting and healthy activities in our local parks will continue right through the Autumn/Winter period in conjunction with our Sports Officers and local sports clubs. No indoor activity will be supported.

Village Defibrillators

Villages that are seeing a rise in walkers could investigate the provision of an outdoor defibrillator.

Micro Music & Theatre Events

Small scale outdoor musical and theatrical performances will continue to be provided for residents of sheltered housing complexes and care homes in our community, when and where conditions allow.

2020 Community Development Grants:

Due to the Covid challenges and budget adjustments the Community Grants Scheme for 2020 is still being processed and community groups should get updates soon.

For future news on 2021 grants please stay linked to:

<http://www.dublincity.ie/housing-and-community-improving-my-community-section/community-grants>

**Dublin City Council, Community and Social Development Section
Block 3, Floor 1, Civic Offices, Wood Quay, Dublin 8**

Many thanks to all volunteers and those involved in the above for their commitment and efforts.

All Information correct as time of publication but are subject to change.

South East Area Joint Policing Committee/Community Safety Fora (CSF)

The Steering Group have agreed to seek out further new member applications via the Community Safety Fora.

The SEA JPC October meeting took place online **Friday 16th October at 11.00 via Zoom.**

3 Councillors agreed for the 3 Community Safety Fora - Cllr. Mannix Flynn continues for CSF Charlemont/ Whitefriars, Cllr. Daniel Ceitinn will attend for Pearse Street and Cllr. Kevin Donoghue will attend Ringsend /Irishtown meetings.

The agenda for the October meeting concentrated on Halloween and the crime stats. for the year to date.

Waste Management / Environmental Services

- Graffiti stop applied to swan mural on Portobello Harbour hoarding
- Anti-Sticker paint applied on trial basis in Temple Bar & Portobello Harbour
- Graffiti stop Trial: Kingsland Park Avenue
- Ongoing Graffiti removal using contractor and DCC crews

South East Area City Neighbourhoods competition:

Distribution of awards ongoing.

Community Clean up Support

- 210 requests for the delivery of blue DCC bags and equipment
- 263 were for requests for the collection of blue DCC bags

Abandoned Bike Removal

20 Abandoned bikes removed in November

406 bikes have been removed to date this year.

Tagging of abandoned bikes has been suspended for the duration of the Level 5 Covid 19 restrictions.

SOUTH EAST AREA COMMITTEE

DUBLIN CITY SPORT & WELLBEING PARTNERSHIP REPORT

DECEMBER 2020



At the time of writing this report on 1st December the movement from level 5 to level 3 Covid 19 restrictions had commenced. Formal guidelines on sporting programmes and events are currently being circulated.

In this transition period DCSWP services continue to adapt and evolve in order to provide opportunities for people in our communities to remain active and healthy regardless of age or ability. Prior to the Christmas 2020 break online, adapted outdoor and school programmes will be delivered by our dedicated DCC and Co-funded Sport officers in line with Central Government/ HSE guidelines and recommendations,

Programmes for 2021 including DCSWP's flagship Change for Life initiative and the Lord Mayor's 5-Alive challenge are now in the planning stages (more about Change for Life and LM 5 Alive below).

Grant supports continue to be progressed by DCSWP to support local sports clubs to continue the very important work they carry out in the community.

Online/Social Media Supports:

- Twitter: [@dccsportsrec](https://twitter.com/dccsportsrec)
- Facebook: [DublinCitySportandWellbeing](https://www.facebook.com/DublinCitySportandWellbeing)
- Instagram: [@dublincitysportandwellbeing](https://www.instagram.com/dublincitysportandwellbeing)

Advisory Booklets:

These booklets provide critical advice for Older Adults in our communities on how to maintain physical activity and exercise if at home (Stay Home, Stay Healthy, Stay Active) and/or advice on how to return safely to exercise outside the home (Let's Get Moving Again). The booklets are produced by DCSWP in partnership with Age Friendly Ireland, HSE, Irish Society for Chartered Physiotherapists and Local Sports Partnerships.

- [Stay Home, Stay Healthy, Stay Active:](https://www.dublincity.ie/sites/default/files/content/Housing/Documents/OlderAdultsBooklet.pdf)
<https://www.dublincity.ie/sites/default/files/content/Housing/Documents/OlderAdultsBooklet.pdf>
- [Let's Get Moving Again:](https://www.iscp.ie/news/Lets-Get-Moving-Again-Booklet-Launch) <https://www.iscp.ie/news/Lets-Get-Moving-Again-Booklet-Launch>

Change for Life

Change for Life is an 8 week programme that aims to improve the health of local communities through a partnership approach designed to support people to become more physically active on a regular basis and adopt a healthier diet. The programme runs in tandem with the RTE Operation Transformation TV show.

