

To the Chairperson and Members of the
South East Area Committee

Report of the Director of Services, South City

Grand Canal Sub Group

A meeting was held on 16th January with Waterways Ireland representatives and councillors to discuss ongoing management and maintenance of the canals in the city and to agree a new structure for interaction between Waterways Ireland and DCC. It was agreed to have quarterly meetings on an ongoing basis and details of the next meeting will be circulated in due course. A further meeting was held on 20th February 2020 with Waterways Ireland Management to agree the structure of meetings going forward. Draft Terms of Reference are being revised and will be circulated to Councillors soon. The first quarterly meeting has been delayed due to the current crisis but will be held as soon as possible in 2020.

Portobello Harbour Square

An initial meeting was held with City Architects Department on 17th October to examine an outline brief for the proposed redesign of Portobello Harbour square, bearing in mind the proposed hotel development on the site. Commencement of works on site has been delayed and work is unlikely to start before July 2020. A meeting was held on site with hotel developer's architects, John Fleming and Associates, on 12th March 2020 and further meetings will be held in due course to consider interim improvements to the square while work is ongoing.

Rathgar Village Improvement Plan (VIP)

Herzog Park, Rathgar – Final Phase 2020

The Rathgar Village Improvement Plan (VIP) was approved by the South East Area Committee in January 2015. One of the main objectives that emerged during the formation of the plan was the redevelopment of Herzog Park. The South East Area Office undertook local consultation and worked with Redscape and Park Services to create a plan which was brought to Part 8 and approved at the January 2017 meeting of the City Council. The final phase of the works planned for 2020 include the re-alignment of the front boundary of the park and the revised car park layout, as set out in the Part 8 permission. Boundary treatment and further landscaping inside the park will be required as part of the works to finish the project.

Ranelagh Gardens Park

Works to light / enhance the main entrance archway are being considered for 2020 subject to funding.

Ringsend Irishtown Local Environment Improvement Plan (LEIP)

The Ringsend Irishtown Local Environment Improvement Plan (LEIP) was adopted at the June 2017 South East Area Committee meeting. It is proposed to prepare planning applications under Part 8 of the Planning and Development Regulations, 2001, for the redesign of (1) Library Square and (2) Cambridge Road.

Library Square: (Mitchell & Associates) Meetings with internal stakeholders were held during September and October 2018. A meeting was held with local businesses to discuss parking / loading arrangements on 5th December 2018. A presentation was made to area councillors on 13th February 2019 and a preliminary draft design was brought to a public meeting for all stakeholders on Thursday 21st March 2019 in the Ringsend Irishtown Community Centre (RICC). Following a period of consultation up to 19th April 2019, submissions were received

and have been reviewed by the project team. A revised design was brought before the Public Realm Working Group on 22nd October 2019. A meeting of all internal stakeholders was held on 28th November 2019 and further meetings will be required with key departments before design can be finalised. Pre Part 8 report will be circulated to internal departments in the near future. Following that, councillors will be briefed before commencing formal Part 8 process.

Cambridge Road: (Redscape Architects) An initial public workshop in relation to Cambridge Road was held on Thursday 30th August 2018 in the RICC. Meetings with internal stakeholders took place in September and October and designs were drafted based on consultations which were brought to a second public workshop/meeting on 28th November 2018. Further information is required in relation to road design and drainage requirements for the proposal. Further discussions have recently taken place with Road Design & Construction, E & T Department, and they are now working on completing the Cambridge Road project to Part 8 stage before the end of 2020.

Rosary Hall

It is necessary to carry out remedial works for the acquired premises at Rosary Hall. Consultant architects and quantity surveyors (qs) have been engaged to determine and coordinate the full extent of works required on site. A drone & topographical survey have been concluded.

An onsite meetings have taken place between the consultant architect, DCC's architect and area manager and an itinerary of potential costs has been prepared by consultant architect with the assistance of a consultant QS.

It is now anticipated that works could cost in the region of €300,000 including mechanical & electrical works, fire safety works, some remedial works and lift replacement.

Therefore, a priority list of works has been prepared. No definitive funding had been identified for this project as yet. Due to the fact that the Covid-19 pandemic is financially impacting on the income base of the City Council, a review of all projects is underway. The financial impact will primarily be determined by the length of time the current restrictions are in place which ultimately could impact on the scope of this project.

