

**The Chairman and Members of
North West Area Committee.**

Meeting: 17th November 2020

Item No:10

Dublin City Sports & Wellbeing Partnership (DCSWP) Report

Following the introduction of COVID 19 Level 5 restrictions on Wednesday 21st October, the delivery of a number of Dublin City Sport & Wellbeing Partnership's programmes has been temporarily affected.

Online/Social Media Supports: - Twitter: [@dccsportsrec](https://twitter.com/dccsportsrec) Facebook: [DublinCitySportandWellbeing](https://www.facebook.com/DublinCitySportandWellbeing) Instagram: [@dublincitysportandwellbeing](https://www.instagram.com/dublincitysportandwellbeing)

Details on how to either access links or contact Area Sport Officers on online programmes can be provided via the DCSWP Office or dee.oboyle@dublincity.ie.

Advisory Booklets:

Booklets are produced by DCSWP in partnership with Age Friendly Ireland, HSE, Irish Society for Chartered Physiotherapists and Local Sports Partnerships.

- Stay Home, Stay Healthy, Stay Active:
<https://www.dublincity.ie/sites/default/files/content/Housing/Documents/OlderAdultsBooklet.pdf>
- Let's Get Moving Again: <https://www.iscp.ie/news/Lets-Get-Moving-Again-Booklet-Launch>

DCSWP GENERAL NEWS NOVEMBER 2020

Marathon Kids 2020

This is the second year of DCSWP's collaboration with Marathon Kids, South Dublin County Council and Fingal County Council. Approximately 3,000 school children in the Dublin City area will be taking up the challenge this year led by DCSWP officers.

This year the programme has also encouraged students at 3rd and 4th year level to get involved. Each school will run their own final mile event due to COVID 19 restrictions. An on-line version of the information booklet and a weekly link to the Marathon Kids interactive page/site is available to support delivery of the programme.

In the North West Area the following schools are currently participating in the 2020 programme:

SCHOOL	LOCATION
Sacred Heart BNS*	St. Canice's Road, D11
Mother Of Divine Grace	Ballygall Road, D11
St. Finian's National School	Finglas South, D11

**Sacred Heart BNS/DCSWP will be keeping everyone up to date on their Marathon Kids journey via social media: - @shbnsd11 and @dccsportsrec*

Orienteering For Young People Programme

In October, training workshops were delivered by Orienteering Ireland and provided DCSWP Sport Officers with the knowledge and practical understanding of teaching the basic skills of orienteering to young people across all areas. .

Sport For Young People Small Grant Scheme

The grant scheme is funded by Sport Ireland and administered by DCSWP and they are currently in the process of informing clubs and processing payments.

Sport Ireland COVID 19 Club Small Grant Scheme

This scheme is designed to support clubs that do not have the finances to implement COVID-19 related hygiene and social distancing protocols. Decisions on applications were received by Local Sport Partnerships in November and official notification to local clubs will be issued in due course.

Get Physically Active' Sport Inclusion Programme

Weekly zoom exercise sessions for individuals aged between 19 and 65 years with intellectual, physical and sensory disabilities are listed below.

Day	Time	Service
Monday	2pm	National Learning Network (Ballyfermot)
Tuesday	12:30pm	St. John of Gods Liffey Services (Dublin 6, 8,10,12 & 24)
Wednesday	11am	Central Remedial Clinic (Raheny, Killester, Clontarf)

Disability & Inclusion Training

In partnership with CARA, the online Disability & Inclusion Training programme was recently launched. Training commenced from 6th October.

DCSWP CO-FUNDED TEAM PROGRAMMES/INITIATIVES

Athletics in the Community

- DCSWP Athletic Officers continue to engage with schools in the area in relation to athletics programmes including Marathon Kids.

Boxing in the Community

The Startbox programme for 2020 incorporates boxing style fitness strength and core skills. In the North West Area the 5 – week '*Covid Buster Non-Contact*' Startbox Programme continues in the following schools:

- St. Kevin's BNS, Finglas every Monday at 11.30am (3rd class students), 12.15pm (4th class students) and every Thursday at 12.15pm (5th class students)
- class students) 11.30am (5th class students) and 12.15pm (6th class students).
- Our Lady of Victories BNS, Ballymun every Friday at 11am. (4th class students), 12.15pm (5th class students) and 1pm (6th class students).

Cricket in the Community

- School Cricket sessions will be delivered in St. Brigid's GNS, Finglas every Thursday from 1 – 2.30pm over the next period.

Football in the Community

- FAI Officers continue to promote and encourage people to keep active and healthy via social media, providing football skill challenges and tutorials.

Women In Football Development

- The FAI Emerging Talent Programme continues in schools and clubs in the area aimed at females age 10-15 years.

- Other ongoing women in football development initiatives during the next period include after-school programmes, Girls in Green, Future Stars, Female Leadership and Coaching PDP 1.

Health Promotion in the Community

The DCSWP HSE Health Promotion and Improvement Officer delivers and promotes health and physical activity programmes across the City.

Otago Strength & Balance Exercise Programme

- This programme will resume in the North West Area in Poppintree Sports & Fitness Centre after 1st December.

Rowing in the community -Get Going Get Rowing

- The Get Going...Get Rowing programme delivers rowing classes and coaching courses to secondary school students. Approximately 600 students will take part in classes across the city.
- Rowing Ireland is also working on establishing a virtual All-Ireland inter-schools rowing league.

Rugby in the Community.

School rugby programmes continue in the following North West Area schools, Our Lady of Victories GNS, Holy Spirit GNS, Ballymun (Next semester), St Finian's National School, Virgin Mary BNS Ballymun, Fionnbarra Naofa BNS and D7 Educate together.

CONTACT DETAILS

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