The programme was first developed in 2013 when a partnership was developed between Dublin City Sport & Wellbeing Partnership, Fatima Groups United, Health Promotion & Improvement, HSE Dublin Mid-Leinster and Dolphin Health Project. This partnership identified a need to tackle the issues of obesity and low physical activity levels in communities across the city in a new and innovative way

While weight loss has always been considered an important aspect of the programme Change for Life also aims to address other health indicators that could be improved through participation such as aerobic fitness, body fat percentage and blood pressure. Improving the psychological well-being of participants was also considered an important outcome of the programme. This all-round approach includes fitness assessments, general exercise classes, a 5K timed walk at the start and end of the programme to establish progress and nutritional/dietary advice.

The programme expanded further in 2020 with the inclusion of a DCC staff Change for Life initiative run by DCSWP Citywide Sport Officers. The programme offered Boxercise, Circuit Training and Bodypump classes. Physical assessments were provided at the start of the programme and were repeated in week 8.

Change for Life 2021

DCSWP has secured funding from Healthy Ireland to deliver Change for Life in 2021. Given current challenges and potential further/evolving public safety restrictions the programme may commence at a later date and will be delivered in alternative formats to previous years. DCSWP has been informed it has until May 2021 to deliver the programme. .

Planning of these programmes for all areas is in the early stages with discussions ongoing on issues regarding planning and delivery. Full details on 8 week Change for Life South East area programmes will be provided in the 2021 area committee reports on an ongoing basis. Programmes are being planned in conjunction with Home School Liaison Officers and local groups.

Lord Mayor's 5 Alive Challenge 2021

In November 2019 the then Lord Mayor of Dublin Paul McAuliffe announced the eighth year of the Lord Mayor's 5 Alive Challenge. Over the years the 5-Alive Challenge has encouraged people to sign up and make a long-term commitment to improve their health and fitness by taking part in some of the great road races held around Dublin.

Over 450 participants signed up for 2020 and were once again supported by our wonderful team of mentors who had completed the challenge in previous years. The mentors ran every race alongside the participants pacing and encouraging those who were struggling giving the 5Alive experience a unique feeling of camaraderie.

In March following the introduction of Covid 19 lockdown restrictions the 2020 challenge was sadly cut short. However participants continued to receive motivational emails encouraging them to continue on their journey and stay the course in a safe environment via initiatives such as virtual parkrun and the DCSWP Couch to 3k programme.

In 2021 the 5Alive tradition will continue on a virtual basis. Two of the five virtual road races have been confirmed to date and DCSWP is currently discussing the possibility of linking in with the initiative and offering our 2020 participants the opportunity to complete the challenge they set themselves twelve months ago. Details TBC

Sport for Young People Small Grant Scheme

The Sport for Young People Small Grant Scheme is available annually to sports clubs operating within the administrative area of Dublin City Council affiliated to a National

Governing Body of Sport. The purpose of the scheme is to provide opportunities for young people aged 4 – 21 years to participate in sport and physical activity. The grant scheme is funded by Sport Ireland and administered by Dublin City Sport & Wellbeing Partnership.

Applications for the grant opened at the end of June 2020 via the DCSWP social media channels as above. 151 sports clubs across the city have been approved for funding under the grant scheme for 2020. DCSWP is currently in the process of processing final payments.

Sport Ireland COVID 19 Club Small Grant Scheme

The COVID-19 club small grant scheme is part of an overall programme from the Government of Ireland, implemented through Sport Ireland and the Local Sports Partnerships to support the sports sector during the COVID-19 pandemic.

This scheme is designed to support clubs that do not have the finances to implement COVID-19 related hygiene and social distancing protocols. Once approved the grant will cover costs associated with the reopening of clubs. The club grant scheme is designed and intended to support the return to sporting activities only.

Under the scheme Local Sports Partnerships have responsibility for advertising the scheme, collating club information via the Sport Ireland template and making recommendations on funding to Sport Ireland based on the information submitted. 115 applications were received, assessed and recommendations were issued by DCSWP on 14th September.

Decisions on recommendations issued were finalised at the November Sport Ireland meeting. Official correspondence has been circulated to clubs regarding those decision and final payments are being processed by DCSWP.

Disability & Inclusion Training

DCC/DCSWP is proud to have signed the National Sport Inclusion and Disability CARA charter which sets out five key areas people with disabilities are seeking in order to lead a healthy and active lifestyle.

DCSWP has two Sport Inclusion & Integration (SIIO) Officers dedicated to deliver on this goal as well as focussing on integrating minority groups in the community via core programmes.