A brief meeting took place on site with the main lessors in mid-June whilst practicing social distancing to bring the committee up to speed.

A proposal by the Grow initiative in relation to the collection of loose compost from the carpark has been put before the committee and is being considered.

Legionella Testing took place on June 18th and the results are expected shortly. An initiative with our Age Friendly Committee was for the utilisation of some of the land at Rosary Hall for a Community Grow Hub. This proposal has been submitted to the main lessors of the facility for consideration.

Age Friendly Initiative Harold's Cross

The inaugural meeting of the Age Friendly Committee took place on January 28th and was well attended. A draft report was submitted by the Harold's Cross Village Community Council (HCVCC) in conjunction with Rob Chester, Area Community Officer and it was agreed to progress a number of these proposals funding permitting. In tandem, it is proposed to hold a workshop to further engage with the residents and ensure particularly any elderly resident who was not consulted has an opportunity to contribute to the process and be included. A further meeting took place March 10th and was well attended and the plan to date was reviewed.

Key points from the meeting included that the Community Growing Hub initiative is accelerating at pace and will require assistance from DCC for use of Rosary Hall.

A new location will need to be sourced for the defibrillator, as it will not be possible to locate in Harold's Cross Park per Les Moore. A proposed date of Thursday the 30th of April had been set for the facilitation and independent facilitator, Deirdre Massey, had been contacted to assist with the consultation. Concerns about Covid – 19 meant the workshop was deferred.

A subgroup under the Housing SPC has been convened to look at the city-wide Age Friendly Strategy. Under this structure, submissions for funding may be advanced, including the Harold's Cross project.

Due to the current government guidelines on social distancing, all meetings are currently postponed until further guidelines allow for larger meetings.

As stated, an initiative for consideration by the Age Friendly Committee was for the utilisation of some of the land at Rosary Hall for a Grow Hub and this is being considered by the main lessors.

Details of this initiative have been forwarded to the main lessors and a response is expected shortly.

Pearse Memorial Park Crèche

The crèche extension was to be financed by the Crumlin Childcare Crèche and with DCC agreeing to project manage the construction works in conjunction with consultant architects.

The build element after tendering was to cost in the region of €305k.

The crèche has reserve funding themselves, a 50k grant from Pobal and, €25k from discretionary funding and had sought a loan from Clan Credo of €125k. The works had been tendered by our Parks & Landscape Services Division and was to be project managed by this section. A separate hurling wall project has been tendered by Parks and will be paid for by DCC.

A further licence extension of another five years (10 in total) was agreed at the December area committee meeting and was agreed at the January council Meeting.

However, due to the Covid-19 Pandemic the crèche has been closed since Thursday 12th March 2020,

The crèche management has indicated that due to the uncertainty around the reopening of the crèche which will impact significantly on their ability to repay a loan, they are not in a position to continue with the project at this juncture.

A €45,000 grant had also been issued by Pobal but unfortunately, the extension on the government grant ran out and they have been unsuccessful in getting this extended. The result of this is that the funding has been rescinded and they have been asked to return the €45,000 as 90% fulfilment of the Pobal capital.

The Area Manager has met with the crèche manager and architect to see how the project might be 'future proofed' in the event that the extension can proceed in the coming years.

The Area Manager will continue to meet with the crèche management to see how the land where the crèche was to go can be best utilised to assist with social distancing when the children return. Costings have now been prepared by our Parks Section and estimated at €24.9k plus VAT.

Discretionary Funding of 25k was granted to the group in 2017 towards the cost of the crèche and as the 'future proofing work' has now been costed at €24.9k it is the board's intention to utilise these monies for these works which fall within the spirit of the funding.

A meeting took place on Monday 6th July on site to facilitate the group. It is anticipated that the start will be late July or early August that can include these enabling works.

Rutland Grove

Meeting took place on 30th January with traffic engineers, Les Moore from Parks, Area Manager and staff and Cllr. Pat Dunne. It was agreed at the meeting that Traffic Section would look again at the feasibility of putting dedicated parking as per Part 8. Should it be possible to implement, the design would need to be progressed and costed. Parks are also prepared to look at enhancements at the entrance and the chair of the residents' association has provided ideas in relation to this.

Armagh Road Senior Citizens' complex (FOLD VHA)

3 blocks (Alder, Birch and Oak) have now been completed, providing 44 new units. Most of the tenants have moved in, with the rest scheduled to move in week commencing 29th June. The Cedar and Elm blocks were handed over on 22nd June and arrangements are being made to sign up the successful applicants.

Raleigh Square Senior Citizens' Complex (Tuath VHA)

Works recommenced at the end of May and are expected to be completed in early July. Housing Allocations are currently undertaking selection of nominations who will then be interviewed by Tuath VHA.

Mount Argus (FOLD VHA)

It was expected that these units would be handed over in March following the completion of snagging works. However, due to Covid 19 restrictions work was halted on the site and only recommenced on May 18th. It is now expected that the units will be handed over by the end of June. Allocations are currently selecting applicants for nomination. The units will be managed by FOLD VHA. The units will consist of 4 x 1 beds, 8 x 2 beds and 1 x 3 beds.

St. Pancras, Mount Tallant

3 x 1 bed units and 4 x 2 bed units will be acquired in this new development and handover was expected by the end of Q1, 2020. However, due to Covid 19 restrictions work was halted on the site and only recommenced on May 18th. It is now expected that the first block will be ready for snagging in mid-July, with the second block ready for snagging 6 weeks later. These units are likely to be managed directly by Dublin City Council rather than by an Approved Housing Body.

Cabbage Patch

The Procurement Section within Dublin City Council is currently reviewing the draft tenders for the refurbishment of the football pitch to a 3G standard. We hope to issue the contract for this work ASAP.

Iveagh Trust Green Strategy

We are proposing to green some gable walls in the vicinity of Bride Road and Ross Road as part of the Iveagh Trust Greening Strategy. Parks are currently discussing the matter with the Conservation Section and Housing Department.

Markievicz House

The contractor is back on site since 18 May 2020. The contractor is working under all guidelines set out in government and HSE direction re: Covid -19. Due to a delay in appointing a sub - contractor to install play equipment this has been delayed to 26th July at the earliest. The South East Area Office is in the development stages of installing CCTV in Markievicz House.

St. Andrew's Court:

The South Area Office has re-started the de-tenanting process in St. Andrew's Court under the strict guidelines due to Covid -19 and progress is good. It is anticipated that a design team will be in place by mid-July. A Part 8 application for the demolition is being prepared and is expected to be ready for the July South East Area Committee meeting.

Community Development

COVID -19 Community Response:

Under the recent situation Community Developments usual annual events at our busiest time of year was and is greatly affected. We have responded with a major project with ALONE

engaging and assisting all emergency calls that came in to the centre and by developing a number of projects to respond to the needs of our local residents under Covid-19 Lockdown.

Covid – 19 Volunteer Response

Community Development Staff were the main frontline responders organising volunteers in each area to meet the needs of those who called the main system. From mid March to Mid May this was very busy with the emails from the system responded to and the needs met seven days a week 8am – 8pm. The system is now monitored from 9am – 5pm seven days a week; this is a slight reduction in hours. While the overall call numbers have reduced we are still getting some requests from isolated residents, however the number of available volunteers is reducing given many are returning to normal work practices and are becoming unavailable. The feedback from volunteers indicates some clients no longer need the assistance of the programme while others are requesting that shopping and other low-key requests continue, we envisage some connectivity to our older residents will remain in place well beyond the emergency period.

Many volunteers across the area have assisted in doing a huge amount of work, shopping, collecting supplies, medications, essentials and many have also cooked, baked and delivered food to vulnerable and isolated in their areas. Many continue to do so. A huge gratitude needs to be given to all these volunteers and we hope to organise a thank you event in the months to come.

Holding It Together Apart:

'**Holding It Together Apart**' is a Community Development project aimed at helping people to maintain their physical, spiritual and mental wellbeing while isolated at home and in dealing with the effects of Covid 19. The aim was to develop a range of activities and interesting projects for all ages and backgrounds that were easy to do and could be followed each week. We have links with many great artists, creative developers and professionals, many who worked with us in the Dublin City Area on ongoing projects who were also challenged with very little work in their area who were also struggling with the lock down.