- In partnership with CARA, the online Disability & Inclusion Training programme was recently launched. This is part of a series of online Disability in Sport training programmes already in operation. Training commenced from 6th October and continues. The first online training programme of 2021 will be delivered on Thursday 14th January.
- The online 'Sit Fit' programmes supports people with physical disabilities to remain active via its adapted sitting exercise programme. Full details on times and dates for January TBC.
- SIIO officers are currently planning 2021 Change for Life programmes. Programmes will be delivered both online and in person (pending restrictions). Activities will include walking, circuit classes, dance classes and Sit Fit classes.

Girls' Rugby Programme

Non-contact and Tag Rugby for girls age 13-17 years continues in CBS, Westland Row every Wednesday from 3-4pm.

School Walking Programme

This adult's social walking group programme is delivered every Tuesday in Ringsend Park from 9.30 – 10.30am in partnership with St.Patrick's school and the local Home School Completion Liaison Officer.

DCSWP CO-FUNDED TEAM HIGHLIGHTS DECEMBER 2020

Athletics in the Community

- DCSWP Athletics Officers continue to liaise with athletics clubs across the city on a weekly basis weekly providing event specific support and advice regarding protocols in areas such as coaching documents, videos tutorials and sample sessions.
- DCSWP Officers continue to re-engage with schools in the South East area providing support in relation to athletics initiatives.

Boxing in the Community

The Startbox programme is an ideal way for young people (10 – 17 years) to first engage with amateur boxing, Ireland's most successful Olympic sport. The Programme is structured into Bronze, Silver and Gold phases. The first phase focuses on general strength & fitness, method and technique. The Silver Programme consists of higher intensity sessions & limited contact and the Gold phase takes it on to another level again.

- This year following the introduction of Covid Safety protocols by the IABA the Startbox programme has been successfully developed to ensure the continuation of this important initiative in local schools across the city including those in the South East area.

Cricket in the Community

- Provincial sessions aimed at players across the city at U17 level continue every Friday from 3 -6pm in the YMCA Crickey Club, Sandymount.
- Primary school cricket sessions continue every Tuesday from 10.30am – 12.30pm in Sancta Maria, Synge Street and St. Matthew's national school every Wednesday from 1pm – 2.30pm
- Cricket Coaching Courses will take place every Wednesday from 1 – 2.30pm every Wednesday in the High School, Rathgar aimed at Transition Year level.

Football in the Community

- FAI Officers continue to promote and encourage people to keep active and healthy during Level 5 via social media, providing football skill challenges and tutorials.
- Funding has been sourced to deliver a Youth Mentoring programme in the coming weeks through local clubs in the area targeted at young people age 16-19 years. Details TBC

Women's Football Development in the Community

- PDP1 coach education for local clubs for girls age 16+ years will be delivered in the Crumlin area on Friday 15th January. Full details TBC.
- Coach Development programmes are in the planning stages for clubs in the local area on Tuesday January 5th and Tuesday January 12th.

- The Disney UEFA Playmakers will be launched by the new Disney UEFA Playmakers programme for 5-8-year-old girls on Friday 8th January. Sessions will focus on how football skills and legendary fairy tales can prove a surprisingly powerful combination when teaching young girls lifelong lessons.

Health Promotion in the Community

The DCSWP HSE Health Promotion and Improvement Officer delivers and promotes health and physical activity programmes across the City with actions that are consistent with those outlined in the National Physical Activity Plan & Healthy Ireland.

Plans are in place to resume programmes following the easing of restrictions. Full details TBC.

- **Men on the Move**

Men on the Move is a free physical activity programme aimed at male adults who have been inactive for a period of time and are looking to get back to exercising and improving their fitness levels. It involves twice-weekly exercise sessions made up of a combination of aerobic, strength & flexibility components.

Current Men on the Move programmes in the South East area (Terenure) have been postponed due to current restrictions.

Rowing in the community -Get Going Get Rowing

- The delivery of school rowing initiatives has now resumed. Six schools across the area are currently engaged with a further ten schools confirmed for January 2021 including schools from the South East area. The programmes is aimed at secondary student age 12-18 years.
- Plans for the virtual rowing competition which is delivered every year is in the planning stages for January 2021.

Rugby in the Community

- Leinster Rugby Officers are supporting clubs and schools to return to play safely by liaising with club safety officers and preparing guideline documents. These documents are available to download on the updated Leinster |rugby website shortly. This work was undertaken to ensure the website is fully accessible and visible to all relevant stakeholders.
- Tag and non-contact rugby school programmes continue for boys and girls at primary and secondary school level in the South East during the next period. Rugby school blitzes remain in the planning stages for January 2021.

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Dated: 9th December 2020