At present, we have over 60 hours of videos available online in the following subjects:

Dance, Creative Writing, Juggling, Gardening, Kids Crafts, Kids Art, Hatha Yoga, Laughter Yoga, Kitchen Cupboard Cosmetics, Pilates, Better Smartphone Photography, Cookery, Asian Cuisine, Tai Chi and Simple Science Lessons.

We also developed a community page which focused on supporting and giving advice on various topics:

Grief & Loss: We joined with Milford Hospice in Limerick to bring a seminar on coping with grief and loss.

Pandemic Pets: Without the usual parks dog shows we run we developed Pandemic Pets where we ran a competition for four weeks celebrating all our pandemic pets at home.

Creative Writing: We are running a creative writing competition for budding writers throughout June and winners announced each week with celebrities narrating the winners. We also celebrated Yeats Day and Bloomsday virtually on line.

PRIDE: We are delighted to support Dublin LGBTQI Pride and all Pride celebrations across the country.

We aim to continue bringing new initiatives and projects through this website to assist communities going forward.

Check out all on social media platforms and on the website www.holdingittogetherapart.com and please promote to all.

Environmental Projects:

A lot has changed for Summer 2020. When villages and local groups would usually be cleaning and greening all areas, the lock down brought the cancellations of Tidy Towns and other environmental competitions. However, we are working with all our groups to assist them in keeping spirits up with some greening and flowering and keeping our villages tidy while maintaining social distancing.

We could not run our annual plant sales this year due to the physical distancing measures it would cause. Instead, we contacted our main environmental champions in each area and provided them directly with flowers to plant and flower the area and to assist older and those cocooning do some planting.

Each of our main Tidy Towns Groups have flowered each village and are keeping a physically distanced cleaning routine going each week helping maintain our social greens, parks and public spaces. A huge thank you to all who have contributed. We are running Best Gardens in Bloom and Summer Flower Box Competition in a number of places with judging to take place in August.

Age Friendly Cities:

Age Friendly Alliance and all local older persons' groups were communicated to regularly through the last few months on all emergency services issues. Staff have attended Age Friendly training and we are looking at a new roll out phase to get back older persons' activities up and running in late summer – autumn.

Covid – 19 Funding/Covid Heroes

We have circulated the information about the availability of these grants and the awards scheme to all community groups within the area, especially those working on the Volunteer Response.

Community Grants 2019/2020

We are receiving calls every week from community groups requesting information on whether these grants are to be paid this year.

Summer projects:

Crosscare have communicated that they are in a position to proceed with the annual summer projects during the months of July, August and possibly September/October. Although projects will probably be all home based activities this year, it is hoped to be able to provide a service to young people following the current pandemic while complying with current regulations. Further information to come.

The National Neighbourhood:

We are 4-5 weeks into the current cycle of The National Neighbourhood and the team are going to invite a project artist and participant to join in for a part of the meeting to share their experience so far. Further roll out plans to follow.

Specific Area projects:

Pembroke / South Inner City Area

Yeats Day and Bloomsday:

The annual celebrations of literature in June were hit badly this year with most celebrations cancelled but we still worked with all of those passionate about our Irish poets and celebrated a lot virtually on line.

“Music that Moves” hit the streets of Portobello with residents able to enjoy entertainment from the comfort of their own doorsteps, with support from local Gardaí. It is hoped to repeat this again soon.

Vibrant Villages:

Tidy Towns Groups: Our key groups Ringsend and Irishtown Tidy Towns, Donnybrook Tidy Towns, Sandymount Tidy Towns, Ballsbridge Tidy Towns, Cabbage Patch and key groups in our Friends of Green Spaces areas have all worked very hard to maintain a level of environmental care and greening even in lockdown. All villages have managed to ensure flowering of planter boxes in main villages, and many new projects have developed in complexes across the area as a response to the cocooning of many residents and their ability to work safely in their own immediate areas with some gardens etc.

Planter Projects

New planter boxes have been installed at the following locations:

- Portobello Tidy Towns (including a “Planter + Seat” – see attached photo)
- Ringsend & Irishtown: Irishtown Road and Kerlogue Road
- Cowper Road (New group)
- Belgrave Road (Holy Trinity Church)
- Dunville Avenue (“Planter + Adults & Children’s’ Library” – see attached photo)
- Planter boxes in Ranelagh are currently being inspected as some require maintenance/replacing at this stage.

Pearse Street

Over the past 13 weeks, volunteers at St. Andrews Resource Centre have delivered 16,700 meals and food parcels to vulnerable families and cocooning individuals.

Let’s Walk & Talk

With weekly walks currently unable to take place, both our Spanish and French language-walking groups have been hosting weekly Zoom Get-togethers which have included powerpoint presentations on Researching Family History, Local Archaeology and “From Dublin to Kenya” Illustrated talk.

Allotments:

All allotments in Ringsend and Herbert Parks have reopened allowing all licence holders to work again on their plots. We are encouraging social distancing and advising on health and safety in all areas.

Events:

The majority of our events have been extremely limited and restricted due to Covid 19. We are looking at what events we hope to do in July – August and to look at the reality of bigger events in autumn and winter of 2020. We hope to do some smaller events such as the Taking Liberties Day in Cabbage Patch Park; some carefully managed older persons’ tea parties, outdoor music events in DCC complexes and greens and any anniversary celebrations possible in certain areas. Larger events where gatherings run towards 1000’s of people may need to be changed this year with alternatives developed. We are already working on alternatives and smaller event plans for Halloween and Christmas. All of this will of course depend on National Guidelines and the progress under Covid 19.

Kimmage Rathmines LEA

Vibrant Villages

New planters have been installed within Crumlin and Kimmage Villages in May/June, we have received a number of very positive comments from residents and business as they prepare for opening. The older planters in Kimmage are now being removed for refurbishment, they will be returned to their former locations or as near as possible. The precise location of planters is decided between available community environmental groups, the Community Team and the

supplier, referencing the need to keep space for social distancing, and hopefully so they make the maximum positive visual impact. We are now looking at the small part of Lower Drimnagh within the Kimmage Rathmines LEA (South East Area) and have agreed with Tidy Drimnagh to supply additional planters to suitably agreed locations.

Watering of all the areas planters was agreed with a contractor with assistance from the Parks Department especially required during hot/dry weather, however we have asked local residents to water planters located near their premises/businesses.

Village Clean Ups

A number of community groups are carrying out Clean Ups around their estates and villages, we are happy to resource any groups who wish to do this activity and will collect the bagged rubbish from an agreed location. The weekly work of the Crumlin Community Clean – Up Group is gratefully acknowledged.

Rathmines Children's Outdoor Art Exhibition

This project is organised by ourselves in partnership with the Holy Trinity Church and Kildare Place National School and comprises 175 art works from local children, based on the theme "What Brings You Hope & Joy" in response to what have been difficult times of late. These paintings and art pieces will be exhibited on the railings of the Holy Trinity Church from this week onwards for the foreseeable future.

Rathmines Virtual Garden Trail

We are also supporting this project which Rathmines Initiative have been running for a number of years. This year they are not in a position to open up local gardens to the public so instead, eight gardens are being filmed for viewing online.

CLAY/BRU Crumlin

The Community Team in conjunction with our Sports Officer are assisting both CLAY and BRU Crumlin Youth Services to design a return to normal practice programme focussing on those with most need and at risk. We have supported the purchase of sporting, leisure and other equipment for these crucial services with an emphasis on outdoor activities for the present.

Brickfield Park Mural

We are assisting with the refurbishment of the large mural in Brickfields Park with the permission of our Parks Department, and the work will be undertaken through the John Bosco Centre in Drimnagh with the assistance of Durkan Builders who will prepare the surface.

Blarney Park Allotments

Allotment holders have held a meeting with the Community Team and we are assisting with a number of improvements, especially as the allotments were stressed during the shutdown during the very warm weather. New soil and compost has been arranged and the HX Growing Hub have taken an allotment for use by the group as an outreach project. A new signboard has been installed with information on socially distanced usage of the facility and a sustainable water supply has also been installed.

HX Growing Hub Harold's Cross

This project which came out of the Age Friendly Village initiative has now over 100 members growing various items for community usage in their gardens, window boxes and other site across the Harold's Cross area. The group have requested that Rosary Hall be used as a hub for the group, starting with the delivery of common use items like composting and other materials. A comprehensive proposal for a multi-use growing hub has been collated by the group and will need costing and further consideration.

Bushy Park Market

The market has returned to limited functionality from the 27th of June, it will operate every Saturday from 11am to 5pm with reduced stalls and social distance measures in place. An assessment of operating practices will take place one month after operation commences to see if the market is functioning safely and a road map for full operation will be considered.

The Evergreen Club Terenure

We are assisting with reviewing the opening of this vital centre for community activities across the Terenure and wider area. The management committee is working on a plan to reopen on a phased basis. As we have a number of DCC themed and supported projects including Operation Transformation, Dance for Life and Parent and Toddler Groups we will be offering assistance required to see those projects advanced. A likely reopening will take place in September at a date to be advised.

Utility Boxes

A small number of utility boxes have been identified in Crumlin and Kimmage for inclusion in our art project, a local artist has now agreed to design some suitable art works in an effort to alleviate unsightly tagging and graffiti.

Community Music Programme/Garden Gigs

We will be continuing this programme of socially distanced concerts into July, at which time it will be wound down as our older residents can partake of normal activities in their areas. This concerts are not advertised other than within the locally chosen venues of Stannaway Court, Merrick House, Eastwell Ladies Home, Orwell Men's Shed, Lorcan O'Toole Court and Mount Anthony Court. The principal attendees are residents of these complexes and some regular users of our older persons' services (for example, our Men's Sheds). We have received hugely positive feedback from the residents themselves and other agencies working with the target cohort.

Lar Redmond Community Facility

We are assisting the South Dublin Partnership with brining the Lar Redmond Centre up to a standard for community usage; we envisage the cleaning work will be completed by the end of July.

Many thanks to all volunteers and those involved in the above for their commitment and efforts.

All Information correct as time of publication but are subject to change

Waste Management / Environmental Services

- National Spring Clean supported
- Community weed removal efforts supported
- Additional Signage for Portobello to address anti-social issues.
- 84 Lampposts identified for repainting in South East Area.
- Liaising with Local business /Dublin town to assist with reopening the city
- Supporting Covid Community Support teams/ Helpline

Graffiti / Stickers

Graffiti removed on an ongoing basis

2 Anti Sticker Paint lampposts on trial in Exchequer Street. Currently being monitored by Public Domain

Grafstop Trial

Suitable locations identified on Montague Street. Owner keen to engage.

Abandoned Bike Removal

56 Bike frames were removed under Covid 19 Social distancing. (199 abandoned bikes removed to date for 2020)

Weed Control

Subject to contract weed removal will commence July 2020

75 Kilometres available for the South East Area for 2020

Utility Box Art

Deadline for acceptance of entries 22nd June. Selection to be made early July. 28 boxes to be repainted in South East Area.

Proposal for spending additional funding allocated for locally based waste management initiatives in South East Area

Dog Warden/ Dog Foul patrols in South East Parks recommenced 1st week in July.

Dublin City Sport & Wellbeing Partnership (DCSWP)

As part of Phase 3 of the National Roadmap for Reopening Society, DCSWP on the ground programmes will gradually resume over the next few weeks.

All planned programmes/initiatives outlined below will strictly adhere to the Covid 19 restriction guidelines and recommendations as set out by government to ensure a safe return to the delivery of our services.

DCSWP social media platforms and online supports continue during this phased return to support people to stay active and healthy in a safe environment. Support is provided via all social media platforms, zoom and WhatsApp.

Twitter: [@dccsportsrec](https://twitter.com/dccsportsrec)

Facebook: [DublinCitySportandWellbeing](https://www.facebook.com/DublinCitySportandWellbeing) Instagram: [@dublincitysportandwellbeing](https://www.instagram.com/dublincitysportandwellbeing)

Below are highlights of upcoming DCSWP activities.

1) Hiking/Walking Community Programmes:

Over the next few months, DCSWP Sports Officers will be collaborating across communities in all areas to deliver a series of outdoor walking and hiking programmes. The programmes will target existing walking groups and aim to get people active in the outdoors during the summer months.

Outings will take place in numerous venues across Dublin from St. Anne's Park to Fairy Castle and Three Rock Mountain.

The maximum number of walkers will be 12 per group and all C-19 protocols will be in place before/during and after each walk/hike.

2) DCC/parkrun Virtual 5k weekly run:

In partnership with parkrun and Dublin City Council's Community Section, DCSWP has been hosting a virtual parkrun to support walkers and joggers to continue their parkrun journey during these challenging times. The virtual runs have been ongoing for the past 4 weeks. Participants run or walk 5k and register their time and course to the dedicated google page. Each week participation numbers have been steadily growing.

Restrictions permitting it is hoped the virtual 5k will continue into August.

3) 'Get Physically Active' Sport Inclusion Programme

DCSWP Sport Inclusion and Integration Officers are hosting weekly zoom exercise sessions for individuals aged between 19 and 65 years with intellectual, physical and sensory disabilities. As part of the programme, each session has a different fitness theme covering topics such as the benefits of exercising every day, strength training, making healthy food choices, getting fresh air etc. The participants are also set weekly individual and group challenges, which encourage them to interact with their families at home and with each other in between sessions. The programme began as a partnership with one group for a duration of 5 weeks. However due to its success, 'Get Physically Active' is currently being delivered on an ongoing basis. Group numbers are limited to 10 - 40. This initiative is delivered in conjunction with the following service providers:

Day	Time	Service
Monday	11:30am	National Learning Network (Dublin 7 & 15)
Monday	2pm	National Learning Network (Ballyfermot)
Tuesday	12:30pm	St. John of Gods Liffey Services (Dublin 6, 8,10,12 & 24)
Tuesday	3pm	Central Remedial Clinic (Raheny, Killester, Clontarf)
Wednesday	11am	Central Remedial Clinic (Raheny, Killester, Clontarf)
Thursday	2pm	National Learning Network (Ballyfermot)

Some participants in the Central Remedial Clinic and National Learning Network programmes reside in the South East Area of the city.

4) Spina Bifida Hydrocephalus Ireland (SBHI) Collaboration

DCSWP Sport Inclusion and Integration Officers are teaming up with SBHI to deliver sports and physical activity sessions for their online summer camps running from Monday 29 June 2020 until mid-August. Individuals from across Dublin will participate in the camps including the South East Area.

5) Child Vision Virtual Summer Camp Collaboration

DCSWP Sport Inclusion and Integration Officers are teaming up with Childvision to deliver sports and physical activity "Goalball" sessions for their online summer camp running in July. Individuals from across Dublin will participate in the camps including the South East Area.

6) Down Syndrome Dublin Collaboration

DCSWP Sport Inclusion and Integration Officers are teaming up with Down Syndrome Dublin to deliver sports and physical activity sessions for their online summer camp running in July. Individuals from across Dublin will participate in the camps including the South East Area.

7) CO-FUNDED TEAM INITIATIVES

Boxing in the Community

August 10th remains the return date for the physical delivery of boxing programmes. The IABA is currently preparing protocols to ensure a safe return for boxing in the community and separate protocols around school initiatives. Once these safety protocols are communicated officers will commence plans for autumn programmes.

Cricket in the Community

The Cricket Officer continues to engaging with players across the city at U11, U13, U15, U17, and U19 level. Players include both males and females from 9-18 years of age. Players from the Sandymount/Ringsend area will be attending DCC cricket camps over the next period at the following venues;

- Dublin City Summer Camp from 20th-23rd July from 10.00am-16.00pm in the Phoenix Park
 - Dublin City girls camp from 4th-7th August from 10.00am-16.00pm (Venue TBC)
- The U11 District tournament takes place from 27th-31st of July from 10.00am-17.00pm in Pembroke CC. Members of the Dublin City team will be from the Sandymount /Ringsend area and from cricket clubs in the area.

- Coaching sessions are currently being delivered in cricket clubs in the area (in groups of no more than three/four people at a time) during Mid July- Mid August. Sessions will take place from 9.30am-4.30pm in the following clubs:
 - Pembroke CC - Mondays
 - Railway Union CC - Fridays
 - YMCA CC - Thursdays
 - Merrion CC - Wednesday

Football in the Community

- Football development continues across South East Area communities with local clubs supported through the delivery of training initiatives including Football webinar sessions, child welfare and social distancing training.
- As part of the preparation for a safe return to Football, Development Officers are assisting local leagues and clubs around planning and policies. The team is supporting clubs/teams in areas such as session planning, facilities set up and best practice. .All advice provided is based upon the F.A.I and government recommendations.
- The Football Community Boots Delivery project commenced in June in the South East Area. This volunteer work continues over the next period with the team delivering prescriptions for Boots Chemists to vulnerable members of the community.
- FAI Officers continue to promote and encourage people to keep active and healthy providing football skill challenges and tutorials via FAI social media platforms.
- FAI Officers are also providing weekly coach education through webinars for coaches involved in the female game. Two new football programmes for girls aged 6-8 and 9-12 years old have been recently developed. These new ventures will be rolled out from September 2020 to increase female participation.

Get Going Get Rowing

- Rowing Ireland remains dedicated to supporting its clubs and while COVID 19 restrictions have been lifted, social media channels continue to promote the benefits of the sport and the importance of remaining physically active by running virtual competitions and setting weekly indoor rowing challenges.
- The Rowing Virtual regatta was launched on 1st May with 1700 rowers from clubs across all areas of the city signing up to participate. Seven world records were broken over the course of the event.
- A rowing podcast series has been launched with rowing athletes from across the country offering coaching webinars and sharing nutritional recipes. The Coach Education system is also undergoing a complete review and relaunch.
- Rowing Ireland has established a COVID-19 Working Group which has sent updates to clubs across the city every week. The safety while rowing protocol has been updated and changed in line with all phases of government recommendations. This allowed Dublin clubs including those from the South East area to return to the water as soon as the restrictions were lifted on 18th May. Preparations are currently being put in place for the learn-to-row summer camps in July and August in Islandbridge. We are running 4 week-long camps for beginners.

Rugby in the Community

- Rugby initiatives remain in the planning process. The Bank of Ireland Summer Camps in Energia Stadium will commence from 20th July in Donnybrook for 5

weeks. Plans are also in place for a 5-6 week Leinster Rugby Summer Camp block (end of July – August).

- Online initiatives continue providing educational support around the sport and setting skills/challenge tutorials.
- Leinster Rugby Officers are supporting clubs and schools to return to play safely by liaising with club safety officers and preparing guideline documents. These documents will be available to download on the updated Leinster Rugby website shortly. This work was undertaken to ensure the website is fully accessible and visible to all relevant stakeholders.

Health Promotion in the Community

The DCSWP HSE Health Promotion and Improvement Officer delivers and promotes health and physical activity programmes across the City that are consistent with the actions outlined in the National Physical Activity Plan & Healthy Ireland.

The following core programmes will restart in phase 3 in the South East area and will, restrictions permitting, continue through phase 4 while adhering to strict new social distancing and health & safety guidelines

- **Men on the Move National Programme** - a community-based intervention focusing on a physical activity, mental wellbeing & weight management programme for men.
- **Falls Prevention NCT for older adults** - facilitation of health days providing fitness assessments in strength, flexibility & balance for older adults in a community setting.
- **Playground Markings Stencil Programme** - promotion & development of programme in primary schools including provision of stencil packs designed to maximise play potential in play areas of schools.
- **Schools Physical Activity Programme** - facilitation of healthy lifestyle programme to be delivered to students in school setting. Physical activity guidelines will be included during the delivery of walk/jog programme & pedometer challenge.
- **Community Health Fairs** - support events such as Men's Health Awareness Week, Positive Aging Week, etc. Provision of health checks including BMI, body fat % and blood pressure plus PA advice.
- **Men's Mental Health & Wellbeing Programme** - development & facilitation of a 10-week lifestyle change programme including assessments and circuit training classes for men with mental health issues.
- **Women's Mental Health & Wellbeing Programme** - development & facilitation of a 10-week lifestyle change programme including assessments and chair aerobics classes for women with mental health issues.
- **Let's Get Moving Again booklet** – as a follow up to the Stay Home Stay Healthy Stay Active booklet created in response to the Covid 19 crisis, the Health Promotion and Improvement Officer will be partnering with HSE Primary Care Physiotherapists and other Local Sports Partnerships to help produce another booklet to support older adults being active at home post Covid-19.

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